



All Saints' Anglican Church, Westboro
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Ottawa, ON, K2A 0E7
613-725-9487
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All Saints' Westboro



Seventh Sunday after Pentecost

Sunday, July 14th, 2024

8:00 am—Said Eucharist

9:30 am—Sung Eucharist

Wednesday (July 17th, 2024)

10:30 am—Said Eucharist

The Ven. Kathryn Otley

The Rev. Chung Yan Lam

Children and youth: Janet Currie-Kelk

Music: Keegan Lazarus

LAND ACKNOWLEDGEMENT

Officiant: Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin, the traditional stewards of the lands and waters on which we meet.

All: **May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.**

PROCESSIONAL HYMN

Come, Thou Fount of Every Blessing

ELW 807

**Come, thou fount of ev'ry blessing,
tune my heart to sing thy grace;
streams of mercy, never ceasing,
call for songs of loudest praise.
While the hope of endless glory
fills my heart with joy and love,
teach me ever to adore thee;
may I still thy goodness prove.**

**Here I raise my Ebenezer:
"Hither by thy help I've come";
and I hope, by thy good pleasure,
safely to arrive at home.**

**Jesus sought me when a stranger,
wand'ring from the fold of God;
he, to rescue me from danger,
interposed his precious blood.**

**Oh, to grace how great a debtor
daily I'm constrained to be;
let that grace now like a fetter
bind my wand'ring heart to thee.
Prone to wander, Lord, I feel it;
prone to leave the God I love.
Here's my heart, oh, take and seal it;
seal it for thy courts above.**

CHILDREN'S TALK

(Children are invited to come forward during the last verse of the Opening Hymn. The children may join the Church School following the talk.)

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All And also with you.

Officiant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

COLLECT OF THE DAY

Officiant: O God, when pride leads us deeper into sin, grant us strength, so that we may turn from pride and know the power of your uncompromising love. In Jesus' name we pray.

All: Amen.

The First Reading is from 2 Samuel (6:1-5, 12b-19).

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

It was told King David, "The Lord has blessed the household of Obed-edom and all that belongs to him, because of the ark of God." So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Reader: Hear what the Spirit is saying to the church.

All: **Thanks be to God.**

PSALM 24

The earth is the Lord's and all that is in it,
the world and those who dwell therein.

**For the Lord has founded it up on the seas
and established it up on the rivers.**

Who may ascend the mountain of the Lord,
and who may stand in God's holy place?

**Those of innocent hands and purity of heart,
who do not swear on God's being, nor do they
pledge by what is false.**

They shall receive blessing from the Lord
and righteousness from the God of their salvation.

**Such is the generation of those who seek you, O Lord,
of those who seek your face, O God of Jacob.**

Lift up your heads, O gates; and be lifted up,
O everlasting doors, that the King of glory may come in.

**Who is this King of glory?
The Lord, strong and mighty, the Lord, mighty in battle!**

Lift up your heads, O gates; and be lifted up,
O everlasting doors, that the King of glory may come in.

**Who is this King of glory?
Truly, the Lord of hosts is the King of glory.**

The Second Reading is from Ephesians (1:3-14).

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your

salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

Reader: Hear what the Spirit is saying to the church.

All: **Thanks be to God.**

GRADUAL HYMN

Let Justice Flow like Streams

ELW 717

**Let justice flow like streams
of sparkling water, pure,
enabling growth, refreshing life,
abundant, cleansing, sure.**

**Let righteousness roll on
as others' cares we heed,
an ever-flowing stream of faith
translated into deed.**

**So may God's plumb line, straight,
define our measure true,
and justice, right, and peace pervade
this world our whole life through.**

Reader: The Holy Gospel of our Lord Jesus Christ according to **Mark (6:14-29)**.

All: **Glory to you, Lord Jesus Christ.**

King Herod heard of [the disciples' preaching,] for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and

requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

HOMILY

CREED

Officiant: Let us confess the faith of our baptism as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

One: In confidence that our prayers will be heard and answered, let us bring before God our own needs and the needs of the church and the world.

We pray for the world, for all those places where there is open strife. Loving God, the world cries out for an end to war and violence, an end to rivalries and divisions. We long for justice and peace that all may recognize themselves as part of one human family. Bring an end to division. Give dignity and well-being to all your children. Show us your steadfast love, O God,

All: and grant us your salvation.

One: We pray for the created order. God the Maker of all things, we give thanks for the beauty of the world. Help us to protect and nurture your creation and proclaim its wonders. Show us your steadfast love, O God,

All: and grant us your salvation.

One: We pray for the church. Faithful God, you have called us together into one family, the church. Remove the barriers that separate Christian from Christian, and enable all the baptized to offer common praise to you and common witness to

the world. We pray for the faith community of which we are a part – for Linda our Primate, Christopher the National Indigenous Archbishop, Anne our Metropolitan, Shane our Bishop, Kathryn and Chung Yan our clergy, and for all those whose ministries support our life here. Grant that we may be strengthened to do your work. Show us your steadfast love, O God,

All: and grant us your salvation.

One: We pray for those in need. Merciful God, be present with those who have asked for our prayers:

All: Emily S.; Shari R.; Peter F.; Michael F.; Brian O.; Michael L.; Cinde C.; Rowan J.; Janice G.; Beryl N.; Ken O.; June K.; David N.; Murray W.; Alex B.; Loris J.; Nina F.; Brian T.

One: Strengthen and comfort them, and increase our compassion as we care for them. Show us your steadfast love, O God,

All: and grant us your salvation.

One: We pray for those who have died . . . Welcoming God, receive them into the arms of your mercy, and give comfort to those who mourn. We pray that we with them, and with all the saints, may come into the fullness of life which you promise. Show us your steadfast love, O God,

All: and grant us your salvation.

One: O God, who in Jesus taught us to pray, hear the petitions we make in his name.

All: Amen.

CONFESSION AND FORGIVENESS

Officiant: Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Officiant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Officiant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All: Amen.

PEACE

Officiant: The peace of the Lord be always with you.

All: And also with you.

OFFERTORY HYMN

Live into Hope

VU 699

Live into hope of captives freed,
of sight regained, the end of greed.
The oppressed shall be the first to see
the year of God's own jubilee!

Live into hope the blind shall see
with insight and with clarity,
removing shades of pride and fear,
a vision of our God brought near.

Live into hope of liberty,
the right to speak, the right to be,
the right to have one's daily bread,
to hear God's word and thus be fed.

Live into hope of captives freed
from chains of fear or want or greed.
God now proclaims our full release
to faith and hope and joy and peace.

OFFERTORY PRAYER

Officiant: Creator, your word creates in us a yearning for your kingdom. Receive all we offer you this day, and keep us in your peace; for the sake of Jesus Christ the Lord.

All: Amen.

EUCCHARISTIC PRAYER 1

Officiant: May God be with you.

All: And also with you.

Officiant: Lift up your hearts.

All: We lift them up to God.

Officiant: Let us give thanks to our God.

All: It is right to give our thanks and praise.

Officiant: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Sarah

and Abraham gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

All: *(For Sunday 8:00 am and Wednesday 10:30 am services)*

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

(For Sunday 9:30 am service)

English singing translation (Jorge Lockward):

****Le lo le lo lai lo, Le lo le lo lai lo,***

Le lo le lo lai lo, Lo le lo le lo lai. (repeat)

Holy, holy, holy, God of power and might. *(repeat)*

Heaven and earth are full of your glory. *(repeat)*

Hosanna, hosanna, hosanna in the highest. *(repeat)*

Blessed in the one who comes in the name of the Lord. *(repeat)*

Hosanna in the highest, hosanna in the highest. *(repeat)*

****Le lo le lo lai lo, Le lo le lo lai lo,***

Le lo le lo lai lo, Lo le lo le lo lai. (repeat)

Officiant: Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “ Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “ Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim the mystery of faith.

All: Christ has died. Christ is risen. Christ will come again.

Officiant: Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Creator, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty God, now and for ever.

All: Amen.

Officiant: And now, as our Saviour Christ has taught us, we pray together,

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

BREAKING OF THE BREAD

Officiant: Creator of all, you gave us golden fields of wheat, whose many grains we have gathered and made into this one bread.

All: So may your Church be gathered from the ends of the earth into your kingdom.

Officiant: The gifts of God for the people of God.

All: Thanks be to God.

PRAYER FOR SPIRITUAL COMMUNION

Officiant: With those joining us online, I will lead the Prayer for Spiritual Communion: In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, O Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come.

All: Amen.

ENGLISH (repeat twice)

We are all one in Christ, we are one body,
all one people out of many.

We are all one in Christ, we are one body,
all one people out of many.

There is one God, and only one Lord;
there is one faith, one holy love.

There is one baptism; there is one Spirit,
who is God the comforter.

SPANISH

Somos uno en Cristo, somos uno.

Somos uno, uno solo.

Somos uno en Cristo, somos uno.

Somos uno, uno solo.

Un solo Dios, un solo Señor,
una sola fe, un solo amor.

Un solo bautismo, un solo Espíritu,
y ese es el consolador.

Just a Closer Walk with Thee

ELW 697

Refrain

Just a closer walk with thee,
grant it, Jesus, is my plea;
daily walking close to thee,
let it be, dear Lord, let it be.

I am weak but thou art strong:
Jesus, keep me from all wrong;
I'll be satisfied as long
as I walk, let me walk close to thee. **Refrain**

Through this world of toil and snares,
if I falter, Lord, who cares?
Who with me my burden shares?
None but thee, dear Lord, none but thee. **Refrain**

When my feeble life is o'er,
time for me will be no more;
guide me gently, safely o'er
to thy kingdom shore, to thy shore. **Refrain**

PRAYER AFTER COMMUNION

Officiant: Living God, in this sacrament we have shared in your eternal kingdom. May we who taste this mystery forever serve you in faith, hope, and love. We ask this in the name of Jesus Christ the Lord.

All: Amen.

DOXOLOGY

Officiant: Glory to God

All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Officiant: *and the blessing...*

ANNOUNCEMENTS

Blessing Song:

**May the Lord rejoice with you,
may the Lord bless you,
and make his face to shine upon you,
the God of Heaven loves you.**

SENDING HYMN

Let Streams of Living Justice

ELW 710

**Let streams of living justice
flow down upon the earth;
give freedom's light to captives,
let all the poor have worth.**

**The hungry's hands are pleading,
the workers claim their rights,
the mourners long for laughter,
the blinded seek for sight.**

**Make liberty a beacon,
strike down the iron pow'r;
abolish ancient vengeance:
proclaim your people's hour.**

**For healing of the nations,
for peace that will not end,
for love that makes us lovers,
God grant us grace to mend.**

**Weave our varied gifts together;
knit our lives as they are spun;
on your loom of time enroll us
till our thread of life is run.**

**O great weaver of our fabric,
bind church and world in one;
dye our texture with your radiance,
light our colors with your sun.**

**Your city's built to music;
we are the stones you seek;
your harmony is language;
we are the words you speak.**

**Our faith we find in service,
our hope in others' dreams,
our love in hand of neighbor;
our homeland brightly gleams.**

**Inscribe our hearts with justice;
your way--the path untried;
your truth--the heart of stranger;
your life--the Crucified.**

DISMISSAL

LM: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

Join us for refreshments in the courtyard for fellowship after the 9:30 a.m. service.

Readings for Next Sunday, July 21st, 2024

Jeremiah 23:1-6; Psalm 23; Ephesians 1:3-14; Mark 6:14-29

Credits:

All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-728801

Readings from the New Revised Standard Version of the Bible

Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use.

Image "Pilgrim bound by staff and faith, rest thy bones", from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN.

Please pray this week for:

- St. James, Manotick; The Reverend John Holgate.
- The Carlington Health Centre and the Carlington Chaplaincy.

Sharing in our liturgical ministry today at 8:00 am:

Sidesperson: Ken McMillan

Readers: Sylvia Shortliffe

Liturgical Min: John Merritt

Sharing in our liturgical ministry today at 9:30 am:

Sidespeople: Elizabeth Harris and Chris Kirch

Readers: Toni Larsen and Peter Robertson

Intercessor: Patricia Bays

Liturgical Min: Sandra Coultish

Euch. Mins: Sharon Chop and Larrie Broome

Servers:

Hospitality: Linda Phillips, Katy Burnett and Chris Helleur

CORNERSTONE PRINCETON FOOD DRIVE

We are looking for food, pasta, noodles, rice, canned sauces, veggies, beans. Please help us collect non-perishable foods for our Cornerstone Princeton for the month of July. This food drive serves housing and services to women and gender diverse individuals who need moderate support. The women who live in Ottawa's west end are transitioning out of crisis, but still need some help living in the community.

Princeton is home to our unique Indigenous and Cultural Services Program, which supports the more than 20% of Indigenous residents.

Please help support Princeton in providing nutritious foods.

DROP-OFF LOCATION:

373 Princeton Avenue, Ottawa, ON K2A 4E1

Saints Alive

Weekly News from All Saints' Westboro
July 8st – July 13th

This Week

Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	1:00 pm to 4:00 pm		Food Bank
Wednesday	9:30 am	Quilters	Room 7/8
	10:00 am to 2:00 pm		New-to-You Shop
	10:30 am	Eucharist	Church
Thursday	4:00 pm to 7:00 pm		Food Bank
Saturday	10:00 am to 2:00 pm		New-to-You Shop

Upcoming Events

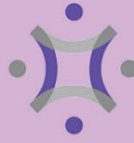
Women's Breakfast - we meet on Monday, July 15th at 9:00 a.m. (notice time change) at Café 1274 on Carling Avenue. See you there!

Children's Summer Church - As the days get warmer and school lets out, the children at All Saints' are invited to continue to explore God's love and Jesus' ministry every Sunday at 9:30am. We will be exploring Agape love, Baptism, Eucharist and prayer, through story, wondering, song and creativity. We hope that your children ages 3-12 will join us on Sunday.

ASW Summer Social Swirl - Join us on **Tuesday, July 23rd** as we go by car to Whitehouse Nursery and Display Gardens. Have a look at perennial flowers at their height of beauty, and browse through the artists' market. Artists on site include Glass Art (Chris Van Zanten); Stained glass mosaic art (Cindy Laneville); Klay Kreations (Karen Kurtzrock); Stonework and ironworks (Colin Logan); Natural Wood Creations (David Card). We meet in the church parking lot and leave for the gardens at 9:30. By 12:30, we will be having lunch at the Ashton Pub (formerly the Ashton train station). Register by calling the office or **familyrobertson1201@gmail.com** Let us know whether you need a ride or can offer a ride, and whether you will want a reservation for lunch on or before Friday, July 19th.

Reading Circle Annual Pot Luck Dinner – July 24th 6:00 pm Room 5/6

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For Women*



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+ Art
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WESTBORO**



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cornerstonewomen.ca**

**SATURDAY, JULY 20, 2024
12PM - 4PM**

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