

All Saints' Anglican Church, Westboro  
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## All Saints' Westboro



*Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;" - Isaiah  
Photo by Helen Norman*

### **Fifth Sunday after Epiphany**

**February 5<sup>th</sup>, 2023**

**8:00 am—Said Eucharist**

**9:30 am—Sung Eucharist**

**Wednesday (February 8<sup>th</sup>) 10:30 am—Said Eucharist**

The Ven. Christopher Dunn

The Rev. Chung Yan Lam

The Rev. Deacon Jarrett Carty

Music: Edith Troup

Children and Youth: Linda Lord

*The wearing of masks is strongly encouraged.*

*Please Note: The 9:30 service is being broadcast on Zoom and recorded; if you attend in-person you may appear on camera and in the recording.*

Officiant: Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin people, the traditional stewards of the lands and waters on which we meet.

**All: May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.**

Opening Hymn: **Here in This Place New Light #465**

**Here in this place new light is streaming;  
now is the darkness vanished away.  
See in this space our fears and our dreamings,  
brought here to you in the light of this day.  
Gather us in—the lost and forsaken;  
gather us in—the blind and the lame;  
call to us now, and we shall awaken;  
we shall arise at the sound of our name.**

**We are the young—our lives are a mystery;  
we are the old—who yearn for your face.  
We have been sung throughout all of history,  
called to be light to the whole human race.  
Gather us in—the rich and the haughty;  
gather us in—the proud and the strong;  
give us a heart so meek and so lowly;  
give us the courage to enter the song.**

**Here we will take the wine and the water;  
here we will take the bread of new birth.  
Here you shall call your sons and your daughters,  
call us anew to be salt for the earth.  
Give us to drink the wine of compassion;  
give us to eat the bread that is you;  
nourish us well, and teach us to fashion  
lives that are holy and hearts that are true.**

**Not in the dark of buildings confining,  
not in some heaven, light years away,  
but here in this place the new light is shining;  
now is the kingdom, now is the day.  
Gather us in and hold us forever;  
gather us in and make us your own;  
gather us in—all peoples together,  
fire of love in our flesh and our bone.**

### **Children's Talk**

*(Please send the children to the front during the last verse of the Opening Hymn. After the Children's Talk, the children will proceed to Church School.)*

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**All: And also with you.**

Officiant: Jesus proclaims, "You are the light of the world."

**All: Thanks be to God.**

Officiant: Almighty God,

**All: to you all hearts are open, all desires known,  
and from you no secrets are hidden. Cleanse  
the thoughts of our hearts by the inspiration of  
your Holy Spirit, that we may perfectly love you,  
and worthily magnify your holy name; through  
Christ our Lord. Amen.**

Officiant: God of Israel, giver of love's law:

**All: liberate us from all that numbs compassion, so  
that we may find in your commands light  
undimmed and flavour undiminished; through  
Jesus Christ, fulfiller of the law. Amen.**

### **The First Reading is from Isaiah (58:1-9a)**

Shout out, do not hold back! Lift up your voice like a trumpet!  
Announce to my people their rebellion, to the house of Jacob  
their sins. Yet day after day they seek me and delight to know  
my ways, as if they were a nation that practiced righteousness

and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

Reader: Holy Word, Holy Wisdom.

**All: Thanks be to God.**

**Psalm 112: 1-9**

**(Tune #7)**

**How blest are those who fear the Lord  
and greatly love God's holy will.**

**Their children share their great reward,  
and blessings all their days shall fill.**

**Abounding wealth shall bless their home,  
their righteousness fore'er endure.**

**To them shall light arise in gloom,  
for they are merciful and pure.**

**The people who befriend the weak  
in justice shall their cause maintain.**

**True peace shall their whole life attend,  
and long their memory shall remain.**

**By evil tidings not dismayed,  
the righteous trust in God alone.  
Their heart is steadfast, unafraid,  
for they shall see their foes o'erthrown.**

**Dispersing gifts among the poor,  
the righteous for their needs provide.  
Their righteousness shall thus endure;  
their strength in honour shall abide.**

**Psalm 112:1-9**

**(Read together at 8:00 am, Sun. and 10:30 am, Wed.)**

*Hallelujah! Happy are they who fear the Lord and have great delight in the divine commandments! Their descendants will be mighty in the land; the generation of the upright will be blessed. Wealth and riches will be in their house, and their righteousness will last for ever. Light shines in the darkness for the upright; the righteous are merciful and full of compassion. It is good for them to be generous in lending and to manage their affairs with justice. For they will never be shaken; the righteous will be kept in everlasting remembrance. They will not be afraid of any evil rumours; their heart is right; they put their trust in the Lord. Their heart is established and will not shrink, until they see their desire upon their enemies. They have given freely to the poor, and their righteousness stands fast for ever; they will hold up their head with honour.*

**The Second Reading is from 1 Corinthians (2:1-12)**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are

doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader: Holy Word, Holy Wisdom.

**All: Thanks be to God.**

Gradual Hymn: **This Little Light of Mine**

**This little light of mine, I'm gonna let it shine (x3)  
let it shine, let it shine, let it shine,**

**Everywhere I go, I'm gonna let it shine (x3)  
let it shine, let it shine, let it shine.**

**Jesus gave it to me, I'm gonna let it shine (x3)  
let it shine, let it shine, let it shine.**

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew (5: 13-20)

**All: Glory to you, Lord Jesus Christ.**

*(read in French)*

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the

house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

Reflection: Donna Rourke (Youth Internship Program)

Officiant: Let us make an affirmation of faith, as we say,

**All: I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **Prayers of the People**

One: Called together to follow Jesus, we pray for the church, the world, and all in need. Call your people

to seek your wisdom in difficult conversations and action. Give the church everywhere courage to repent for the ways we have tolerated and practised injustice where the humanity of the exploited are ignored. With the Ecumenical Prayer Cycle, we pray for the people and the concerns of Andorra, Italy, Malta, Portugal, San Marino, Spain, and the Vatican City. Merciful God,

**All: receive our prayer.**

One: Inspire our wonder at creation, from the light of dawn to the beauty of the dark night. Sustain the unseen depths of the ocean to the plants and animals we know well. Bring healing to lands and communities experiencing natural disasters, especially Australia, New Zealand, Philippines, Belarus, Indonesia, Croatia, Hungary, Brazil, The United States, Canada, Afghanistan, Madagascar, Sudan, Cambodia, China, Nigeria, and other countries we name aloud. . . . Merciful God,

**All: receive our prayer.**

One: Instruct the powerful in your ways. Provide upright leadership in business and industry, that workers are not oppressed. Throughout the world, inspire voters and raise up politicians to heed your call for nations to practise righteousness. Grant compassionate hearts and listening spirits to be the guiding strengths to discern approaches for the common good and dignity for all in society. May we all learn to see each other as community rather than commodity. Merciful God,

**All: receive our prayer.**

One: Loosen the bonds of injustice in our midst. Grant peace to endless quarrels, put an end to hunger, and break every yoke of oppression. Shelter all who flee abuse in their homes or violence in their communities. Satisfy those afflicted in any way,



especially Ukraine, Palestine, Israel, Mexico, Venezuela, Afghanistan, Pakistan, India, Taiwan, Myanmar, Syria, Iraq, Lebanon, Egypt, Libya, Yemen, Iran, Nigeria, Mali, Democratic Republic of Congo, South Sudan, Somalia, Ethiopia, and other countries we name now. . . . Merciful God,

**All: receive our prayer.**

One: Shape our congregation to be salt for the earth. Give us delight in your commandments, that we are generous with those in need. Make us steadfast in our trust in you, ready with tangible mercy and compassion for our neighbours. We pray for all leaders in our worldwide church, especially in Canada for Linda, our Primate; Anne, our Metropolitan; Christopher, our National Indigenous Bishop; and Shane, our Bishop. We pray also for Chris, Chung Yan, and Jarrett, our clergy; and Brian, pastor of First United. Merciful God,

**All: receive our prayer.**

One: We lift up in prayer all those in need, including:

**All: Cheryl** (McTeer); **Randy** (Brown); **Shari** (Rathwell); **Viola** (Martin); **Peter** (Frazier); **Michael** (Frazier); **Alana** (Andrews); **Kevin** (Andrews); **Thelma** (Mills); **Brian** (O'Connor); **Emily** (Sibbald); **Michael** (Lundy); **Grace** (Henkel); **Karen** (Henkel); **Peter** (Carr); **Cinde** (Coke); **Linda** (Tremblay); **David** (Knowles); **Susan** (Stewart); **Mary** (Hume, Sr.); **David** (Nador); **Véronique** (Savard); **Sylvia** (Kurata); **Carol** (Raoult); **Jadwiga** (Krakowiak)

One: and for those whom we name, silently or aloud. . . . Merciful God,

**All: receive our prayer.**

One: As we join our prayers with the great company of saints who have gone before us, we remember all who have died or will be finishing their earthly

pilgrimages this day, holding their loved ones with care and compassion; and those whom we name silently or aloud. . . . As we ended the month of January, remembering the loss during the Holocaust and the Quebec City Mosque Attack, we enter the month of February, ignited to celebrate the contributions of Black communities within Canada, both historically and currently. Give us resilience and perseverance to stay on the path to reconciliation by honouring each others' stories. Merciful God,

**All: receive our prayer.**

One: The cross and resurrection bring redemption from sin and death. We praise you for the Martyrs of Japan and all whose unshaken faith in Christ shines forth in their witness. Keep them in our remembrance and bring us with them into the kingdom of heaven. Merciful God,

**All: receive our prayer.**

One: We bring to you our needs and hopes, O God, trusting your wisdom and power revealed in Christ crucified.

**All: Amen.**

Officiant: Dear friends in Christ, God is steadfast in love and infinite in mercy. God welcomes sinners and invites us to the table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept*

Officiant: Most merciful God,

**All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For**

**the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Officiant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Christ our Lord.

**All: Amen.**

Officiant: The peace of the Lord be always with you.

**All: And also with you.**

*Share a sign of peace with others around you by bowing or waving.*

Offertory Hymn: **A Little Bit of Salt**

*(Words by Caroyl Winfrey Gillette; Tune: #348)*

**A little bit of salt will quickly show its worth;  
A little bit of faithfulness will change the earth.  
God, make us worth our salt—a church that's glad to be  
the change that you desire in each community.**

**A lamp that's in a house gives safety, warmth, and light;  
it's set upon a table where it shines so bright.  
God, make your church a light that bravely takes a stand  
to bring your love and justice into all the land.**

**A garden is a place where so much beauty grows,  
where flowers bloom and food is raised and water flows.  
When worship leads us out to care for the oppressed,  
O God, you say we're like a garden at its best.  
When worship leads us out to love and serve the poor,  
to welcome in the refugee at our own door,  
O God, then we'll be called "repairers of the breach,"  
And we your church will be "restorers of the streets."**

Officiant: God of compassion and forgiveness,

**All: receive our offering this day, and make us one  
with him who is our peace, Jesus Christ our  
Saviour. Amen**

Officiant: The Lord be with you.

**All: And also with you.**

Officiant: Lift up your hearts.

**All: We lift them to the Lord.**

Officiant: Let us give thanks to the Lord our God.

**All: It is right to give our thanks and praise.**

Officiant: Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world. When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore, we raise our voices with angels and archangels, forever praising you and singing:

**All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

**#732 Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Officiant: Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

**All: Restore us, O God, let your face shine!**

Officiant: At the right time you sent your Anointed One to stand with the poor, the outcast, and the

oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love. On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

**All: Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.**

Officiant: Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love.

**All: Restore us, O God, let your face shine!**

Officiant: Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever.

**All: Amen.**

Officiant: And now, as our Saviour Christ has taught us, we sing,

**All:** Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power and the glory are yours now and for ever. Amen.

Officiant: "I am the bread which has come down from heaven," says the Lord.

**All:** Give us this bread for ever.

Officiant: "I am the vine, you are the branches."

**All:** May we dwell in him, as he lives in us.

Officiant: The gifts of God for the people of God.

**All:** Thanks be to God.

*If you are unable to receive the wheat wafer, a rice wafer is available. While it is fully sufficient to receive in one kind, just the bread, the Common Cup is available for those who wish to receive. **Please Note: Intinction is not allowed.***

### *Choral Interlude*

Officiant: Eternal God,

**All:** in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. Amen.

Officiant: Glory to God,

**All:** whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Officiant: Jesus said, let your light shine before others,

**All:** so that they may see your good works and give glory to your Father in heaven.

Officiant: And the blessing . . . .

*Announcements*

Blessing Song:

**May the Lord rejoice with you, may the Lord  
bless you, and make His face to shine upon  
you, the God of Heaven loves you.**

Closing Hymn: **You Are Salt for the Earth**

**#502**

**You are salt for the earth, O people:  
salt for the kingdom of God!  
Share the flavour of life, O people:  
life in the kingdom of God!**

*Refrain*

*Bring forth the kingdom of mercy,  
bring forth the kingdom of peace;  
bring forth the kingdom of justice,  
bring forth the city of God!*

**You are a light on the hill, O people:  
light for the city of God!  
Shine so holy and bright, O people:  
shine for the kingdom of God!**

**You are a seed of the Word, O people:  
bring forth the kingdom of God!  
Seeds of mercy and seeds of justice  
grow in the kingdom of God!**

*Refrain*

**We are a blest and a pilgrim people  
bound for the kingdom of God!  
Love our journey and love our homeland:  
love is the kingdom of God!**

*Refrain*

**DM:** Go in peace to love and serve the Lord.

**All:** Thanks be to God.

**Readings for Next Sunday, February 12<sup>th</sup>, 2023**

Deuteronomy 30:15-20; Psalm 119:1-8;

1 Corinthians 3:1-9; Matthew 5:21-37

**Sharing in our liturgical ministry today at 8:00 am:**

Greeter: Ken McMillan  
Reader: Sylvia Shortliffe and Michael Norman  
Server: John Merritt

**Sharing in our liturgical ministry today at 9:30 am:**

Greeters: Linda Phillips and Larry Broome  
Readers: Harry, Lucy, and Deborah  
Intercessor: Prepared by The Rev. Chung Yan  
Read by Hannah  
Diac. Minister: Steve Sibbald  
Euch. Ministers: Ann Haché and Laurie Jamieson  
Servers: Hannah, Lucy, and Harry  
Hospitality: Linda Phillips, Katy Burnett, Peter Cormier,  
and Chris Helleur

*Credits:*

*Opening and closing sentences from Feasting on the Word Worship Companion,*

*Liturgies from Year A, Volume 1, © 2012 Westminster John Knox Press*

*Collect from Prayers for an Inclusive Church (2009) alt.*

*Readings from the New Revised Standard Version of the Bible*

*Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use.*

*All Saints Anglican Church Westboro's Church CCLI License Number is 11196799*

*All Saints Anglican Church Westboro's Church One License Number is A-728801*





# Saints Alive!

Weekly News from All Saints' Westboro  
Fifth Sunday after Epiphany February 5<sup>th</sup>, 2023

## This Week

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<b>Today</b>	<b>11:15 am</b>	<b>PAL hour</b>	<b>Chapel</b>
	<b>1:15 pm</b>	<b>Choir practice</b>	<b>Chapel</b>
	<b>4:30 pm</b>	<b>Jazz Vespers</b>	<b>Church</b>
Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	8:15 am	Men's Breakfast	Restaurant
	1:00 to 4:00 pm		Food Bank
Wednesday	10:00 am to 2:00 pm		New-to-You Shop
	9:00 am	Quilters	Rm 7/8
	10:30 am	Eucharist	Church
	5:30 pm	Youth Dinner	Steady
	7:30 pm	Reading Circle	Chapel
Thursday	1:00 to 3:00 pm	Choir practice	Church
	4:00 to 7:00 pm		Food Bank
	4:30 to 5:30 pm	Centering Prayer	Chapel
Saturday	10:00 am to 2:00 pm		New-to-You Shop

## Today

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### **PAL hour**

#### **Today, at 11:15 am, in the Chapel**

You are invited to join with Chung Yan and Julie as they gather to share plans **for Youth Activities** that are coming up

### **Practice Sessions for a Special Choir for Feb 19<sup>th</sup>**

#### **Today, at 1:15pm, in the Chapel**

Calling all music enthusiasts! We are holding practice sessions for a special choir that will support music at a Black History Month Celebration on February 19<sup>th</sup>.

### **Jazz Vespers**

#### **Today, February 5<sup>th</sup>, 2023, at 4:30 pm in the Church**

Join us at Jazz Vespers and experience the transformative power of jazz in a sacred space. This month's musicians: Peter Brown, piano, and Chris Breitner, bass.

## Upcoming Events

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### Youth dinner

#### **Wednesday, February 8<sup>th</sup>, 5:30 to 7:30 pm, Steacy Hall**

Youth in grade 5 and above are invited to join us on for Chili Enough For Ya? (chili dinner, vegan and meat based). After supper, we will be rolling up our sleeves to help move donations into the Food Bank and stack the shelves.

Please let Linda ([childrenandyouth@allsaintswestboro.com](mailto:childrenandyouth@allsaintswestboro.com)) or Julie know by Monday, February 6<sup>th</sup>, if your child(ren) is/are planning to attend.

### Reading Circle

#### **Wednesday, February 8<sup>th</sup>, at 7:30 pm, in the Chapel**

This season, we are back to meeting in person. So please join the discussion in the Chapel. The book this month is *Lessons in Chemistry* by Bonnie Garmus.

### Book Study: Gospel of John

#### **Wednesday, February 8<sup>th</sup>, 6:00 to 8:00 pm, on Zoom**

Joe O'Shields, from Saint John's (Episcopal) Cathedral in Jacksonville is offering a study of the Gospel according to John, using a book by Cynthia Briggs Kittredge called *Conversations with Scripture: The Gospel of John*, and he has invited members from ASW to join the study group. This is the second of the sessions. The rest of the classes will be on Wednesdays from February 15<sup>th</sup> to March 29<sup>th</sup> (except Ash Wednesday, February 22<sup>nd</sup>). The public link (<https://us02web.zoom.us/j/81063536320?pwd=N1ZkYThkd0F0QmZlYTZyZ2paN1dzdz09>)

and more information are on the Cathedral's website [www.jaxcathedral.org](http://www.jaxcathedral.org). For more information, please contact Helen at [office@allsaintswestboro.com](mailto:office@allsaintswestboro.com)

### Special Vestry Meeting

#### **Sunday, February 12<sup>th</sup>, at 11:15 am, in the Chapel**

We will hold a Special Vestry of All Saints' Westboro to decide on the work proposed to upgrade the Steacy Hall kitchen stoves, hood-vent, and countertops. More information will be available soon.

## **Tea and Conversation**

**Tuesday, February 14<sup>th</sup>, 2023, at 2:00 pm in Rm 5/6**

A place of quiet and support for those experiencing loss (scheduled for the second Tuesday of each month). All are welcome. Contact the office ([office@allsaintswestboro.com](mailto:office@allsaintswestboro.com)) for more information.

## **Movies with Meaning**

**Wednesday, February 15<sup>th</sup>**

**Dinner, 6:00 pm, in Steacy Hall; Movie, 7:00 pm, in Chapel**

February is Black History Month. Our movie this month will be Marshall. Thurgood Marshall was an American civil rights lawyer and jurist who served as an associate justice of the Supreme Court of the United States from 1967 until 1991. He was the Supreme Court's first African American justice. In this 2017 movie, Young Thurgood Marshall battles through one of his career-defining cases while working as a lawyer for the NAACP. Marshall travels to conservative Connecticut when wealthy socialite Eleanor Strubing accuses Black chauffeur Joseph Spell of sexual assault and attempted murder. He teams up with Sam Friedman, a local Jewish lawyer who's never handled a criminal case. Together, the two men build a defense while contending with racist and anti-Semitic views from those who deem Spell to be guilty. The cost for dinner and a movie is now \$20.00. The cost of the movie only is \$5.00 (there is not need to register for the movie only. To register for the dinner, contact Helen in the office ([office@allsaintswestboro.com](mailto:office@allsaintswestboro.com), 613-725-9487) no later than **noon on Friday, February 10<sup>th</sup>**.

## **Coldest Night of the Year Fundraising Walk**

**Saturday, February 25<sup>th</sup>, 2023**

Once again, this year the **“All Smaller Saints” team** will be participating in the Coldest Night of the Year fundraising walk for Cornerstone on Saturday, February 25<sup>th</sup>. If you would like to join the team, or sponsor a member of the team, follow this link: <https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?teamID=990595> For more information about the event, watch this space and Chris's emails.

## Five Ways to Honour Black History Month in Canada

1. **Read a book:** Some options are *Frying Plantain* by Zolika Reid-Benta, *Africville* by Shauntay Grant, *The Skin We're In* by Desmond Cole. More choices at <https://www.lib.sfu.ca/find/books-media/black-history-month> and <https://bit.ly/3wEPbB1> from CBC.
2. **Listen to a podcast:** Try educational podcasts exploring Black history in Canada, like *Portraits of Black Canadians: Secret Life of Canada* (check out the episode titled “The Province of Jamaica”) or the episode of *Party Lines* entitled “Who feels served and protected?”, which explores incidences of police brutality against Black people in Canada. *#CitylineReal on Race*, with Tracy Moore, explores nuances of discrimination and inequality in Canada.
3. **Attend a webinar to celebrate Black History Month in Canada:** Check out <https://BlackHistoryOttawa.org> for live and virtual events. Other options are the Coalition of Black Trade Unionists (CBTU) Canadian Chapter, the Canadian Centre for Diversity and Inclusion, and Anti-Racism Event Series <http://bit.ly/3wHCHko> from the Government of Canada.
4. **Shop Black-owned businesses:** Visit Canada’s largest directory of Black businesses and entrepreneurs, [afrobiz.ca](http://afrobiz.ca); or, to discover local Black businesses, go to <https://www.blackottawaconnect.ca/shop-black>.
5. **Watch a video or documentary:** For a list of films to celebrate black communities in Canada, go to [https://www.nfb.ca/playlist/nfb\\_celebrates\\_black\\_history\\_month/](https://www.nfb.ca/playlist/nfb_celebrates_black_history_month/).