



All Saints' Anglican Church, Westboro
347 Richmond Road
Ottawa, ON, K2A 0E7
613-725-9487
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MISSAL

Welcome to All Saints' Westboro



Sixth Sunday of Pentecost

Sunday, July 5th, 2026

8:00 am—Said Eucharist

9:30 am—Sung Eucharist

Wednesday (July 8th, 2026 - Sanctuary)

10:30 am—Said Eucharist

The Rt. Rev. Dr. John H. Chapman

The Rev. Chung Yan Lam

Children and Youth: Janet Currie-Kelk

Music: Lauren Saindon

I heard the voice of Jesus say, "Come unto me and rest;
lay down, thou weary one, lay down thy head upon my breast."
I came to Jesus as I was, so weary, worn, and sad;
I found in him a resting place, and he has made me glad.

I heard the voice of Jesus say, "Behold, I freely give
the living water; thirsty one, stoop down and drink and live."
I came to Jesus and I drank of that lifegiving stream;
my thirst was quenched, my soul revived, and now I live in him.

I heard the voice of Jesus say, "I am this dark world's light;
look unto me, thy morn shall rise, and all thy day be bright."
I looked to Jesus and I found in him my star, my sun;
and in that light of life I'll walk till travelling days are done.

LAND ACKNOWLEDGEMENT

Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin, the traditional stewards of the lands and waters on which we meet.

May we walk gently together on this land, seeking renewed relationships based on honour, respect, and peace.

CHILDREN'S TALK

Children are invited to join Children's Church after the talk.

GATHERING

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all. **And also with you.**

Almighty God, **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

COLLECT OF THE DAY

God of heaven and earth,
you reveal your wisdom to the childlike;
may we learn from your Son, humility of heart,
so that we find refreshment and rest
even as we shoulder the cross of Christ; who,
with you and the Holy Spirit, lives and reigns,
one God, now and for ever. **Amen.**

A reading from the Book of Genesis (24:34-38,42-49,58-67).

Eliezer said, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son.' I came today to the spring, and said, 'O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also" let her be the woman whom the Lord has appointed for my master's son.'

Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder, and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.' So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the

right hand or to the left." And they called Rebekah, and said to her, "Will you go with this man?" She said, "I will."

So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, "May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes." Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Hear what the Spirit is saying to the church.

Thanks be to God.

PSALM 45:10-17

Hear, O daughter; consider and listen closely; forget your people and your father's house.

The king will have pleasure in your beauty; he is your master; therefore do him honour.

The people of Tyre are here with a gift; the rich among the people seek your favour.

All glorious is the princess as she enters; her gown is cloth-of-gold.

In embroidered apparel she is brought to the king; after her the bridesmaids follow in procession.

With joy and gladness they are brought, and enter into the palace of the king.

In place of fathers, O king, you shall have sons; you shall make them princes over all the earth.

I will make your name to be remembered from one generation to another; therefore nations will praise you for ever and ever.

A reading from the Letter from Paul to the Romans (7:15-25a).

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Hear what the Spirit is saying to the church.

Thanks be to God.

GRADUAL HYMN

We Will Lay Our Burden Down (Vs. 1 repeated)

CP 545

**We will lay our burden down,
we will lay our burden down,
we will lay our burden down,
in the hands of the risen Lord. *Repeat***

GOSPEL READING

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to **Matthew** (11:16-19,25-30).

Glory to you, Lord Jesus Christ.

Jesus said, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look,

a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

HOMILY

MUSICAL REFLECTION

How Can I Keep From Singing?

OL#232110

AFFIRMATION OF FAITH

Let us affirm our faith as we say together,

Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. This is the first and the great commandment. The second is like it: Love your neighbour as yourself. There is no commandment greater than these. Amen.

PRAYERS OF INTERCESSION

In peace, we pray to you, O God.

For all people in their daily life and work;

For our families, friends, and neighbours, and for all those who are alone.

For this community, our country, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the gospel, and all who seek the truth.

For Kathryn our bishop, and for all bishops and other ministers;
For all who serve God in his Church.

For our own needs and those of others.
For Emily S.; Rowan C.; David C.; John P.; Earla C.; Tony F.; Loris J.; John B., Peter C.; Joan F.; Sue W.; and Tajudeen A.J.; that they may be comforted and strengthened.

For all those who have died in the peace of Christ; we especially pray for the family and loved ones of Andi Bianco as we hold a memorial service for her at All Saints and for those whose faith is known to you alone, that they may have a place in your eternal kingdom.
Let your loving kindness be upon them who put their trust in you.

Gracious God, you have heard the prayers of your faithful people; you know our needs before we ask, and our ignorance in asking. Grant our requests as may be best for us. This we ask in the name of your Son, Jesus Christ our Lord. **Amen.**

CONFESSION AND FORGIVENESS

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting them to God's table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our

neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

PEACE

The peace of the Lord be always with you.
And also with you.

<i>Share a sign of peace while respecting individual preferences.</i>

OFFERTORY HYMN

Come Thou Fount of Every Blessing

CP 354

**Come, thou Fount of every blessing, tune my heart to sing thy grace;
streams of mercy, never ceasing, call for songs of loudest praise.
Teach me some melodious measure, sung by flaming tongues above;
O the vast, the boundless treasure of my God's unchanging love.**

**Here I make faith's affirmation: thus far by thy help I've come,
and I hope, by thy compassion, safely to arrive at home.
Jesus sought me when a stranger, wandering from the fold of God;
he, to rescue me from danger, interposed his precious blood.**

**O to grace how great a debtor daily I'm constrained to be!
Let thy goodness, like a fetter, bind my wandering heart to thee.
Prone to wander, Lord, I feel it, prone to leave the God I love;
take my heart, O take and seal it, seal it for thy courts above.**

PRAYER OVER THE GIFTS

God of heaven and earth,
receive our sacrifice of praise,
and strengthen us
for the perfect freedom of your service,
through our Saviour Jesus Christ. **Amen.**

EUCCHARISTIC PRAYER

May God be with you.

And also with you.

Lift up your hearts.

We lift them to God.

Let us give thanks to God our Creator

It is right to give our thanks and praise.

Eternal God, Source of all being,
we give you thanks and praise for your faithful love.
You call us into friendship with you and one another
to be your holy people, a sign of your presence in the world.
When those we trust betray us, unfailingly you remain with us.
When we injure others, you confront us in your love
and call us to the paths of righteousness.

You stand with the weak, and those, broken and alone,
whom you have always welcomed home, making the first last,
and the last first. Therefore, we raise our voices with angels and
archangels, forever praising you and singing:

(8:00 am - read together, 9:30 am, CP 719) **Holy, holy, holy Lord, God of power and
might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is**

he who comes in the name of the Lord. Hosanna in the highest. (Hosanna in the highest.)

Blessed are you, O Holy One:

when Hagar was driven into the wilderness

you followed her and gave her hope.

When Joseph was sold into bondage,

you turned malice to your people's good.

When you called Israel out of slavery,

you brought them through the wilderness into the promised land.

When your people were taken into exile

you wept with them by the river of Babylon and carried them home.

Restore us, O God, let your face shine!

At the right time you sent your Anointed One

to stand with the poor, the outcast, and the oppressed.

Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria

and offered her the water of new life.

Christ knew the desolation of the cross

and opened the way for all humanity

into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends,

took bread, gave you thanks, broke the bread, gave it to them,

and said, "Take and eat: this is my body which is given for you.

Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks,

he gave it to them, and said, "Drink this, all of you:

this is my blood of the new covenant which is shed for you

and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me.”

Loving and Holy One, recalling Christ’s death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace.

We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love.

Restore us, O God, let your face shine!

Through Christ, with Christ,
and in Christ in the unity of the Holy Spirit,
all honour and glory are yours, O Source of all life, now and for ever.
Amen.

THE LORD’S PRAYER

As our Saviour taught us, let us pray [sing],

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

BREAKING OF THE BREAD

Creator of all,
you gave us golden fields of wheat,
whose many grains we have gathered
and made into this one bread.

So may your Church be gathered from the ends of the earth into your kingdom.

The gifts of God for the people of God.

Thanks be to God.

PRAYER FOR SPIRITUAL COMMUNION

Joining with those online, let us pray: I cannot receive you today in the Sacrament of your Body and Blood, I implore you to come spiritually into my heart. Cleanse and strengthen me with your grace and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. **Amen.**

LAMB OF GOD

CP 745

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace, grant us peace.

<i>Rice wafers are available. Receiving in one kind is receiving the fullness of God's grace. The Common Cup is available for those who wish to receive it. Please Note: Intinction is not allowed.</i>

COMMUNION HYMN

Always (Solo)

PRAYER AFTER COMMUNION

O God, we give you thanks
that you have set before us this feast,
the body and blood of your Son.
By your Spirit strengthen us to serve all in need
and to give ourselves away as bread for the hungry,
through Jesus Christ our Lord. **Amen.**

DOXOLOGY

Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

BLESSING

ANNOUNCEMENTS

Blessing Song:

**May the Lord rejoice with you, may the Lord bless you,
and make his face to shine upon you, the God of Heaven loves you.**

SENDING HYMN

Joyful, Joyful, We Adore Thee

CP 425

**Joyful, joyful we adore thee, God of glory, Lord of love;
hearts unfold like flowers before thee, opening to the sun above.
Melt the clouds of sin and sadness, drive the dark of doubt away;
giver of immortal gladness, fill us with the light of day.**

**All thy works with joy surround thee, earth and heaven reflect thy rays;
stars and angels sing around thee, centre of unbroken praise.
Field and forest, vale and mountain, flowery meadow, flashing sea,
chanting bird and flowing fountain call us to rejoice in thee.**

**Thou art giving and forgiving, ever blessing, ever blest,
wellspring of the joy of living, ocean depth of happy rest!
Thou our Father and our Mother, all who live in love are thine;
teach us how to love each other, lift us to the joy divine.**

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

Join us for refreshments in Steacy Hall for fellowship after the 9:30 a.m. service.

Readings for Next Sunday, July 12th, 2026

Genesis 25:19-34; Psalm 119:105-112; Romans 8:1-11; Matthew 13:1-9,18-23

Sharing in our liturgical ministry today at 8:00 am:

Sidesperson: Ken McMillan
Readers: Sylvia Shortliffe and Michael Norman
Liturgical Min: John Merritt

Sharing in our liturgical ministry today at 9:30 am:

Sidespeople: Elizabeth Harris and Caroline Audet
Readers: Helga Jeans and David Jeans
Intercessor: Patricia Bays
Liturgical Min: Chris Kirch
Euch. Mins: Craig Thomas and Elizabeth Harris
Servers:
Hospitality: Potluck during July and August

Our Diocesan Prayer Cycle:

- The Diocese of Jerusalem and the Middle East and Archbishop Hosam Naoum
- The Evangelical Lutheran Church in Canada and Bishop Larry Kochendorfer and Bishop Carla Blakley
- The Area Parish of Mississippi Lake: St. James, Carleton Place St. James, Franktown Christ Church, Ashton St George's, Clayton St. Bede's Chapel, Nolans Corners; The Venerable Brian Kauk, The Reverend Robert Sicard, and all who minister there.

Our Anglican (ACC), Lutheran (ELCIC), and Moravian (MOR):

- **ACC** The Rt. Rev. David Greenwood, Bishop, and the clergy and people of the Diocese of Athabasca
- **ELCIC** The congregations of the East area of the Saskatchewan Synod
- **MOR** The July 6 anniversary of the martyrdom of Jan Hus in 1415 – we remember, not his death, but his faithful witness, even unto death.

TOGETHER Lutheran, Anglican, and Moravian summer camping ministries

Credits:

All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-728801.

Readings from the New Revised Standard Updated Version of the Bible. Liturgical texts are from the Book of Alternative Services. Psalm reprinted from Inclusive Language Liturgical Psalter, General Synod of the Anglican Church of Canada 2024 edition. Communion Hymn Solo offered by Angela Burns-Crowley.

Front cover: A photo from Larry Chop, 2026.

Weekly News from All Saints' Westboro
July 6th – July 11th
This Week

Saints Alive

Monday	12:00 pm to 2:00 pm	Chapel Presence	Chapel
Tuesday	1:00 pm to 4:00 pm		Food Bank
Wednesday	10:00 am to 2:00 pm		New-to-You Shop
	10:30 am	Eucharist	Chapel
	12:00 pm to 2:00 pm	Chapel Presence	Chapel
Thursday	12:00 pm to 2:00 pm	Chapel Presence	Chapel
	4:00 pm to 7:00 pm		Food Bank
Friday	12:00 pm to 2:00 pm	Chapel Presence	Chapel
Saturday	10:00 am to 2:00 pm		New-to-You Shop

Upcoming Events

Summer Children's Church in the Chapel: Parables — We will continue to meet over the summer exploring the parables, the stories that Jesus told, over the 9 weeks. The Good Shepherd, the Great Pearl, the Sower and more. Please dress in summer clothes as it can be hot and we might head outside depending on the weather. See poster in hall for more details.

Flood restoration begins July 6 — We are finally able to start putting the office area and walls in Room 5/6 back together. Work will begin on **July 6**. The contractor, FJ Construction, will move all extra furniture and materials into Room 7/8 for the term of the work. This means that **both meeting rooms off the Madison hallway will be closed to users between July 6 and August 14** when the work should be complete. Washrooms will still be accessible. Some adjustments will be made to Food Bank distribution to avoid locking access to the work area. The New to You shop will remain open. ASW Sunday school will be moved to the **Chapel**. First's Sunday school does not operate during the summer and both choirs are enjoying a well deserved rest by then. **Some parking spaces will be permanently designated for the contractor's vehicles between Monday and Friday**. Please respect parking signage during this time. If you have any questions, please contact Lamar at lamarmason4@gmail.com or the ASW church office at office@allsaintswestboro.com.

Wednesday Eucharist — For the months of July and August, the Wednesday Eucharist will be in the **Sanctuary** at 10:30 am.

Men's Breakfast on - **Tuesday, July 7th at 8:15 am**. Join us at Allo! Mon Coco at College Square (1377 Woodroffe Ave). All are welcome.

20th anniversary of partnership between All Saints Westboro and First United – it is time to celebrate! Leadership from both congregations met on May 26 to nurture our relationship and friendship. To continue this into 2027, we are calling for volunteers to form a joint committee to help plan a year of celebration. There will be plenty of small opportunities and some big tasks, whatever your interest or availability we invite you to join the first meeting.

Please RSVP to Steve Sibbald at swsibbald@hotmail.com or Robert VanderBerg at chair@firstunitedchurchottawa.org.

Summer Social Swirl: Our second excursion of the summer season is on **Thursday, July 16th**. We will be visiting the Canadian Aviation and Space Museum with **Stephen Sibbald** and **Peter Robertson** as our guides. Lunch will take place at the Boathouse Café near the museum, on Promenade Sir-Goerges-Etienne-Cartier. We will arrange our own transportation, sharing rides where possible.

Contact familyrobertson1201@gmail.com to register and ride share.

Join Our Hospitality Team! The Hospitality Team is on summer break from June 29th to September 12th. After this period, we're looking for a few



volunteers to help prepare and serve refreshments after Sunday services in the Fall. The commitment is approximately once per month, including setup and cleanup. Donations of snacks and treats are always appreciated. To volunteer or contribute refreshments, please contact Susan Garnham at sgarnham@sympatico.ca.

SAVE THE DATE! Current and New Worship Youth Servers. Saturday September 12th, 11am-1pm: Thank you lunch and Refresh Training for Servers. Sunday September 20th, 9:30am: Commissioning Service. Please reach out to Janet if you are interested in serving. Youth ages 10 to 18.



ALL SAINTS'
ANGLICAN CHURCH WESTBORO

2026 SUMMER SOCIAL SWIRL

JUNE 18

- visit to Pinhey's Point historical site
- visit to St. James' Anglican Church, Carp
- lunch at Alice's Café: Carp Road

JULY 16

- visit to Canadian Aviation and Space Museum. Guides: **Stephen Sibbald, Peter Robertson**
- lunch at Boathouse Café - near museum: Promenade Sir-Georges-Etienne-Cartier

AUG. 13

- visit to Cumberland Village Museum
2940 Old Montreal Road
- lunch at The Bad Alibi
5935 Jeanne d'Arc Blvd, Orleans

Details for each excursion to follow
To book: contact church office or familyrobertson1201@gmail.com



ALL SAINTS'
ANGELICAN CHURCH WESTBORO



GODLY PLAY®

SUMMER CHILDREN'S CHURCH

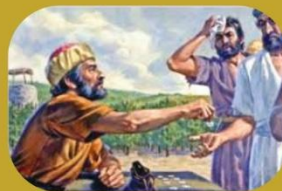
The Parables of Jesus



The Good
Shepherd



The Sower



The Workers in
the Vineyard



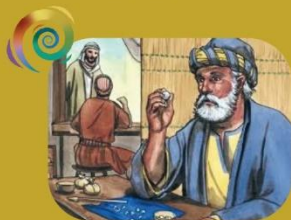
The Mustard
Seed



The Great Feast



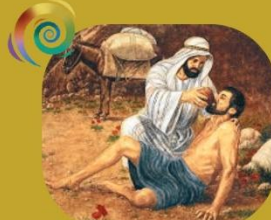
The Leaven



The Great Pearl



The Forgiving
Father



The Good
Samaritan

July 5 - August 30

Children and Youth Ministry

Janet Currie-Kelk

Helpers are needed