



All Saints' Anglican Church, Westboro  
347 Richmond Road  
Ottawa, ON, K2A 0E7  
613-725-9487  
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## Welcome to All Saints' Westboro



## Third Sunday After Epiphany

Sunday, January 26<sup>th</sup>, 2025

**8:00 am—Said Eucharist**

**9:30 am—Sung Eucharist**

**Wednesday** (January 29<sup>th</sup>, 2025 - Chapel)

**10:30 am—Said Eucharist**

The Ven. Kathryn Otley

The Rev. Chung Yan Lam

Children and Youth: Janet Currie-Kelk

Music: Lauren Saindon

*Please Note: Photos are taken for parish communication. The 9:30 service is live-streamed, recorded, and posted on a public Facebook Page. Your images may be captured and used.*

## **LAND ACKNOWLEDGEMENT**

Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin, the traditional stewards of the lands and waters on which we meet.

**May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.**

## **PROCESSIONAL HYMN**

**We Have Come At Christ's Own Bidding CP 166**

**We have come at Christ's own bidding  
to this high and holy place,  
where we wait with hope and longing  
for some token of God's grace.**

**Here we pray for new assurance  
that our faith is not in vain,  
searching like those first disciples  
for a sign both clear and plain.**

**Light breaks in upon our darkness;  
splendour bathes the flesh-joined  
Word.**

**Moses and Elijah marvel  
as the heavenly voice is heard.**

**Eyes and hearts behold with wonder  
how the law and prophets meet:  
Christ, with garments drenched in  
brightness,  
stands transfigured and complete.**

**Strengthened by this glimpse of glory,  
fearful lest our faith decline,  
we like Peter find it tempting  
to remain and build a shrine.**

**But true worship gives us courage  
to proclaim what we profess,  
that our daily lives may prove us  
people of the God we bless.**

## **CHILDREN'S TALK**

### **GATHERING**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all. **And also with you.**

Almighty God,

**to you all hearts are open, all desires known, and from you no secrets are hidden.  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we  
may perfectly love you, and worthily magnify your holy name; through Christ our  
Lord. Amen.**

### **COLLECT OF THE DAY**

Lord Jesus Christ, with those you called by the lakeside, may we follow you, proclaiming the reign of God, and sharing your mission to bring good news to all; for you live and

reign with the Father and the Holy Spirit, one God, now and for ever. **Amen.**

**The First Reading is from Nehemiah (8:1-3, 5-6, 8-10).**

All the people [of Israel] gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the Lord, the great God, and all the people answered, "Amen, Amen," lifting up their hands. Then they bowed their heads and worshipped the Lord with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.

And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the Lord your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat what is rich and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength."

Hear what the Spirit is saying to the church. **Thanks be to God.**

**PSALM 19**

The heavens declare the glory of God, and the sky proclaims its maker's handiwork.  
**One day tells its tale to another, and one night imparts knowledge to another.**

Although they have no words or language, and their voices are not heard,  
**their sound has gone out into all lands, and their message to the ends of the world, where God has pitched a tent for the sun.**

It comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.

**It goes forth from the uttermost edge of the heavens and runs about to the end of it again; nothing is hidden from its burning heat.**

The teaching of the Lord is perfect and revives the soul;  
the testimony of the Lord is sure and gives wisdom to the simple.

**The statutes of the Lord are just and rejoice the heart;  
the commandment of the Lord is clear and gives light to the eyes.**

The fear of the Lord is clean and endures forever;  
the judgments of the Lord are true and righteous altogether.

**More to be desired are they than gold, more than much fine gold,  
sweeter far than honey, than honey in the comb.**

By them also is your servant enlightened, and in keeping them there is great reward.  
**Who can detect one's own offenses? Cleanse me from my secret faults.**

Above all, keep your servant from presumptuous sins; let them not get dominion over me; then shall I be whole and sound, and innocent of a great offense.

**Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer.**

**The Second Reading is from 1 Corinthians (12:12-31a).**

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it.

Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

Hear what the Spirit is saying to the church. **Thanks be to God.**

## **GRADUAL HYMN**

### **Live into Hope**

**VU 699**

**Live into hope of captives freed,  
of sight regained, the end of greed.  
The oppressed shall be the first to see  
the year of God's own jubilee!**

**Live into hope of liberty,  
the right to speak, the right to be,  
the right to have one's daily bread,  
to hear God's word and thus be fed.**

**Live into hope the blind shall see  
with insight and with clarity,  
removing shades of pride and fear,  
a vision of our God brought near.**

**Live into hope of captives freed  
from chains of fear or want or greed.  
God now proclaims our full release  
to faith and hope and joy and peace.**

## **GOSPEL READING**

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to **Luke (4:14-21)**.

**Glory to you, Lord Jesus Christ.**

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor."

And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, "Today this scripture has been fulfilled in your hearing."

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

## HOMILY

### CREED

Let us confess the faith of our baptism as we say,

**I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### PRAYERS OF INTERCESSION

As we were all baptized into one body, may we be united in our diversity and grow in love and understanding of one another. May the Church be a beacon of hope, as we proclaim the good news of Christ's light to the world. Lord, in your mercy, **hear our prayer.**

We pray for peace and justice in the nations, that all may be treated with dignity and respect. We pray for the poor, the oppressed, and those who suffer from injustice, and ask for God's strength and guidance in bringing about healing and reconciliation. May the words proclaimed by Jesus inspire our efforts to bring good news to the poor and liberty to those in captivity. Lord, in your mercy, **hear our prayer.**

We pray for people of all religions and creeds, that despite our differences, we may be one body, united in love for God and one another. May we care for one another and recognize the importance of each member in the body of Christ. We pray for the grace to listen attentively to God's Word, and for the courage to live out our faith in action. May we be faithful in our discipleship and in the service of others. Lord, in your mercy, **hear our prayer.**

In the Anglican Church of Canada, we pray for Anne, Metropolitan of Ontario and acting Primate, Christopher, National Indigenous Archbishop, Shane, our bishop, and for all the clergy and people. In our own community we pray for Kathryn and Chung Yan, our priests, and all those in positions of leadership here at All Saints' Westboro. We also pray for Alyson and Anne, interim pastors of First United Church. Lord, in your mercy, **hear our prayer.**

We pray for all who are suffering in body, mind, or spirit. May they experience the healing presence of Christ, who came to bring light to those in darkness. We remember especially those who have asked for our prayers:

**Emily S.; Shari R.; Peter F.; Michael F.; Brian O.; Michael L.; Cinde C.; Rowan J.; Beryl N.; David N.; Beverley P; Anthony R.; Janice G.; Loris J.**

and for those who we name silently or aloud . . . and we pray for those who have lost loved ones and are in grief. May they find comfort in the knowledge that Christ came to fulfill the promises of God, bringing hope to all who mourn. Lord, in your mercy, **hear our prayer.**

We thank you for your constant love and faithfulness. We trust in your mercy and in the light of Christ that shines in the darkness. We offer all these prayers in the name of our Saviour, Jesus Christ. **Amen.**

### **CONFESSION AND FORGIVENESS**

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

Most merciful God,

**we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

### **PEACE**

The peace of the Lord be always with you. **And also with you.**

*Share a sign of peace while respecting individual preferences.*

I come with joy, a child of God,  
 forgiven, loved, and free,  
 the life of Jesus to recall,  
 in love laid down for me.

I come with Christians far and near  
 to find, as all are fed,  
 the new community of love  
 in Christ's communion bread.

As Christ breaks bread and bids us  
 share, each proud division ends.

The love that made us makes us one,  
 and strangers now are friends.

The spirit of the risen Christ,  
 unseen but ever near,  
 is in such friendship better known,  
 alive among us here.

Together met, together bound,  
 by all that God has done,  
 we'll go with joy, to give the world  
 the love that makes us one.

### PRAYER OVER THE GIFTS

Loving God, before the world began you called us. Make holy all we offer you this day, and strengthen us in that calling. We ask this in the name of Jesus Christ the Lord.

**Amen.**

### EUCHARISTIC PRAYER 2

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to our Creator. **It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth; you have revealed your eternal plan of salvation, and have shown your Son Jesus Christ to be the light of all peoples. Therefore with angels and archangels we raise our voices in joyful praise to proclaim the glory of your name.

*(8:00 am, read together)* **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*(9:30 am, sung, ELW 193)* **Holy, holy, holy Lord, Lord God of power and might, heaven and earth are full, full of your glory. Hosanna, hosanna, hosanna, hosanna in the highest. Blessed is he who comes, who comes in the name of the Lord Hosanna, hosanna, hosanna, hosanna in the highest.**

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days



you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to God's command, **All we remember his death, we proclaim his resurrection, we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty God, now and for ever. **Amen.**

And now, as our Saviour Christ has taught us, we pray together,

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

## **BREAKING OF THE BREAD**

We break the bread of life, and that life is the light of the world.

**God here among us, light in the midst of us, bring us to light and life.**

The gifts of God for the people of God. **Thanks be to God.**

## **PRAYER FOR SPIRITUAL COMMUNION**

With those joining us online, I will lead the Prayer for Spiritual Communion: In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, O Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. **Amen.**

*Rice wafers are available. Receiving in one kind is receiving the fullness of God's grace. The Common Cup is available for those who wish to receive it. **Please Note: Intinction is not allowed.***

## **COMMUNION HYMN**

### **One Bread, One Body, One Lord of All**

**CP 73**

#### ***Refrain***

One bread, one body, one Lord of all,  
one cup of blessing which we bless –  
and we, though many, throughout the earth,  
we are one body in this one Lord.

Gentile or Jew, servant or free,  
woman or man, no more. ***Refrain***

Many the gifts, many the works,  
one in the Lord of all. ***Refrain***

Grain for the fields, scattered and grown,  
gathered to one for all. ***Refrain***

## **PRAYER AFTER COMMUNION**

Gracious God, our hands have taken holy things; our lives have been nourished by the body of your Son. May we who have eaten at this holy table be strengthened for service in your world. We ask this in the name of Jesus Christ the Lord. **Amen.**

## **DOXOLOGY**

Glory to God

**whose power, working in us, can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation, in the Church and in Christ Jesus,  
for ever and ever. Amen.**

## **BLESSING**

## ANNOUNCEMENTS

### Blessing Song:

May the Lord rejoice with you, may the Lord bless you,  
and make his face to shine upon you, the God of Heaven loves you.

### SENDING HYMN

### The Canticle of the Sun

*Refrain*

The heavens are telling the glory of God, and all creation is shouting for joy.  
Come, dance in the forest, come, play in the field, and sing, sing to the glory  
of the Lord.

Praise for the sun, the bringer of day,  
He carries the light of the Lord in his rays;  
The moon and the stars who light up the way Unto your throne. *Refrain*

Praise for the rain that waters our fields,  
And blesses our crops so all the earth yields;  
From death unto life her myst'ry revealed Springs forth in joy. *Refrain*

Praise for the fire who gives us his light,  
The warmth of the sun to brighten our night;  
He dances with joy, his spirit so bright, He sings of you. *Refrain*

### DISMISSAL

Go in peace to love and serve the Lord. **Thanks be to God.**

*Join us for refreshments in Steacy Hall for fellowship after the 9:30 a.m. service.*

### Readings for Next Sunday, February 2<sup>nd</sup>, 2025

Malachi 3:1-4; Psalm 84; Hebrews 2:14-18; Luke 2:22-40

Please pray this week for:

- Christ Church, Bells Corners, The Venerable Monique Stone
- The Ottawa Guides and Scouts participants and leaders.

*Credits:*

*All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-72880. Readings from the New Revised Standard Version of the Bible  
Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use. Image by Larry Chop.*

### Sharing in our liturgical ministry today at 8:00 am:

Sidesperson: Ken McMillan  
Readers: Sylvia Shortliffe and Michael Norman  
Liturgical Min: John Merrit

### Sharing in our liturgical ministry today at 9:30 am:

Sidespeople: Larry Chop and Sharon Chop  
Readers: Ann Haché and Janet Holgate  
Intercessor: Aaron Leach  
Liturgical Min: Chris Kirch  
Euch. Mins: Susan Garnham and Craig Thomas  
Servers: Harry and Sara  
Hospitality: Julia Brady, Mike Norman, and Susie Adams

## Weekly News from All Saints' Westboro

January 27<sup>th</sup> – February 1<sup>st</sup>



### This Week

Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	1:00 pm to 4:00 pm		Food Bank
Wednesday	9:30 am	Quilters	Room 7/8
	10:00 am to 2:00 pm		New-to-You Shop
Thursday	<b>10:30 am</b>	<b>Eucharist</b>	<b>Chapel</b>
	1:00 pm to 3:00 pm	Choir	Sanctuary
	4:00 pm to 7:00 pm		Food Bank
	4:30 pm	Centering Prayer	Chapel
Saturday	10:00 am to 2:00 pm		New-to-You Shop

### Upcoming Events

**Jazz Vespers on February 2<sup>nd</sup>, 2025**, at 4:30pm in the Chapel with Mike Tremblay and Mark Furgeson.

March Vespers will be Holden Evening Prayer. If you would like to learn more about it, be in touch with our Music Director, Lauren Saindon.

**Sing a New Song Sunday!** Save the date: February 2<sup>nd</sup> is our first monthly "Sing a New Song Sunday!" We invite you to meet the choir in the sanctuary before the service, at 8:45 am, to learn a simple anthem that we will sing during the service. Pre-registration is not necessary, but please contact Lauren at [music@allsaintswestboro.com](mailto:music@allsaintswestboro.com) with any questions. All voices welcome!

**Men's Breakfast is on Tuesday, February 4<sup>th</sup> at 8:15 am.** We will gather at Allo! Mon Coco at College Square (1377 Woodroffe Ave).

**Bible On Tap – ONLINE – Wednesday, February 5<sup>th</sup> at 7 pm.** We continue to study “The Negro Bible - The Slave Bible”. Our plan is to study the removed parts of the Bible that the slaves were not given access to. Bring your own translation and we will have a lively discussion of context, text, and meaning. **RSVP with Rev. Lam for the link to the online session.**

**Special movie night on Saturday, February 15<sup>th</sup> at 4:30 pm** in the Chapel followed by a Potluck Supper in Steacy Hall at 6:00pm. The movie, Across the Line, (2015) is very Canadian, focusing on a hockey player wanting to go to the NHL. Please contact the church office 13-725-9487 or office@allsaintswestboro.com if you plan to attend or have questions. Although the dinner is a potluck, please register as this helps with the set-up of the tables.

**Connecting for Climate Change Action.** For anyone who registered for the online course, Connecting for Climate Change Action, there has been a technical problem which is causing a delay in the start of the course. It was scheduled to begin on Monday, January 20th and you should have received a link so that you can participate, but that link has not yet been sent, due to the problem. As soon as the problem has been resolved, you should receive the link in an e-mail sent directly from Western University, so be on the alert for it. If you have questions or concerns, feel free to contact Marcie Taylor at marcie.taylor@hotmail.com.

*For the following activities, please contact Janet Currie-Kelk, Children and Youth Coordinator, at childrenandyouth@allsaintswestboro.com.*

**Building Faith Series - the last Sunday of the month after service.** January brings new hope to the world and to All Saints' Westboro as we expand our Building Faith Series.

**NEW! - Come & Sing - Sunday, February 23<sup>rd</sup> at 11:00 am** All ages welcome! Come sing your faith, from children's action songs to contemporary worship music.

**Youth Dinner - Wednesday, February 12<sup>th</sup> at 5:00 pm** in the Hall.

**Youth Confirmation - Interest?** Please let Janet know if you are interested in joining a confirmation journey starting in the new year as we explore faith together. Connection dates and times to be determined. Confirmation celebration will be in Spring 2026. For Youth ages 12+.