



All Saints' Anglican Church, Westboro  
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## All Saints' Westboro



### Thirteenth Sunday after Pentecost

Sunday, August 18<sup>th</sup>, 2024

**8:00 am—Said Eucharist**

**9:30 am—Sung Eucharist**

**Wednesday (August 21<sup>st</sup>, 2024)**

**10:30 am—Said Eucharist in Chapel**

The Ven. Kathryn Otley

The Rev. Chung Yan Lam

Children and Youth: Janet Currie-Kelk

Music: Keegan Lazarus

*Please Note: Photos are taken for parish communication. The 9:30 service is live-streamed, recorded, and posted on a public Facebook Page. Your images may be captured and used.*

## **LAND ACKNOWLEDGEMENT**

Officiant: Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin, the traditional stewards of the lands and waters on which we meet.

**All: May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.**

## **PROCESSIONAL HYMN**

### **Praise the Lord with the Sound**

**CP 309**

**Praise the Lord with the sound of trumpet,  
praise the Lord with the harp and lute,  
praise the Lord with the gentle-sounding flute.**

**Praise the Lord in the field and forest,  
praise the Lord in the city square,  
praise the Lord anytime and anywhere.**

**Praise the Lord in the wind and sunshine,  
praise the Lord in the dark of night,  
praise the Lord in the rain or snow  
or in the morning light.**

**Praise the Lord in the deepest valley,  
praise the Lord on the highest hill,  
praise the Lord; never let your voice be still.**

**Praise the Lord with the crashing cymbal,  
praise the Lord with the pipe and string,  
praise the Lord with the joyful songs you sing.**

**Praise the Lord on a weekday morning,  
praise the Lord on a Sunday noon,  
praise the Lord by the light of sun or moon.**

**Praise the Lord in the time of sorrow,  
praise the Lord in the time of joy,  
praise the Lord every moment;  
nothing let your praise destroy.**

**Praise the Lord in the peace and quiet,  
praise the Lord in your work or play,  
praise the Lord everywhere in every way.**

## CHILDREN'S TALK

*(Children are invited to come forward during the last verse of the Opening Hymn. The children may join the Church School following the talk.)*

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**All: And also with you.**

Officiant: Almighty God,

**All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

## COLLECT OF THE DAY

Officiant: Living God, you are the giver of wisdom, guiding those who seek your ways to choose the good. Mercifully grant that your people, feasting on the true bread of heaven, may have eternal life in Jesus Christ our Lord.

**All: Amen.**

## The First Reading is from Proverbs (9:1-6).

Wisdom has built her house; she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, "You that lack understanding, turn in here!" To those who are naive she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of understanding."

Reader: Hear what the Spirit is saying to the church.

**All: Thanks be to God.**

## PSALM 34:9-14

Fear the Lord, you saints of the Lord,  
for those who fear the Lord lack nothing.

**The lions are in want and suffer hunger,  
but those who seek the Lord lack nothing that is good.**

Come, children, and listen to me;  
I will teach you reverence for the Lord.

**Who among you takes pleasure in life  
and desires long life to enjoy prosperity?**

Keep your tongue from evil  
and your lips from lying words.

**Turn from evil and do good;  
seek peace and pursue it.**

**The Second Reading is from Ephesians (5:15-20).**

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader: Hear what the Spirit is saying to the church.

**All: Thanks be to God.**

**GRADUAL HYMN**

**Who Comes from God**

**CP 392**

**Who comes from God, as Word and Breath?**

**Holy Wisdom.**

**Who holds the keys of life and death?**

**Mighty Wisdom:**

**Crafter and Creator too,**

**eldest, she makes all things new;**

**she completes what God would do.**

**Wisest one, radiant one, welcome, holy Wisdom!**

**Who lifts her voice for all to hear?**

**Joyful Wisdom.**

**Who shapes a thought and makes it clear?**

**Truthful Wisdom:**

**Teacher, drawing out our best,**

**magnifies what we invest,**

**names our truth, directs our quest.**

**Wisest one, radiant one, welcome, holy Wisdom!**

**Whom should we seek with all our heart?**

**Loving Wisdom.**

**Who once revealed will not depart?**

**Faithful Wisdom:**

**Partner, Counsellor, Comforter,**

**love has found none lovelier;**

**life is gladness lived with her.**

**Wisest one, radiant one, welcome, holy Wisdom!**

Reader: The Holy Gospel of our Lord Jesus Christ according to **John (6:51-58)**.

**All: Glory to you, Lord Jesus Christ.**

[Jesus said,] “I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

## **HOMILY**

### **CREED**

Officiant: Let us confess the faith of our baptism as we say,

**All: I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God’s only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **PRAYERS OF INTERCESSION**

One: Creator God, help us to find joy in our lives and to remember to give thanks to you for all our blessings. We pray that we may live as wise people making the most of our opportunities and adding joy to the lives of those around us. Let us sing and make music from our hearts to you. God of joy,

**All: hear our prayer.**

One: We pray for our world and for our brothers and sisters living in difficult situations; for those fleeing fires and natural disasters, fleeing war and persecution, and fleeing injustice. We pray for our global and local leaders that they may have the

wisdom to make our planet a safer, greener place and to ease the burden of those who are suffering. God of compassion,

**All: hear our prayer.**

One: We pray for all people of faith that they might be free to worship you without fear. In our Anglican church we pray for Linda our Primate, Christopher the National Indigenous Archbishop, Ann our Metropolitan, Shane our Bishop, Kathryn and Chung Lan our clergy, and for Janet who leads our children and youth ministry. We pray as well for First United Church as they seek for a new pastor. God of faith,

**All: hear our prayer.**

One: We lift up to you in prayer those in our community who have asked for prayers for healing and for those whose needs are known to you alone. We pray for:

**All: Emily S.; Shari R.; Peter F.; Michael F.; Brian O.; Michael L.; Cinde C.; Rowan J.; Beryl N.; David N.; Alex B.; Loris J.; Brian T.; Allan M.; Lorinda P.; Wikke W.; Eric B.**

One: And for those we name silently or aloud. Bless and strengthen those who care for them. God of healing,

**All: hear our prayer.**

One: We pray for those who have passed from this life to the next and for all who mourn their passing. May you grant them peace and ease their sorrows. We hold the Willians family in our prayers as they celebrate Janet's life mourn her death. This coming week we remember St. Bartholomew, one of your chosen twelve, and St. Bernard of Clairvaux. May their lives of Godly service be an inspiration to us. God of comfort,

**All: hear our prayer.**

One: God of wonder, you are the bread of life. We pray that we may be nourished by the gifts you offer us and that we may be raised to new life with you on at the last day.

**All: Amen.**

## **CONFESSION AND FORGIVENES**

Officiant: Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

Officiant: Most merciful God,

**All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not**

**loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Officiant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

**All: Amen.**

## **PEACE**

Officiant: The peace of the Lord be always with you.

**All: And also with you.**

*Share a sign of peace while respecting individual preferences.*

## **OFFERTORY HYMN**

### **Tell Out, My Soul**

**CP 362**

**Tell out, my soul, the greatness of the Lord!  
Unnumbered blessings, give my spirit voice;  
tender to me the promise of his word;  
in God my Saviour shall my heart rejoice.**

**Tell out, my soul, the greatness of his name!  
Make known his might, the deeds  
his arm has done;  
his mercy sure, from age to age the same;  
his holy name—the Lord, the mighty one.**

**Tell out, my soul, the greatness of his might!  
Powers and dominions lay their glory by;  
proud hearts and stubborn wills are put to flight,  
the hungry fed, the humble lifted high.**

**Tell out, my soul, the glories of his word!  
Firm is his promise, and his mercy sure.  
Tell out, my soul, the greatness of the Lord  
to children's children and for evermore!**

## **OFFERTORY PRAYER**

Officiant: Holy God our loving Parent, you have adopted us to be your heirs. Accept all we offer you this day and give us grace to live as faithful children. We ask this in the name of Jesus Christ our Lord.

**All: Amen.**

## EUCCHARISTIC PRAYER 2

Officiant: May God be with you.

**All: And also with you.**

Officiant: Lift up your hearts.

**All: We lift them up to God.**

Officiant: Let us give thanks to our God.

**All: It is right to give our thanks and praise.**

Officiant: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death and banish the darkness of sin and despair.

By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

**All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Officiant: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.



All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

**All: Amen.**

Officiant: And now, as our Saviour Christ has taught us, we pray together,

**All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

### **BREAKING OF THE BREAD**

Officiant: "I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

**All: Taste and see that the Lord is good; happy are they who trust in him!**

Officiant: The gifts of God for the people of God.

**All: Thanks be to God.**

### **PRAYER FOR SPIRITUAL COMMUNION**

Officiant: With those joining us online, I will lead the Prayer for Spiritual Communion: In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, O Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come.

**All: Amen.**

*Rice wafers are available. Receiving in one kind is receiving the fullness of God's grace. The Common Cup is available for those who wish to receive it. **Please Note: Intinction is not allowed.***

### **COMMUNION HYMN**

#### **At the Name of Jesus**

**CP 375**

At the name of Jesus every knee shall bow,  
every tongue confess him King of glory now;  
'tis his Father's pleasure we should call him Lord,  
who from the beginning was the mighty Word.

Humbled for a season to receive a name  
from the lips of sinners unto whom he came,  
faithfully he bore it, spotless to the last,  
brought it back victorious when from death he passed.

Name him, Christians, name him,  
with love strong as death,  
but with awe and wonder, and with bated breath;  
he is God the Saviour, he is Christ the Lord,  
ever to be worshipped, trusted, and adored.

In your hearts enthrone him; there let him subdue  
all that is not holy, all that is not true;  
crown him as your Saviour in temptation's hour;  
let his will enfold you in its light and power.

Christians, this Lord Jesus shall return again,  
with his Father's glory, with his angel train;  
for all wreaths of empire meet upon his brow,  
and our hearts confess him King of glory now.

### **PRAYER AFTER COMMUNION**

Officiant: Eternal God, we have received a token of your promise. May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

**All: Amen.**

### **DOXOLOGY**

Officiant: Glory to God

**All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Officiant: *and the blessing...*

### **ANNOUNCEMENTS**

**Blessing Song:**

**May the Lord rejoice with you,  
may the Lord bless you,  
and make his face to shine upon you,  
the God of Heaven loves you.**

**SENDING HYMN**

**Sing a New Song unto the Lord**

**CP 312**

*Refrain*

**Sing a new song unto the Lord;  
let your song be sung from mountains high.  
Sing a new song unto the Lord,  
singing alleluia.**

**Yahweh's people dance for joy.  
O come before the Lord  
and play for him on glad tambourines,  
and let your trumpet sound. *Refrain***

**Rise, O children, from your sleep;  
your Saviour now has come.  
He has turned your sorrow to joy,  
and filled your soul with song. *Refrain***

**Glad my soul, for I have seen  
the glory of the Lord.  
The trumpet sounds; the dead shall be raised.  
I know my Saviour lives. *Refrain***

## **DISMISSAL**

**LM:** Go in peace to love and serve the Lord.

**All:** **Thanks be to God.**

*Join us for refreshments in the courtyard for fellowship after the 9:30 a.m. service.*

## **Readings for Next Sunday, August 25<sup>th</sup>, 2024**

1 Kings 8:22-30,41-43, Psalm 84, Ephesians 6:10-20, John 6:56-69

Please pray this week for:

- St. Alban the Martyr, Ottawa The Reverend Michael Garner; St. Bernard-de-Clairvaux, Ottawa The Reverend Canon Kevin Flynn.
- The Ottawa Guides and Scouts participants and leaders.

### **Sharing in our liturgical ministry today at 8:00 am:**

Sidesperson: Ken McMillan

Readers: Sylvia Shortliffe and Michael Norman

Liturgical Min: John Merritt

### **Sharing in our liturgical ministry today at 9:30 am:**

Sidespeople: Elizabeth Harris and Chris Kirch

Readers: Janet Holgate and Marcie Taylor

Intercessor: Catrina Tapley

Liturgical Min: Sandra Coultish

Euch. Mins: Larry Broome and Janet Holgate

Servers:

Hospitality: Susan Garnham and Susie Adams

## Weekly News from All Saints' Westboro August 19<sup>th</sup> – August 24<sup>th</sup>

### This Week

Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	1:00 pm to 4:00 pm		Food Bank
Wednesday	10:00 am to 2:00 pm		New-to-You Shop
	<b>10:30 am</b>	<b>Eucharist</b>	<b>Chapel</b>
Thursday	4:00 pm to 7:00 pm		Food Bank
Saturday	10:00 am to 2:00 pm		New-to-You Shop

### Upcoming Events

## Saints Alive!

**Children's Summer Church** - As the days get warmer and school lets out, the children at All Saints' are invited to continue to explore God's love and Jesus' ministry every Sunday at 9:30am. We will be exploring Agape love, Baptism, Eucharist and prayer, through story, wondering, song and creativity. We hope that your children ages 3-12 will join us on Sunday.

**Social Swirl – Billings Estate.** Our next parish outing, on **Thursday, August 22<sup>nd</sup>**, is a trip to the historic Billings Estate for high tea on the lawn followed by a tour of the historic house. The address is 2100 Cabot Street, just east of the Billings Shopping Mall. We have a reservation for twenty people. Tickets will be purchased in advance from Barbara Robertson on or before August 11<sup>th</sup>. The cost is \$25 (\$20.71 for tea, \$4.00 for the tour).

If anyone is interested in learning more about the Ministry of Intercessor, please speak to Patricia Bays.

**2024 Women's Retreat at Galilee Centre in Arnprior - November 8<sup>th</sup> (Friday evening) to November 10<sup>th</sup> (Sunday).** The theme will be "Tender Hearts, Resilient Spirits: Exploring women voices in the Bible". If interested, please contact Rev. Chung Yan. Subsidies will be available upon request.

Our **Bazaar** for this year is scheduled for **Saturday, November 2<sup>nd</sup>, 2024**, from 9:00 am to 2:00 pm. We are starting to organize the event and are looking for volunteers for the various tables (including crafts, jams and jellies, one-of-a-kind collectibles, and baking). If you have helped in the past, you know what the task entails and we hope you will consider helping again. And if you haven't volunteered in the past, but would like to help this year, we would welcome your participation. At the beginning of September, we will meet to discuss logistics. Please contact Helen at [bazaar@allsaintswestboro.com](mailto:bazaar@allsaintswestboro.com) for more details.

*Credits: All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-728801 Readings from the New Revised Standard Version of the Bible  
Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use. Image by Larry Chop.*