



All Saints' Anglican Church, Westboro
347 Richmond Road
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Welcome to All Saints' Westboro



Third Sunday in Lent

Sunday, March 23rd, 2025

8:00 am—Said Eucharist

9:30 am—Sung Eucharist

Wednesday (March 26th, 2025 - Chapel)

10:30 am—Said Eucharist

The Ven. Kathryn Otley

The Rev. Chung Yan Lam

Children and Youth: Janet Currie-Kelk

Music: Lauren Saindon

Please Note: Photos are taken for parish communication. The 9:30 service is live-streamed, recorded, and posted on a public Facebook Page. Your images may be captured and used.

LAND ACKNOWLEDGEMENT

Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin, the traditional stewards of the lands and waters on which we meet.

May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.

PROCESSIONAL HYMN

Praise to the Lord, the Almighty CP 384 (V.1-4,6)

**Praise to the Lord,
the Almighty, the King of creation;
O my soul, praise him,
for he is thy health and salvation:
all ye who hear,
brothers and sisters draw near,
praise him in glad adoration.**

**Praise to the Lord,
who o'er all things so wondrously
reigneth,
shelters thee under his wings,
yea, so gently sustaineth:
hast thou not seen
how thy entreaties have been
granted in what he ordaineth?**

**Praise to the Lord,
who doth prosper thy work and
defend thee;
surely his goodness and mercy**

**here daily attend thee:
ponder anew
what the Almighty can do,
if with his love he befriend thee.**

**Praise to the Lord,
who, when tempests their warfare
are waging,
who, when the elements madly
around thee are raging,
biddeth them cease,
turneth their fury to peace,
whirlwinds and waters assuaging.**

**Praise to the Lord!
O let all that is in me adore him!
All that hath life and breath
come now with praises before him!
Let the Amen
sound from his people again:
gladly for aye we adore him.**

CHILDREN'S TALK

GATHERING

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all. **And also with you.**

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

COLLECT OF THE DAY

God of the covenant, give us zeal to discern the foolishness and the wisdom of this present age, so that we may proclaim Christ crucified; to whom with you and the Holy Spirit, be honour and glory, now and for ever.

Amen.

The First Reading is from Isaiah (55:1-9).

Oh, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you. Seek the Lord while he may be found, call upon him while he is near; let the wicked forsake their way, and the unrighteous their thoughts; let them return to the Lord, that he may have mercy on them, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

Hear what the Spirit is saying to the church. **Thanks be to God.**

PSALM 63:1-8

O God, you are my God; eagerly I seek you; my soul thirsts for you, my flesh faints for you, as in a dry and weary land where there is no water.

**Therefore I have gazed upon you in your holy place,
that I might behold your power and your glory.**

For your steadfast love is better than life itself; my lips shall give you praise.

So will I bless you as long as I live and lift up my hands in your name.

My spirit is content, as with the richest of foods,
and my mouth praises you with joyful lips,
when I remember you upon my bed, and meditate on you in the night watches.

For you have been my helper, and under the shadow of your wings I will rejoice.
My whole being clings to you; your right hand holds me fast.

The Second Reading is from 1 Corinthians (10:1-13).

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Hear what the Spirit is saying to the church. **Thanks be to God.**

GRADUAL HYMN Tree of Life and Awesome Mystery CP 179 (v1-5 6d)

**Tree of Life and awesome mystery,
in your death we are reborn;
though you die in all of history,
still you rise with every morn,
still you rise with every morn.**

**Seed that dies to rise in glory,
may we see ourselves in you;
if we learn to live your story**

we may die to rise anew,
we may die to rise anew.

We remember truth once spoken,
love passed on through act and word;
every person lost and broken
wears the body of our Lord,
wears the body of our Lord.

Gentle Jesus, mighty Spirit,
come inflame our hearts anew.

We may all your joy inherit
if we bear the cross with you,
if we bear the cross with you.

Christ, you lead and we shall follow,
stumbling though our steps may be;
one with you in joy and sorrow,
we the river, you the sea,
we the river, you the sea.

Living Water of salvation,
be the fountain of each soul;
springing up in new creation,
flow in us and make us whole,
flow in us and make us whole.

GOSPEL READING

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to **Luke (13:1-9)**.

Glory to you, Lord Jesus Christ.

At that very time there were some present who told him about the Galileans whose blood Pilate had mingled with their sacrifices. [Jesus] asked them, “Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.”

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

HOMILY

CREED

Let us confess the faith of our baptism as we say,

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Continuing in our Lenten journey, we are reminded that God perseveres in claiming and reclaiming us as people chosen to do God's work. This week we celebrate the Annunciation of Mary, and in doing so we remember that she was given the grace needed in order to fulfill her commitment. So too, are we provided all that we need in order to answer God's call. The seed of a pomegranate grows into a pomegranate. The seed of an oak becomes an oak. Creator God, you have planted your seed within us; **help us to imitate you in all that we do.**

In Canada, the Christian calendar of Lent coincides with the secular calendar of spring. In this time of renewal and new life, let us commit to the natural rhythms of creation, preparing ourselves and tending the earth for the bounty that you provide. Now the seed of God is within us;

help us to imitate you in our stewardship of this fragile planet, which you have entrusted to us.

Through this season of Lent we are encouraged to travel with Christ. As he was baptized, so we were baptized. As he was tempted, so we are tempted. As he surrendered to God's will, so we are invited not to avoid struggle, but to seek God's blessing in receiving and accepting the gift of salvation. We pray for leaders worldwide, that they might humbly channel their human efforts, fed by God's grace, to act for the common good. We pray particularly for Anne, Metropolitan of Ontario and Acting Primate; Christopher, National Indigenous Archbishop; Shane, our Bishop; Kathryn and Chung Yan, our priests; and ourselves, who make up the body of Christ here at ASW. We pray for Alyson and Anne, interim pastors at First United, and the people of First United as they continue their search for a permanent pastor. Now the seed of God is within us;

help us to imitate your leadership and guidance as we strive for peace and justice.

There is pain, discontent, fear and anxiety worldwide, and here in our midst, as well. We pray that all those who suffer may believe in the promise of Christ and experience the healing presence of Christ. We pray especially for:

Emily S.; Shari R.; Peter F.; Michael F.; Brian O.; Michael L.; Cinde C.; Rowan J.; Beryl N.; David N.; Anthony R.; Janice G.; Loris J.

and for those whom we name silently or aloud . . . Now the seed of God is within us;
help us to imitate your compassionate and nurturing love.

Many have died this past week – around the globe, whose names are unknown to us, yet whose lives were precious. We pray for those whose loved ones have died, that they may be comforted. We pray especially for those who died alone. Now the seed of God is within us;

help us to imitate your steadfastness, sharing your message of hope and promise of eternal life with you.

Faithful God of love, you blessed us with your servant son so that we might know how to serve your people with justice and mercy. You planted your seed within us so that we might do all that you desire to bring your realm of shalom to fulfillment. We gather our needs, supplications and gratitude and offer them to you, seeking to be strengthened in doing your work.

Amen.

CONFESSION AND FORGIVENESS

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

PEACE

The peace of the Lord be always with you. **And also with you.**

Share a sign of peace while respecting individual preferences.

OFFERTORY HYMN

Come to the Water

**O let all who thirst,
let them come to the water.
And let all who have nothing,
let them come to the Lord:
without money, without price.
Why should you pay the price,
except for the Lord?**

**And let all who seek,
let them come to the water.
And let all who have nothing,
let them come to the Lord:
without money, without strife.
Why should you spend your life,
except for the Lord?**

**And let all who toil,
let them come to the water.
And let all who are weary,
let them come to the Lord:
all who labor, without rest.
How can your soul find rest,
except for the Lord?**

**And let all the poor,
let them come to the water,
Bring the ones who are laden,
bring them all to the Lord:
bring the children without might.
Easy the load and light:
come to the Lord.**

PRAYER OVER THE GIFTS

Gracious God, we know your power to triumph over weakness. May we who ask forgiveness be ready to forgive one another, in the name of Jesus the Lord. **Amen.**

SUPPLEMENTARY EUCHARISTIC PRAYER 2

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God our Creator. **It is right to give our thanks and praise.**

We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all. In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

(8:00 am, read together) **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

(9:30 am, sung, Sanctus)

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er, God of might, heav - en and
earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is

he who comes in the name of the Lord.

Ho - san - na in the high - est, ho -

san - na in the high - est.

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, let us pray [sing],
(to be read during Sunday 8:00 am and Wednesday 10:30 am)

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

(for 9:30 am to be sung SNC 224)

Our Fa - ther in heav - en, hal - lowed be your ho - ly name. Your king - dom
5 come, your will be done, in all the earth as in heaven, Your king - dom come, your will be
10 done, in all the earth as in heaven and give to us, give us this day our dai - ly
15 bread, O Lord we pray. For - give our sins as we for - give those who have sinned a - gainst
20 us, and save us in time of trial. De - liv - er us from e - vil. Yours is the
25 king - dom, yours the pow - er yours is the glo - ry now and ev - er. Our Fa - ther in heav -
30 - en. A men.

BREAKING OF THE BREAD

We break this bread, **Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying. **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

The gifts of God for the people of God. **Thanks be to God.**

PRAYER FOR SPIRITUAL COMMUNION

With those joining us online, I will lead the Prayer for Spiritual Communion: In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, O Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. **Amen.**

*Rice wafers are available. Receiving in one kind is receiving the fullness of God's grace. The Common Cup is available for those who wish to receive it. **Please Note: Intinction is not allowed.***

HYMN

Lamb of God

CP 745

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace, grant us peace.**

COMMUNION HYMN

You Satisfy the Hungry Heart

VU 478

Refrain

You satisfy the hungry heart
with gift of finest wheat.

Come, give to us, O saving Lord,
the bread of life to eat.

As when the shepherd calls the sheep,
they know and heed that voice,
so when you call your family,
we follow and rejoice. **Refrain**

With joyful lips we sing to you
our praise and gratitude,
that you should count us worthy friends,
to share this heavenly food. **Refrain**

Is not the cup we bless and share
the blood of Christ outpoured?

Do not one cup, one loaf, declare
our oneness in the Lord? **Refrain**

The mystery of your presence here
no mortal tongue can tell;
whom all the world cannot contain
comes in our hearts to dwell. **Refrain**

In gracious love you give yourself;
then selfless let us be,
to serve each other in your name
in truth and charity. **Refrain**

PRAYER AFTER COMMUNION

God of mercy and forgiveness, may we who share this sacrament live together in unity and peace, in the name of Jesus Christ the Lord. **Amen.**

DOXOLOGY

Glory to God

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

BLESSING

ANNOUNCEMENTS

Blessing Song:

May the Lord rejoice with you, may the Lord bless you,
and make his face to shine upon you, the God of Heaven loves you.

SENDING HYMN

Guide Me, O Thou Great Jehovah

CP 565

**Guide me, O thou great Jehovah,
pilgrim through this barren land.
I am weak, but thou art mighty;
hold me with thy powerful hand.
Bread of heaven, bread of heaven,
feed me till I want no more,
feed me till I want no more.
Open now the crystal fountain
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through.**

**Strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.
When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises,
I will ever give to thee,
I will ever give to thee.**

DISMISSAL

Go in peace to love and serve the Lord. **Thanks be to God.**

Join us for refreshments in Steacy Hall for fellowship after the 9:30 a.m. service.

Readings for Next Sunday, March 30th, 2025

Joshua 5:9-12; Psalm 32; 2 Corinthians 5:16-21; Luke 15:1-3,11b-32

Sharing in our liturgical ministry today at 8:00 am:

Sidesperson: Ken McMillan
Readers: Sylvia Shortliffe and Michael Norman
Liturgical Min: John Merritt

Sharing in our liturgical ministry today at 9:30 am:

Sidespeople: Larry Broome and Chris Kirch
Readers: Diane Bays and Wikke Walop
Intercessor: Marcie Taylor
Liturgical Min: Augustine Mgala
Euch. Mins: Marcie Taylor and Stephen Rouble
Servers: Hannah and Harry
Hospitality: Julia Brady, Mike Norman and Susie Adams

Please pray this week for:

- St. John the Evangelist, Ottawa, The Reverend Canon Gary van der Meer
- Ottawa West Community Support, the Parkdale Food Centre, and for the Westboro Food Bank.

*Credits: All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-72880. Readings from the New Revised Standard Version of the Bible Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use.
Sanctus from Marty Haugen (Mass of Creation)
Image: <https://www.rd.com/article/when-is-lent/>*

Weekly News from All Saints' Westboro March 24th – March 29th

This Week

Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	1:00 pm to 4:00 pm		Food Bank
Wednesday	9:30 am	Quilters	Room 7/8
	10:00 am to 2:00 pm		New-to-You Shop
	10:30 am	Eucharist	Chapel
Thursday	1:00 pm to 3:00 pm	Choir	Sanctuary
	4:00 pm to 7:00 pm		Food Bank
	4:30 pm	Centering Prayer	Chapel
Saturday	10:00 am to 2:00 pm		New-to-You Shop

Upcoming Events

The Westboro Region Food Bank – The Gift of Dignity Campaign. For the months of March and April, we invite you to donate any or all of the following:

- Diapers (size 5, 6, and pull-ups)
- Sanitary pads (heavy to extra heavy)

Monetary donations are also welcome. You can drop off donations at the Parish Office, Monday through Friday, from 9:30 am to 2:00 pm.

TODAY - Soup Fundraiser for Youth Camp - support youth going to camp (May 30th - June 1st) We will be selling soup again this year, with 5 different soups to choose from over 4 Sundays. Cost: \$15 (Meat); \$10 (Veg):

- **March 23rd** - Luscious Lentil (GF, V, freezer) & Hot & Sour (pork) (mild and not so mild)
- **March 30th** - 3 Sister (GF, V) & Chunky Chicken
- **April 6th** - Luscious Lentil (GF, V, freezer) & Thai Coconut (chicken)

Faithful Election Conversations will be on **Saturday, April 5th at 3:00 pm in 347 Richmond Road, Steacy Hall.** All Saints' Anglican Church in Westboro, First United Church, and Citizens for Public Justice invite you to come together in community for shared learning and conversation. The event will include a moderated panel and table group discussions. Together, we'll explore prevalent narratives and relevant evidence around key election issues and political engagement in general, considering how people of faith can work together for justice and mutual flourishing. Light refreshments will be provided. Street parking is available, including at the back of the building (354 Madison Ave). **Register at:** <https://FaithfulElectionCPJ.eventbrite.ca>



An ONLINE Lenten Study based on the book *Women of Holy Week: An Easter Journey in Nine Stories* by Paula Gooder is on Wednesday, **March 26th, at 5:30 pm.** All are welcome to join. Link will be provided from the Parish Office.

Sunday March 30th: Building Faith Series: Sharing Faith with Children session – 11:00 am in the Chapel. This session will explore ways to help provide your child or teen a “spiritual framework”. **NEW:** Take-home Prayer book. For parents, grandparents and carers of children. Children’s activities and supervision will be provided in the chapel, while adults enjoy a coffee and chat.

Men's Breakfast is on Tuesday, April 1st at 8:15 am. We will gather at Allo! Mon Coco at College Square (1377 Woodroffe Ave).

Bible On Tap – ONLINE – Wednesday, April 2nd at 7:00 pm. We look forward to discussing the Minor Prophets. Join us online for the session! **RSVP with Rev. Lam for the link to the online session.**

Sing a New Song Sunday! April 6th is our monthly "Sing a New Song Sunday!" We invite you to meet the choir in the sanctuary before the service, at 8:45am, to learn a simple anthem that we will sing during the service. Pre-registration is not necessary, but please contact Lauren at music@allsaintswestboro.com with any questions. All voices welcome!

Jazz Vespers on April 6th at 4:30 pm in the Chapel with Peter Woods.

An extraordinary performance of J.S. Bach's St. Matthew Passion will be presented at the All Saints' Westboro **Sanctuary (347 Richmond Road) on April 12th at 2:00 pm.** Bach never wrote an opera, but his St. Matthew Passion comes close, especially in an exceptional recording of a semi-staged performance featuring the Berlin Philharmonic and the Berlin Radio Choir, conducted by Sir Simon Rattle. The soloists, choir, and orchestra form a kind of ensemble cast in presenting the dramatization of the story—there is a lot of movement. It is a deeply satisfying performance of a transformative work. All are welcome!