



All Saints' Anglican Church, Westboro
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All Saints' Westboro



Twelfth Sunday after Pentecost

Sunday, August 11th, 2024

8:00 am—Said Eucharist

9:30 am—Sung Eucharist

Wednesday (August 14th, 2024 - Chapel)

10:30 am—Said Eucharist

The Ven. Kathryn Otley

The Rev. Chung Yan Lam

Children and youth: Janet Currie-Kelk

Music: Keegan Lazarus

LAND ACKNOWLEDGEMENT

Officiant: Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin, the traditional stewards of the lands and waters on which we meet.

All: May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.

PROCESSIONAL HYMN

As We Gather at Your Table

ELW 522

**As we gather at your table,
as we listen to your word,
help us know, O God, your presence;
let our hearts and minds be stirred.
Nourish us with sacred story
till we claim it as our own;
teach us through this holy banquet
how to make Love's vict'ry known.**

**Turn our worship into witness
in the sacrament of life;
send us forth to love and serve you,
bringing peace where there is strife.
Give us, Christ, your great compassion
to forgive as you forgave;
may we still behold your image
in the world you died to save.**

**Gracious Spirit, help us summon
other guests to share that feast
where triumphant Love will welcome
those who had been last and least.
There no more will envy blind us
nor will pride our peace destroy,
as we join with saints and angels
to repeat the sounding joy.**

CHILDREN'S TALK

(Children are invited to come forward during the last verse of the Opening Hymn. The children may join the Church School following the talk.)

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: And also with you.

Officiant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

COLLECT OF THE DAY

Officiant: Bread of heaven, you feed us in the depths of grief, sin and hostility. Nourish us with your word through the long hours of tears, and in the dawning awareness of our need for forgiveness, so that we may be redeemed by your steadfast love.

All: Amen.

The First Reading is from 1 Kings (19:4-8).

[Elijah] went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Reader: Hear what the Spirit is saying to the church.

All: Thanks be to God.

PSALM 34:1-8

I will bless the Lord at all times;
the praise of God shall ever be in my mouth.

**I will glory in the Lord;
let the lowly hear and rejoice.**

Proclaim with me the greatness of the Lord;
let us exalt God's name together.

**I sought the Lord, who answered me
and delivered me from all my terrors.**

Look upon the Lord and be radiant,
and let not your faces be ashamed.

**I called in my affliction, and the Lord heard me
and saved me from all my troubles.**

The angel of the Lord encamps around those who fear the Lord
and delivers them.

**Taste and see that the Lord is good;
happy are they who take refuge in God!**

The Second Reading is from Ephesians (4:25-5:2).

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender hearted, forgiving one another, as God in Christ has forgiven you.

Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader: Hear what the Spirit is saying to the church.

All: Thanks be to God.

GRADUAL HYMN

I am the Bread of Life

ELW 485

**"I am the Bread of life.
You who come to me shall not hunger,
and who believe in me shall not thirst.
No one can come to me unless the Father beckons."**

Refrain

**"And I will raise you up,
and I will raise you up,
and I will raise you up on the last day."**

**"The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread,
you shall live forever, you shall live forever." *Refrain***

**"Unless you eat
of the flesh of the Son of Man
and drink of his blood,
and drink of his blood,
you shall not have life within you." *Refrain***

**"I am the resurrection,
I am the life.
If you believe in me,
even though you die, you shall live forever." *Refrain***

**Yes, Lord, I believe
that you are the Christ,
the Son of God,
who have come into the world. *Refrain***

Reader: The Holy Gospel of our Lord Jesus Christ according to **John (6:35, 41-51)**.

All: Glory to you, Lord Jesus Christ.

Jesus said to [the crowd,] "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down

from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

Reader: The Gospel of Christ.

All: **Praise to you, Lord Jesus Christ.**

HOMILY

CREED

Officiant: Let us confess the faith of our baptism as we say,

All: **I believe in God, the Father almighty, creator of heaven and earth.**

I believe in Jesus Christ, God’s only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

One: Let us begin our prayers with a word of thanksgiving. We give thanks for this wonderful natural world in which we live; for the beauty that surrounds us day by day, for the confidence we have in living each day among families and friends. Help us, as baptized Christians, to do our part in keeping our planet clean and healthy. O God, make speed to save us.

All: **O Lord, make haste to help us.**

One: Bring peace to our world where people are being killed and wounded: Russia and Ukraine, Israel and Palestine, and the people of Sudan. O God, make speed to save us.

All: **O Lord, make haste to help us.**

One: Help us to build peace and unity among Christian people throughout the world, and to live in peace with people of other faiths. Be the bread of life to all who seek you. O God, make speed to save us

All: **O Lord, make haste to help us.**

One: We pray for our own ordained leaders, that they may be given your compassion and wisdom in their decisions. We remember Linda, our Primate,

Anne, our Metropolitan, and Shane, our Bishop. We pray for Christopher, the national Indigenous Archbishop. In our own parish we pray for Kathryn and Chung Yan, our priests, and also for the congregation of First United Church as they search for a new pastor. O God, make speed to save us.

All: O Lord, make haste to help us.

One: We pray for those who are sick, or in any other special need, and for those who care for them:

All: Emily S.; Shari R.; Peter F.; Michael F.; Brian O.; Michael L.; Cinde C.; Rowan J.; Beryl N.; David N.; Alex B; Loris J.; Brian T.; Allan M.; Lorinda P.

One: O God, make speed to save us

All: O Lord, make haste to help us.

One: We pray for those who have died . . . and for those who mourn. Remembering as we pray that we are surrounded by the great company of saints who have gone before us, especially those who are near and dear to us, we pray, Rest eternal grant to them, O God,

All: And let light perpetual shine upon them.

One: O God of steadfast love, hear our prayers. Accept the praise and thanks of our worship, and grant us that which makes us whole, through Jesus Christ our Lord.

All: Amen.

CONFESSIO AND FORGIVENES

Officiant: Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Officiant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Officiant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All: Amen.

PEACE

Officiant: The peace of the Lord be always with you.

All: And also with you.

OFFERTORY HYMN God Bless Us Our Bread / *Bendice, Señor, nuestro pan*

SPANISH

Bendice, Señor, nuestro pan,
y da pan a los que tienen hambre
y hambre de justicia a los que tienen pan.
Bendice, Señor, nuestro pan.

ENGLISH

God bless to us our bread,
and give bread to all those who are hungry,
and hunger for justice to those who are fed.
God bless to us our bread.

OFFERTORY PRAYER

Officiant: Father, receive all we offer you this day, and grant that in this eucharist we may be enriched by the gifts of the Spirit. We ask this in the name of Jesus Christ our Lord.

All: Amen.

EUCCHARISTIC PRAYER 1

Officiant: May God be with you.

All: And also with you.

Officiant: Lift up your hearts.

All: We lift them up to God.

Officiant: Let us give thanks to our God.

All: It is right to give our thanks and praise.

Officiant: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image. When we turned away from

you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation.

Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Officiant: Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

All: Christ has died, Christ is risen, Christ will come again.

Officiant: Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, God, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty God, now and for ever.

All: Amen.

Officiant: And now, as our Saviour Christ has taught us, we pray together,

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

BREAKING OF THE BREAD

Officiant: "I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

All: Taste and see that the Lord is good; happy are they who trust in him!

Officiant: The gifts of God for the people of God.

All: Thanks be to God.

PRAYER FOR SPIRITUAL COMMUNION

Officiant: With those joining us online, I will lead the Prayer for Spiritual Communion: In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, O Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come.

All: Amen.

COMMUNION HYMN**Lamb of God****Yusuf Khill: Palestine**

From the Mass of the Holy Family

Yusuf Khill: Palestine

Ya ha - ma - la - Lah al - ha - mel kha - ta - yal -
 O Lamb of God, you take a - way the

'a - lam Ir - ham na.
 sins of the world, have mer - cy on us.

Ya ha - ma - la - Lah al - ha - mel kha - ta - yal - 'a - lam
 O Lamb of God, you take a - way the sins of the world,

im - nah - na - sa - lam, im - nah - na - sa - lam, im - nah - na - sa - lam.
 grant us your peace, grant us your peace, grant us your peace.

Music © Yusuf Khill.

What Feast of Love**ELW 487**

What feast of love is offered here,
 what banquet come from heaven?
 What food of everlasting life,
 what gracious gift is given?
 This, this is Christ the king,
 the bread come down from heaven.
 Oh, taste and see and sing!
 How sweet the manna given!

What light of truth is offered here,
 what covenant from heaven?
 What hope of everlasting life,

what wondrous word is given?
This, this is Christ the king,
the sun come down from heaven.
Oh, see and hear and sing!
The Word of God is given!

What wine of love is offered here,
what crimson drink from heaven?
What stream of everlasting life,
what precious blood is given?
This, this is Christ the king,
the sweetest wine of heaven.
Oh, taste and see and sing!
The Son of God is given!

PRAYER AFTER COMMUNION

Officiant: Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord.

All: Amen.

DOXOLOGY

Officiant: Glory to God

All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Officiant: *and the blessing...*

ANNOUNCEMENTS

Blessing Song:

**May the Lord rejoice with you,
may the Lord bless you,
and make his face to shine upon you,
the God of Heaven loves you.**

O Jesus, joy of loving hearts,
the fount of life, the light of all:
from ev'ry bliss that earth imparts
we turn, unfilled, to hear your call.

We taste you, ever-living bread,
and long to feast upon you still;
we drink of you, the fountainhead;
our thirsting souls from you we fill.

For you our restless spirits yearn,
where'er our changing lot is cast;
glad, when your smile on us you turn,
blest, when by faith we hold you fast.

O Jesus, ever with us stay!
Make all our moments fair and bright!
Oh, chase the night of sin away!
Shed o'er the world your holy light.

DISMISSAL

LM: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

Join us for refreshments in the courtyard for fellowship after the 9:30 a.m. service.

Readings for Next Sunday, August 18th, 2024

Proverbs 9:1-6, Psalm 111, Ephesians 5:15-20, John 6:51-58

Please pray this week for:

- St. Alban the Martyr, Ottawa The Reverend Michael Garner; St. Bernard-de-Clairvaux, Ottawa The Reverend Canon Kevin Flynn.
- The various community associations contained within our parish.

Sharing in our liturgical ministry today at 8:00 am:

Sidesperson: Ken McMillan
Readers: Sylvia Shortliffe
Liturgical Min: John Merritt

Sharing in our liturgical ministry today at 9:30 am:

Sidespeople: Linda Phillips and Larry Broome
Readers: Brian Morton and Joanne Rowlinson
Intercessor: Eric Bays
Liturgical Min: Susan Garnham and Deborah Sitorus
Euch. Mins: Sharon Chop and Laurie Jamieson
Servers: Gideon Sitorus
Hospitality: Julia Brady, Susan Garnham and Mike Norman

Credits:

All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-728801

Readings from the New Revised Standard Version of the Bible

Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use.

Font picture The Best Supper © Jan L. Richardson.

Saints Alive!

Weekly News from All Saints' Westboro August 12th – August 17th

This Week

Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	1:00 pm to 4:00 pm		Food Bank
Wednesday	10:00 am to 2:00 pm		New-to-You Shop
	10:30 am	Eucharist	Chapel
Thursday	4:00 pm to 7:00 pm		Food Bank
Saturday	10:00 am to 2:00 pm		New-to-You Shop

Upcoming Events

Children's Summer Church - As the days get warmer and school lets out, the children at All Saints' are invited to continue to explore God's love and Jesus' ministry every Sunday at 9:30am. We will be exploring Agape love, Baptism, Eucharist and prayer, through story, wondering, song and creativity. We hope that your children ages 3-12 will join us on Sunday.

Social Swirl – Billings Estate. Our next parish outing, on **Thursday, August 22nd** at 2:30 pm is a trip to the historic Billings Estate for high tea on the lawn followed by a tour of the historic house. The address is 2100 Cabot Street, just east of the Billings Shopping Mall. We have a reservation for twenty people. You may pay for your lunch at the end of the tea. The cost is \$25.00 (\$20.71 for tea, \$4.00 for the tour). Please register at the office or speak to Barbara Robertson on or before August 18th.

Radical Stitch, Contemporary Indigenous Beading Exhibit: The Truth and Reconciliation Team invites anyone who is interested to meet in the National Gallery Lobby at 11:15 am on **Wednesday, August 28th** to view this landmark show with a guide who will join us at 11:30 am. Cost is the general admission, \$20 or \$18 for Seniors. More info: <https://www.gallery.ca> or julieannecross@rogers.com or marcie.taylor@hotmail.com.

September 8 – Welcome Back Sunday: we are planning ahead and inviting you to join us to welcome everyone back from holidays and travels. It is a great opportunity to invite a friend to church! We will be blessing especially our children as they begin their school year. **If you feel moved, we are requesting baked goods** for this Sunday's refreshments.

2024 Women's Retreat at Galilee Centre in Arnprior - November 8th (Friday evening) to November 10th (Sunday). The theme will be "Tender Hearts, Resilient Spirits: Exploring women voices in the Bible". If interested, please contact Rev. Chung Yan. Subsidies will be available upon request.