



All Saints' Anglican Church, Westboro
347 Richmond Road
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All Saints' Westboro



Fifth Sunday after the Epiphany

February 4th, 2024

8:00 am—Said Eucharist

9:30 am—Sung Eucharist

Wednesday (February 7, 2024)

10:30 am—Said Eucharist

The Ven. Kathryn Otley
The Rev. Chung Yan Lam
Music: Keegan Lazarus

Order of Service

Land Acknowledgement

Processional Hymn **Praise My Soul** **CP 381**

Children's Talk

Collect of the Day

First Reading

Isaiah 40:21-31

Psalm

Ps 147:1-12, 21c

Second Reading

1 Corinthians 9:16-23

Gradual Hymn **Amazing Grace** **CP 352**

Gospel Reading

Mark 1:29-39

Homily

The Apostles' Creed

Prayers of Intercession

Confession and Forgiveness

Peace (*share a sign of peace while respecting individual preferences.*)

Offertory Hymn **Eye Has Not Seen, Ear Has Not Heard**

CP 548

Offering Prayer

Eucharistic Prayer

Holy, Holy, Holy

The Lord's Prayer

Prayer For Spiritual Communion

*Rice wafers are available. Receiving in one kind is receiving the fullness of God's grace. The Common Cup is available for those who wish to receive it. **Please Note: Intinction is not allowed.***

Communion Hymn **Just As I Am, without One Plea** **CP 615**

Prayer After Communion

Blessing

Announcements

Sending Hymn **To God Be The Glory** **CP 371**

Dismissal

Please join us for refreshments in the hall following the 9:30 am service.

Readings for Next Sunday, February 11th, 2024

2 Kings 2:1-12; Psalm 50:1-6;

2 Corinthians 4:3-6; Mark 9:2-9

Please pray this week for:

- The Parish of Kanata North
- The patients, doctors, nurses, and support staff of the Ottawa Hospital Civic Campus and the Royal Ottawa Hospital.

Sharing in our liturgical ministry today at 8:00 am:

Sidesperson: Ken McMillan
Readers: Sylvia Shortliffe and Michael Norman
Liturgical Min: John Merritt

Sharing in our liturgical ministry today at 9:30 am:

Sidespeople: Brian Morton and Joanne Rowlinson
Readers: Patricia and Eric Bays
Intercessor: Janet Allingham
Liturgical Min: Steve Sibbald
Euch. Mins: Elizabeth Harris and Gaétan Haché
Servers:
Sunday School:
Hospitality: Susan Garnham

Credits:

All Saints Anglican Church Westboro's Church CCLI License Number is 11196799 and One License Number is A-728801

Readings from the New Revised Standard Version of the Bible

Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use.

Front cover photo by Van Dyck, Anthony, 1599-1641. Healing of the Paralytic, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN.

<https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=56413>

The flowers decorating the Church to the Glory of God and in loving memory of:

Jim Bocking, Winnie and Joe Harmer, Alma and James Bocking,
Thomas Bocking by Joanne Bocking

**Weekly News from All Saints' Westboro
February 5th – February 10th**

This Week

Mon	10:00 am to 1:00 pm		Food Bank
Tue	1:00 pm to 4:00 pm		Food Bank
Wed	9:30 am	Quilters	Room 7/8
	10:00 am to 2:00 pm		New-to-You Shop
	10:30 am	Eucharist	Church
Thu	1:00 pm to 3:00 pm	Choir Practice	Church
	4:00 pm to 7:00 pm		Food Bank
Sat	10:00 am to 2:00 pm		New-to-You Shop

Upcoming Events

TODAY Jazz Vespers on at 4:30 pm in the sanctuary. Mike Tremblay, saxophone; Tom McMahon, baliset; Mark Rehder, drums.

Men's Breakfast will gather on Tuesday, February 6th, 8:15 a.m. at Allo! Mon Coco (1377 Woodroffe Ave). All are welcome.

Tea and Conversation – caring circle for grief and loss. Tuesday, February 6th, at 2:00 pm in Rm5/6 (monthly first Tuesdays). Theme for this week is poetry, Bible passages, and other forms of art as tools for comfort. Facilitated by Rev. Chung Yan.

Bible on Tap - Wednesday, February 7th at 7:00 pm at Westboro Legion, upper floor. If you would like to join Chung Yan in the discussion of the Gospel of Mark according to the First Nations translation.

Shrove Tuesday Pancake Supper - Tuesday, February 13th, at 5:00 pm, in Steacy Hall. Join us for delicious food and warm fellowship. This year First United will be cooking and an activities table will be available for children. There will be a freewill offering.

Preparation of ashes – please bring palm crosses from last year to be used on Shrove Tuesday during supper in the Courtyard. Join Chung Yan for the liturgy to prepare the ashes for Ash Wednesday services.

Ash Wednesday Services - Wednesday, February 14th, at 10:30 am at 7:00 pm in the sanctuary with the imposition of ashes.

The Youth Dinner - on Wednesday, February 14 at 5:30 in Steacy Hall. Menu is vegetarian enchiladas (as it is Ash Wednesday) and chocolate cake (as it is Valentine's Day). Bring comfortable shoes for running around and a favourite board game for after dinner. There will also be an opportunity to receive ashes in the Sanctuary. As usual, pick up time is 7:30. **Confirm with Julie Newlands by Monday, February 12, if coming for dinner.**

Chocolat for Lent – Lenten book study with Kathryn will begin on February 13 (Ash Wednesday) at 7:00 pm in Rm 7/8 with the viewing of the movie *Chocolat*. If you would like to join, please contact Parish Office for copies of the book.

Annual Vestry Meeting

Sunday, February 25th - immediately after worship service.