

Summer Outing to Almonte!

**4**

Women's Breakfast Group off to Almonte

We don't just get together for breakfast, under the leadership of several participants, the Women's Breakfast Group has organized several outings for the summer.

6

A word on "Our Capacity to Love"

The Reverend John Baycroft shares generously with us a sermon from the past which carries the same encouragement for us to love one another.

3

Kitchen Renovations

Updates from the Joint Property Committee

5

Welcome Kathryn as New Rector!

The Venerable Kathryn Otley joins All Saints' as new incumbent.





Thank you from Helen Norman

After five and a half years, of serving as your Parish Administrator, I've made the difficult and well considered decision to retire from my position.

When I started (in December 2017), I had no idea how much I would learn about the church, about running an office, about transitions, about you all lovely folk, and especially about myself. So many things have happened in such a short period of time, and we got through them and learned from them together.

I want to thank Chris, Simone, and Chung Yan for being kind, helpful, and understanding bosses. And I want to thank all of the staff and congregation at All Saints' for working with me to get so many things done over the years, particularly during the COVID years, when everything was unknown and challenging.

I look forward to continuing to be an active member of All Saints' (as a parishioner this time) and to work with you all in

learning about and working to grow this wonderful parish!

Finally, I hope you will join me in welcoming my successor, Iryna. I'm confident that she will be a welcome addition to the Parish Office. She is very bright and personable, and is already learning what she needs to know.

Thank you so much for the wonderful sendoff and I look forward to seeing you on Sundays!

With love and blessings,

Helen Norman (retired Parish Administrator)



Confirmation Class

We are ready to start Confirmation Class again at All Saints'!

Anyone who is above 14 years old are invited to consider joining us for exploring more of our faith journeys. the various aspects of being a Christian and the Anglican tradition.

With discussions and encounters, we will begin our learning with Luther's Small Catechism to engage our faith with world, holding both in dialogue.

We hope to meet during Youth Dinners or at another convenient time. This will be a great opportunity for youth to deepen their faith.

For more information, please contact Rev. Chung Yan Lam or Julie Newlands.

Youth dinners started up again!



Welcome back to all youth! This year, our Youth Ministry Team will include Julie Newlands, Aaron Leach, Ashleigh Thompson, and Rev. Chung Yan.

September is almost done! We got through it – school and extra-activities!

We will continue meeting the second Wednesday of each month at 5:30 pm to 8:00 pm. We had our first dinner of the 2023/24 season on September 13, with DIY tacos lovingly supplied by Julie Newlands and team. We look forward to an exciting year of activities and

community building.

Dinners are always mindful of including vegetarian and gluten free options and join us for a friendly game of Borden Ball just to fill in extra time before going home! Next dinner is on Oct. 11! RSVP with Julie!

Kitchen Renovations

Updates from the Joint Property Committee

Last February, at a Special Vestry, the congregation approved major spending to renovate the kitchen. The plan was to have everything looking spotless for September, along with an upgraded power system that would allow the microwave in Room 5/6 to work at the same time as the kettle!

Unfortunately, the Hydro Ottawa strike that began in late June and only ended this week means the power upgrade has been delayed. Sacour Electric, our electrician, has been working hard to install the new transformers and wiring so that we will be ready on our end as soon as Hydro Ottawa begins rescheduling its delayed work. At present, we are making do with the old electric stove and the challenges in Room 5/6! Let's hope that Hydro is able to move forward with its backlog quickly as I know people want to get cooking on the new appliances as soon as possible.

The kitchen is almost done: stainless steel counters in, new stove hood in place with exhaust fan, shiny stainless steel backsplash. The new wall oven stand is in place and the microwave is on the counter. The fancy 8-burner electric stove has arrived and is being held off-site until it can be connected.

Lamar Mason



Thank you ever so much to **Julie Cross** and her team of volunteers who show up consistently to care for the community garden and to ensure it remains a beautiful space for all.

Photo of Julie and Rev. Chung Yan in the garden after Pentecost Sunday Service.



Trip to Almonte

On July 24th, a group of about 20 (mostly women, with a few men sprinkled in for flavour) took a trip to Almonte. It was one of the Summer events organized by Barb Robertson and the Women's Breakfast Club.

Our first stop was at Equator, where we enjoyed excellent coffee and treats; after which, we listened to the story of the Equator Coffee told by Craig Hall, one of the founding family members (<https://equator.ca/pages/our-story>). It was a great way to begin our day, buoyed by caffeine and an inspirational story.

Next, we made our way into town and visited the Textile Museum (<http://mvtm.ca/mvt2/>), which was opened specially for us, so we had the place to ourselves. After hearing about the history of the Textile Museum, we visited a quilting exhibit that

was all about trees and then took in the permanent collection. We naturally spent some time browsing in the gift shop, which was also open specially for us.

And then to lunch...We took over the Mill Street Crepe Company (<https://millstreetcrepecompany.com>) and had an absolutely delightful lunch! After lunch, everyone had the opportunity to explore Almonte and poke around in the numerous shops.

It was a great day, full of fun and camaraderie, and a great way to get to know each other and one of the lovely little towns on our back doorstep. If you have any suggestions for future excursions or you would like more information, please contact Barb Robertson, or the Church office.

Written by Helen Norman

Community Building Opportunities

Men's Breakfast	1 st Tuesday monthly, 8:15 a.m. at Allô! Mon Coco (College Square)
Women's Breakfast	3 rd Monday monthly, 9:30 a.m. at Cafe 1274 (Best Western, 1274 Carling Ave)
Movies with Meaning	4 th Wednesday monthly, Steacy Hall, check bulletin for details



Getting to know The Venerable Kathryn Otley -- New Rector at All Saints' Westboro

I was born in Montreal. My siblings and mother now live in Nova Scotia and Ottawa – the Maritimes are like a second home to me and I go there every summer. I love to spend time with family and friends. All three of my children and their partners live in the Ottawa area and we love playing board games together. I am an avid reader, stitcher, kayaker, camper and golfer. Madigan, Maebh and I (my dog and cat) enjoying spending time in the great outdoors.

I came to Ottawa in my twenties to attend Carleton University. I earned degrees in Classics and started a family. When my children were all in school I returned to university, this time in a

response to a different call. I was accepted as a postulant of the Anglican Diocese of Ottawa and graduated from St Paul University and ordained in 2006.

I served in an inner-city parish (St. John the Evangelist), a rural parish (Fitzroy Harbour) and a suburban parish (Christ Church Bells Corners). Each parish has taught me more about faith and community in new and different ways. I am passionate about learning from others, continuing education and sharing what I have learned in creative and innovative ways. During the COVID lockdowns I attended workshops and conferences

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Welcome to Iryna as new Parish Administrator!

Since early July, Iryna Ozbey has joined the office team at All Saints' Westboro as Parish Administrator.

Iryna comes to us with experiences in economics, graphic design, basketball coach, and a keen learner. She has a welcoming smile and a warm greeting for all who enter the Parish Office. It took her no time to become an intrinsic part of the administrative team at All Saints' and we are grateful for her dedication to

jumping on this fast-moving train of activities.

Having moved from Ukraine and Turkey, her journey to Canada and her family's settlement in Ottawa has been one of resilience. When you come to the office, take a moment to introduce yourselves, and get to know Iryna better.

Her laughter is catching and attitude positive. We are glad to have her on the team.





National Day for Truth and Reconciliation

In honour of September 30th and the focus on bringing more awareness to the history of Residential Schools in Canada, All Saints' Westboro community was intentional in our efforts.

Movies with Meaning chose a movie telling a survival story where a selfish bush pilot learns from his Inuit passenger who was suffering from tuberculosis and needed to seek medical help. It is based on a short story written by Canadian author Farley Mowat.

The evening began with bannock and Three Sister Soup ex-

actly prepared by Matthew Dumais, who is a chef and our backfill custodian. He is gifted in many ways and is Algonquin. Matt casually mentioned that there are seven different recipes of bannock that his aunt knows while he has this one recipe. It was still impressive because bannock takes work and heart to prepare well.

As we were approaching September 30, Marcie Taylor thoughtfully suggested that we put up again the Red Dress display along with an orange shirt. The visible signs of the red dresses and the orange shirt illustrates our standing in solidarity with all who continue to suffer from the impact of cultural genocide historically. At the same time, our social systems that re-

main unable to provide equal access to necessary resources for Indigenous communities. We hope that this not only brings awareness to our visitors and passerbys on Richmond Road, but it would invite them to pray for a change in the realities that befall all Indigenous Peoples.

Finally, the lovely beaded orange shirt comes from Janet Allingham who wrote an article in Crosstalk about her participation and work with the Diocesan-wide mission to walk the witness of truth and reconciliation with all our relations.

If you are wondering about a book to read, "Our Home and Treaty Land" by Ray Aldred and Matthew Anderson is a good place to start.

Written by Rev. Chung Yan Lam

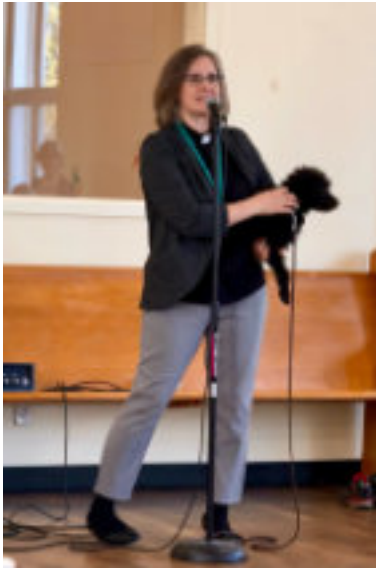


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It is my joy to serve and worship, teach and learn with you at All Saints' in the village of Westboro.

From the very beginning I felt a call to respond to human need with compassion and a helping hand up. I am a dedicated advocate for social justice issues - they are the heart of my call to serve as a Christian and my call to ordained ministry. Homelessness, Human Trafficking, Street Youth Issues, Food Justice, Anti-Racism and Reconciliation with Indigenous Peoples are particular areas of focus.

I completed the School for Parish Development in Vancouver over a two-year period and developed many skills. These include the ability to create a detailed survey and assessment of a parish. This can lead to the collaborative development of



Strategic Directions which reflect the engaged heart of the parish as it looks to the future.

Caring for the needs of the members of the parish who are shut in or suffering is one of the most fulfilling aspects of my call to ministry. A pastoral, listening presence is one of my strengths. In addition, I have training in conflict mediation, complex grief situations, palliative care response and suicide prevention.

I held a leadership role in the initiative called HELP (Heathly End of Life Planning). We assessed needs and created comprehensive programs and workshops on grieving, caring for the caregiver, estate planning and more. I look forward to sharing this and more with the parish as we serve God together in this community at this time.

Written by The Venerable Kathryn Otley

Our Social Ministries

Westboro Food Bank	Mondays	10:00 a.m. to 2:00 p.m.
	Tuesdays	1:00 p.m. to 4:00 p.m.
	Thursdays	4:00 p.m. to 7:00 p.m.
New-to-You Shop	Wednesdays	10:00 a.m. to 2:00 p.m.
	Saturdays	10:00 a.m. to 2:00 p.m.

***Donations can be dropped off during regular opening hours and Parish Office opening hours (Mon-Wed-Fri from 9 a.m. to 2 p.m.).*

Excerpts from a sermon on Humanity's Capacity to Love



The context of the sermon is at an American cathedral and a message of love between nations, especially during war and conflict.

"During World War II, on that railway which became known as the railway of death, a work detail of prisoners of war was coming to the end of their day. The Japanese guard was collecting the shovels they had been using, and his count showed one shovel missing. He demanded that the thief return the shovel. He lined up the prisoners and walked himself into a fury as he accused them of wickedness, stupidity, and ingratitude to the emperor in stealing the shovel to sell to the Thais. His rage knew no bounds when no culprit confessed. "Then all die," he shrieked, "All die!" He lifted his rifle to his shoulder, pulled back the bolt, and was ready to shoot the first person who came into his sights.

At that moment a Scottish soldier, an Argyll, stepped forward, stood to attention, and said calmly, "I did it." This brought the full violence of the guard's fury upon him. The Argyll did his best to remain at attention as the guard assaulted him. The blood streamed down his face, but he made no sound. The guard's rage increased with the prisoner's continuing silence, and he turned his rifle into a club which he brought crashing down on his victim's skull. The soldier fell, obviously dead, but the guard continued to kick the lifeless body until his energy was all gone and his fury spent.

Then the work detail carried the remains of their dead comrade back to camp where a second count of shovels showed that no shovel was missing at all.

Jesus said, "Greater love hath no man than this, that a man lay

down his life for his friends." (John 15:13)

[...] One of the lessons of war, one of the things we remember today, is that ordinary human beings are capable of quite extraordinary acts of love and sacrifice. For their brothers, for their country, and even for mankind, people can and do act in opposition to or in disregard of their own narrower interests. In this lesson we have grounds for hope. Perhaps the world can have a future. People's behaviour can be loving. Total self-giving is possible.

[...] Only unselfish, loving behaviour on the part of developed nations, and of privileged groups within all nations can bring hope to the world and begin to solve our human problems. Too often we refuse to believe that men are capable of loving their

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neighbours at any significant cost to themselves. Remembrance Day, like the Gospel, says, of course, that men can love sacrificially. Great demands bring noble responses, and much of life's meanness could be left behind if men and women were more clearly challenged to love.

[...] Affection is the kind of love which is nurtured by familiarity. Like an old pair of slippers which belong to our feet, people come to feel comfortable together. So many memories are held in common. So many ways of thinking are familiar. We can often finish each other's sentences. We hold many cultural symbols in common, and even where our symbols differ we often have at least some understanding of what they mean to each other. You can enjoy a royal wedding. We can share the thrill of hearing your National Anthem and seeing your glorious flag. I am sure Charles Buck and I respond with the same tingling of the spine when we hear the cry of a loon on a Canadian lake. We are at ease together.

Friendship is the kind of love which is nurtured by common interests and aims, and by doing things together. No wonder a war establishes such firm friendships. The range of things which nurture our friendship goes far beyond the war experience. Indeed the Canadian-American friendship is so all-pervasive, and we do so much together, that this is a constant source of anxiety to those who feel that our Canadian identity is threatened. Even our Prime Minister has compared our relationship with our great neighbour to being in bed with an elephant. Every time you turn over we are scared we shall be crushed. But our friendship is real and substantial. Friendship is the kind of love where people stand side by side and cooperate.

[...] Our cultural differences enrich us. The Prime Minister of Canada has spoken of the Commonwealth as demonstrating "to one another and to the world the advantages of our dissimilarity, the richness of our diversity, the excitement of our variety." Remarkably we do share, and I know we share this with our friends in the United States, "a belief in the value of human life" and "our dedication to the concepts of cooperation and understanding." We are committed to belief in and the quest for human equality and dignity. These bonds of affection and friendship are remarkable also when you consider our numbers. [...]

But before we get carried away with thoughts of enormous numbers and great power, I want to make my third point, which should lay to rest any suspicion that I am advocating a neo-imperialistic stance. This point also has to do with love. It relates to the essence of loving behaviour. It is distinctively Christian. Jesus said, "Unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit." That is

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Thank you, Rev. Cathy Davies

We are grateful for the love and care that Rev. Cathy Davies offered to All Saints' Westboro during our time of transition.

Rev. Cathy began her time with us immediately after Easter Sunday and it was a relief to know that we would have support quickly after Fr. Chris' retirement. It has been a solid team effort to ensure all things are cared for in the interim period until our new Rector is to be appointed.

During Rev. Cathy's last Sunday, Church Wardens Katy Burnett and Amy Castle offered to her a care basket à la All Saints' – it was filled with preserves, handicrafts, and linens that would usually fill the tables at the bazaar. We pray that God will continue to use Rev. Cathy Davies to further God's ministry on earth.



Image by Franz Bachinger from Pixabay

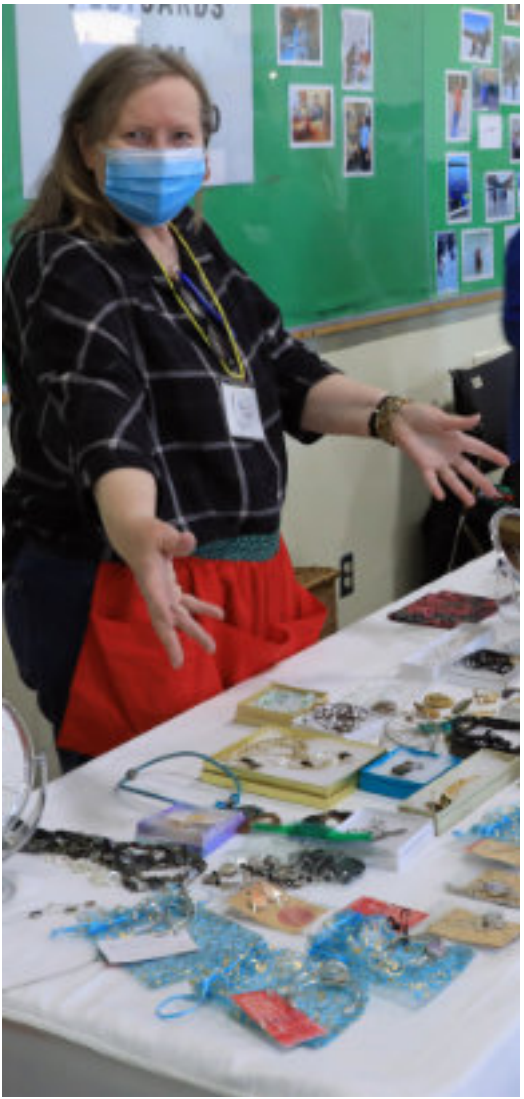
my third point. What we have to offer is precious. But if it is to bear much fruit we must let it die. [...] We are richly blessed in our traditions, our culture, our insights, and many of us are economically blessed as well. Now much is expected of those to whom much is given. So we have an obligation to make a rich contribution to the good of mankind. But if we see this obligation clearly, we must know that it cannot be fulfilled by being domineering, or imperialistic, or exploitive. Baron von Hugel spoke wisely when he said, "Help those whom you love to escape from you. What we have to give the world can only be received and bear fruit if the recipients are set free or left free. If we extend our influence, it must not be to increase

our power, but to make possible the falling of seed into the ground where it will die to be fruitful. [...] We are challenged to rise up, to give ourselves sacrificially, to fulfill our capacity to love. Finally let us bring all of this down to our personal level. How are we going to behave at home today and at work tomorrow? We are capable of self-giving love. So let us love one another. Let us rejoice in the bonds of affection and friendship. And let us not be possessive in our loving, but instead let us help those whom we love to [...] be free.

Sermon by Bishop John Baycroft (Retired)

All Saints' Westboro Worship Schedule

Sundays	8 a.m.	Said Eucharist (spoken only)
	9:30 p.m.	Sung Eucharist (with hymns), Church School, fellowship hour
Wednesdays	10:30 a.m.	Sung Eucharist (with hymns)
1 st Sunday	4:30 p.m.	Jazz Vespers (prayers and reflection with jazz music)
3 rd Sunday	4:30 p.m.	Evening Vespers (Taizé, Holden Evening Prayer, Singing Justice)



Village Fair and Bazaar

Calling all **VOLUNTEERS!**

The bazaar needs you! Do you have a couple of hours or a morning to help out at the bazaar.

Volunteers are needed:

- on the Friday morning to help Paul set up early so that tables can be dressed.
- On the Saturday, greeters are needed at the back and front doors to meet shoppers.
- Take down volunteers are needed on Saturday at 2:00 p.m.
- 2 volunteers are needed to sell tickets for coffee and lunch.
- This is a sit-down position.
- Kitchen staff are needed to plate food in Café 347. Contact Barb Roberston

- Servers are needed to serve coffee and lunch. Contact Lamar Mason
- Volunteers are needed to work on tables - Needles and Threads (crafts, knitting), One of a Kind (see below), the Food Emporium (Baking, Jams, Jellies and Preserves, Frozen Meals and Soup), Contact Sharon Chop
- Bakers are needed. Please contact Susan Garnham

“One of a Kind” Vintage/Collectibles

Shoppers are looking for special, unique or unusual items. If you have a special piece (China or crystal, pottery pieces, brass or pewter items, a music box, an elegant shawl or an unusual piece of jewellery) we would love to have them for our “One of a Kind” table. Mid century items (fondue sets, Pyrex, Corning Ware, stainless steel serving dishes) are sought after. We also welcome

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Photos from Bazaar 2022 to entice you!

We've got jams, quilts and handmade crafts, and baked goods galore. Look at the smiles of our volunteers! Don't you want to join them this year?

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tablecloths, napkins and table runners, etc. Please have items sale ready (washed, polished, ironed and in good condition - please check for holes!) and priced when dropped off at the church on Friday November 3rd. Please let Sharon know if you have items. We already have a 1950's evening bag!

Services – to – Go. Volunteers needed!

We all have talents - what are yours? This year the Bazaar will include services that parishioners can offer to others. Several have already been donated. What could you add to the list? This is a perfect opportunity to share something that you're good at and enjoy! What talent can you share:

- A few hours of garden or yard work?
- A decorated cake or cup cakes for a birthday or other special occasion?
- Christmas cookies
- Tech support?
- A lasagna or other dinner?
- A cardmaking or other workshop?
- Teach a chair or other exercise session?

- Car wash
- The ideas are limitless!

Timing for the service will be worked out between purchasers and providers. All you have to do is contact Sharon Chop 613-729-2008 or s.j.chop@gmail.com, Diane Bays 613-729-5098 or dianebays@gmail.com or the ASW church office to let us know what service that you'd be willing to offer. Gift certificates are also welcome. Do you frequent a business that might donate a gift certificate? Just ask!

November Bazaar and Café 347

For this year's bazaar, the Snowflake Café has morphed into Café 347. But we will still need lots of volunteers! We will be offering coffee/tea and coffee cake from 9 a.m. to 11:00 a.m. and then serving lunch until about 2 p.m. If you can volunteer an hour or more of your time to serve or would like to donate a coffee cake to the café, please contact Lamar Mason at lamarmason4@gmail.com or 613-221-9188. Thank you in advance!



Women's Retreat

November 17-19, 2023

Galilee Retreat Centre, Arnprior

\$200 per participant, include meals, linen and bedding; carpool can be arranged.

"With a Prayerful Heart."

We need time away to focus on our relationship with God -- prayer is one way to help build our relationship with the Creator.

We will take this weekend to explore various approaches and methods of prayer, basing our discussions on Scripture, experiential learning, and practice, practice, practice. We will take time to explore the various prayers included in worship and the key aspects of each one. Our hope is that at the end of the weekend, everyone will have a toolbox for the gift of prayer.

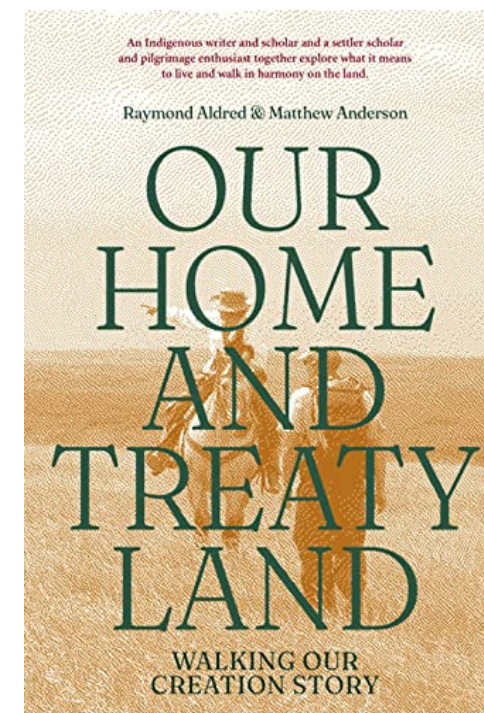
Most importantly, we hope that it will be a quiet time away from the busyness of life. In the stillness of the storm, like Elijah, we will hear the voice of God.

For more information, contact Rev. Chung Yan at lam@allsaintswestboro.com..

Register before Oct 17! <https://withaprayefulheart.rsvpify.com>

An Evening with Ray Aldred and Matthew Anderson

Wednesday, October 25, 7:00 p.m. (online event)



Join us for an evening of sharing from Rev. Dr. Ray Aldred and Rev. Dr. Matthew Anderson, the co-authors of "Our Home and Treaty Land."

The Christian Council of the Capital Area has completed a 5-session study series of this book and this symposium is the spotlight event to hear from Ray and Matthew, updates since the writing of book, and other insights they have had since its publication.

Participants are invited to submit questions before the symposium to Ray and Matthew in anticipation of the Question and Answer portion of the event.

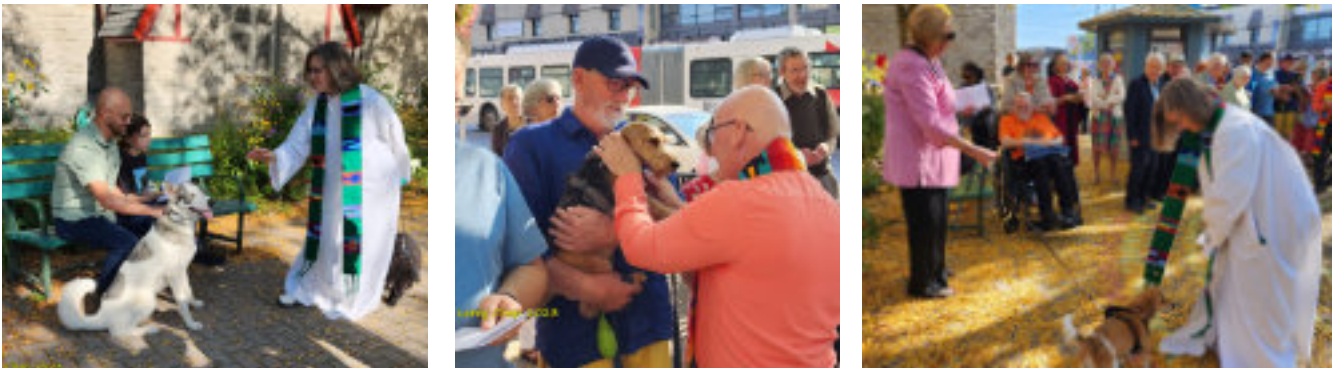
Register here!



<https://OurHomeandTreatyLand.rsvpify.com>

Dates to Remember

October 19	ADO Synod Eucharist (Christ Church Cathedral)
October 20 - 21	ADO Synod Gathering (St. Elias Conference Centre)
October 25	Meet the Authors - “Our Home and Treaty Land”
October 27	Pumpkin Carving Event (First United Church)
October 29	Reformation Sunday
November 4	All Saints’ Westboro Village Fair and Bazaar
November 5	Jazz Vespers (All Saints’ Westboro)
November 11	Remembrance Day; Ceremony organized by Westboro Legion
November 17-19	Women’s Retreat (Galilee Retreat Centre)
November 25	BIA - Light up the Village (Courtyard)
December 3	Feast of Saint Nicholas Event (Advent 1), PAL Hour - Steacy Hall



The Blessing of Animals

Hymn: O God, Your Creatures Fill the Earth

O God, your creatures fill the earth
with wonder and delight,
And every living thing has worth
and beauty in your sight.
So playful dolphins dance and swim;
Your sheep bow down and graze.
Your songbirds share a morning hymn
To offer you their praise.

You made the pets we welcome in —
They're wondrous blessings, too.
With paws and whiskers, wings and fins,
They offer praise to you.
O Lord, you call us to embrace
These creatures in our care.
May we show kindness, love and grace
To all pets everywhere.

You made the creatures on each farm;
You know the things they need.
May they grow healthy, safe from harm,
And safe from human greed.
Just as a shepherd loves the sheep,
You know their joy, their pain.
Lord, bless the animals we keep;
May all farms be humane.

Your creatures live in every land;
They fill the sky and sea.
O Lord, you give us your command
To love them tenderly.
We're called to have dominion here —
To care for them always.
By loving creatures you hold dear,
We offer you our praise.



Search and Recruitment: Job Posting

Job Title:	All Saints’ Westboro Coordinator of Children and Youth Ministries
Position reports to:	Rector
Salary range:	\$20/hr (negotiable based on experience)
Employment status:	20 hours weekly (average)
Start date:	immediately

Position Overview:
Responsible for children and youth ministry including curriculum development, preparing resource kits, recruiting and supporting volunteer team, organizing special events and ensuring that resources are organized and stocked.

- Skills, Experience required**
- Experience working with children and youth
 - Experience working with volunteers
 - Knowledge of the Anglican Church of Canada
 - Theological training is preferred and an asset
 - Proficient in Microsoft Office programs and Google tools
 - Strong verbal and written communication skills
 - Proven ability to work as part of a team

2023 SEASON OF CREATION PRAYER



Creator of All,

From your communion of love life sprung forth like a mighty river and the whole cosmos came into being.

On this Earth of overflowing love, the Word was made flesh and went forth with the life-giving waters proclaiming peace and justice for all creation.

You called human beings to till and keep your garden. You placed us into right relationship with each creature, but we failed to listen to the cries of the Earth and the cries of the most vulnerable. We broke with the flowing communion of love and sinned against you by not safeguarding the conditions for life.

We lament the loss of our fellow species and their habitats, we grieve the loss of human cultures, along with the lives and livelihoods that have been displaced or perished, and we ache at the sight of an economy of death, war and violence that we have inflicted on ourselves and on the Earth.

Open our ears to your creative, reconciling and sustaining Word that calls to us through the book of Scripture and the book of creation. Bless us once again with your life-giving waters so that the Creator Spirit may let justice and peace flow in our hearts and overflow into all creation.

Open our hearts to receive the living waters of God's justice and peace, and to share it with our suffering brothers and sisters, all creatures around us, and all creation. Bless us to walk together with all people of good will so that the many streams of the living waters of God's justice and peace may become a mighty river all over the Earth.

In the name of the One who came to proclaim good news to all creation, Jesus Christ.

