

All Saints' Anglican Church, Westboro
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All Saints' Westboro



*The Banded Peacock Swallowtail, Niagara Butterfly Conservatory
Photo by Christopher Dunn*

First Sunday of Lent

February 26th, 2023

8:00 am—Said Eucharist

9:30 am—Sung Eucharist

Wednesday (February 15th) 10:30 am—Said Eucharist

The Ven. Christopher Dunn

The Rev. Chung Yan Lam

The Rev. Deacon Jarrett Carty

Music: Edith Troup

Children and Youth: Linda Lord

The wearing of masks is strongly encouraged.

Please Note: The 9:30 service is being broadcast on Zoom and recorded; if you attend in-person you may appear on camera and in the recording.

Officiant: Dear friends, we gather on the ancestral territory of the Anishnaabeg Algonquin people, the traditional stewards of the lands and waters on which we meet.

All: May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.

Opening Hymn: **When Long Before Time**

#307

**When long before time and the worlds were begun,
when there was no earth and no sky and no sun,
and all was deep silence and night reigned supreme,
and even our Maker had only a dream. . .**

. . . the silence was broken

**when God sang the Song,
and light pierced the darkness and rhythm began,
and with its first birth-cries creation was born,
and creaturely voices sang praise to the morn.**

The sounds of the creatures

**were one with their Lord's,
their harmonies sweet and befitting the Word;
the Singer was pleased as the earth sang the Song;
the choir of the creatures re-echoed it long.**

Though, down through the ages,

**the Song disappeared—
its harmonies broken and almost unheard—
the Singer comes to us to sing it again:
our God-is-with-us in the world now as then.**

**The Light has returned as it came once before;
the Song of the Lord is our own song once more;**

so let us all sing with one heart and one voice
the song of the Singer in whom we rejoice.

To you, God the Singer, our voices we raise;
to you, Song incarnate, we give all our praise;
to you, Holy Spirit, our life and our breath,
be glory forever, through life and through death.

Children's Talk

*(Please send the children forward during the last verse of the
Opening Hymn. The children are invited to join the
Church School following the talk.)*

Trisagion

(x3)

Ho - ly God, ho - ly and migh - ty,
5
ho - ly im - mor - tal one, have mer - cy up - on us.

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: And also with you.

Officiant: Each thing we have received,

All: from God it came.

Officiant: Each thing we enjoy,

All: from God it comes

Officiant: Each thing we pray for,

All: from God it will be given.

Officiant: God of life, you are the source of all goodness and the satisfaction of all our desires. Our understanding of you is small; increase it. Our desire to do your will is weak; enliven it. The seed you have planted has yet to bear fruit; ripen it. But first, create in us clean hearts as, in your sight, we

unburden ourselves of guilt, of anger, of fear, of pride, of hardness of heart, of weakness of intention. Jesus, Son of Mary,

All: have mercy upon us.

Officiant: Jesus, Saviour of the World,

All: make peace within us.

Officiant: Christ, King of Glory,

All: be with us and for us wherever life takes us.

Officiant: In the common path of our calling whether it be easy or uneasy to tread, whether it be bright or dark to follow, let your perfect guidance protect us.

All: Be a shield against all that might deceive us, be a healer for all that might harm us, be a witness of all that might trouble us, be a friend to all who are dear to us, this day and until we meet in glory. Amen.

Trisagion

(x3)

Ho - ly God, ho - ly and migh - ty,
5 ho - ly im - mor - tal one, have mer - cy up - on us.

Officiant: Spirit of the desert,

All: you drove Jesus to the edge of the world to seek your truth and find his calling: scour our hearts and awaken our hunger, so that freed from empty clinging we may serve only you and the Creator; through Jesus Christ, the Lord of the wilds. Amen.

The First Reading is from Genesis (2:15-17; 3:1-7)

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man,

“You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” . . . Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Psalm 32

(Tune #587)

**Blessèd is the one whose sin is
covered over by the Lord,
whose transgressions are forgiven,
and whose guilt God won't record.**

**Blessèd is the one whose sin the
Lord does not count against him,
in whose spirit no deceit
or hidden sin is found within.**

**When I held my sin inside me,
and kept silent in my way,
then my bones grew weak and wasted
through my groaning all the day.
For your hand was heavy on me;**

day and night, my strength did lapse;
sapped away as in the heat
of summer's hot, lethargic grasp.

Then I told you of my sin, and
did not hide iniquity;
I said, "I'll confess my trespass"—
you forgave, purged guilt from me.
Therefore, let the godly pray to
you while you may still be found;
surely waters will not reach me,
mighty waves that surge around.

For you are my place of hiding,
you protect me from all strife;
and with songs of your deliv'rance,
you surround and keep my life.

"I will teach and will instruct you
in the way that you should go;
I will counsel and watch o'er you;
the right path to you I'll show.

"Don't be like the horse or mule that
do not understand at all;
lest they're led by bit and bridle,
they won't come when you do call."
Many woes afflict the wicked,
but the Lord's unfailing love
does surround the ones who trust Him.
Sing! Rejoice in God above!

Psalm 32

(Read together at 8:00 am, Sun. and 10:30 am, Wed.)

Happy are they whose transgressions are forgiven, and whose sin is put away! Happy are they to whom the Lord imputes no guilt, and in whose spirit there is no guile! While I held my tongue, my bones withered away, because of my groaning all day long. For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, and did not conceal my guilt. I said, "I will confess my transgressions to the Lord." Then you forgave me the guilt of my sin. Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them. You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance. "I will instruct you and teach you in the way that you should go; I will guide you with my eye. Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you." Great are the tribulations of the wicked; but mercy embraces those who trust in the Lord. Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

The Second Reading is from Romans (5:12-19)

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made

sinners, so by the one man's obedience the many will be made righteous.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gradual Hymn: **Forty Days and Forty Nights**

#175

**Forty days and forty nights
you were fasting in the wild,
forty days and forty nights
tempted, and yet undefiled:**

**burning heat throughout the day,
bitter cold when light has fled,
prowling beasts around your way,
stones your pillow, earth your bed.**

**Shall not we your trials share,
learn your discipline of will,
and with you by fast and prayer
wrestle with the powers of hell?**

**So if Satan, pressing hard,
soul and body would destroy,
Christ who conquered, be our guard;
give to us the victor's joy.**

**Saviour, may we hear your voice—
keep us constant at your side;
and with you we shall rejoice
at the eternal Eastertide.**

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ
according to Matthew (4:1-11)

All: Glory to you, Lord Jesus Christ.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. Jesus fasted forty days and forty nights, and afterwards he was famished. The tempter came and said

to Jesus, "If you are the Son of God, command these stones to become loaves of bread." But Jesus answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to Jesus, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took Jesus to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left Jesus, and suddenly angels came and waited on him.

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Homily

Officiant: Let us make an affirmation of faith, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

One: Loving God, you have walked with us through the season of Epiphany, showing us in your word the uniqueness of your Son Jesus. In weeks past, we bowed the knee before Jesus as an infant, alongside the visiting Magi. We re-lived His Spirit-blessed baptism as he began his public ministry. We were reminded by Jesus's Sermon on the Mount what it means to follow the spirit of the law, and not just its letter. And we were admonished with his disciples, on the Mount of Transfiguration, to worship him, and him alone. As we pass from Epiphany to Lent, help us soberly to consider our own shortcomings, and to marvel at Christ's love unto death for the redemption of the entire cosmos. May that lead us to reaffirm the power of his sacrifice, and prepare us for the final great Passover feast, when we will sing "blessing and honour and glory and power to the Lamb of God, who died for the sins of the world."

All: Lord, be with us on our Lenten journey.

One: Gracious God, help us, during these forty days of Lent, to recall how Jesus himself was tempted by the evil one during His forty-day fast in the wilderness, and yet remained without sin. Inspire us, as the lengthening days promise enjoyable spring activities, to take time for thoughtful worship and self-examination, so that we too may be strengthened to resist the temptations of distorted worldly power, and ponder new ways to love you, and to love our neighbours as ourselves.

All: Lord, be with us on our Lenten journey.

One: We pray, Lord, for your church throughout the world, with whom we share both common and distinct ways of carrying out this Lenten journey. In

our Anglican Church of Canada, we pray for Linda, our Primate; Anne, our Metropolitan; Christopher, our National Indigenous Archbishop; Shane, our Bishop; and Chris, Chung Yan, and Jarrett, our clergy. May clergy and laity everywhere work together to worship you in spirit and in truth and be your worthy servants in the healing of a troubled world.

All: Lord, be with us on our Lenten journey.

One: During these challenging times, we pray for those who suffer, whether in body, mind, or spirit, that they will not lose hope, and that they will find appropriate relief from agents of your healing, for whose dedicated care we also thank you. We especially lift up those who have asked for our prayers, including:

All: Cheryl (McTeer); **Randy** (Brown); **Shari** (Rathwell); **Viola** (Martin); **Peter** (Frazier); **Michael** (Frazier); **Alana** (Andrews); **Kevin** (Andrews); **Thelma** (Mills); **Brian** (O'Connor); **Emily** (Sibbald); **Michael** (Lundy); **Grace** (Henkel); **Karen** (Henkel); **Peter** (Carr); **Cinde** (Coke); **Linda** (Tremblay); **Susan** (Stewart); **Mary** (Hume, Sr.); **David** (Nador); **Véronique** (Savard); **Sylvia** (Kurata); **Carol** (Raoult); **Jadwiga** (Krakowiak); **Noah** (Corbin); **Glen** (Fox)

One: and for those whom we name, silently or aloud. . . . Hear us as we pray:

All: Lord, be with us on our Lenten journey.

On: We pray for those who have died, especially those whom we name silently or aloud. . . . Bless those who mourn their passing and give them the comfort of your Holy Spirit. And be pleased to accept all our petitions this day as we pray once more:

All: Lord, be with us on our Lenten journey. Amen.

Officiant: Dear friends in Christ, God is steadfast in love and infinite in mercy. God welcomes sinners and invites us to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept

Officiant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Officiant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Christ our Lord.

All: Amen.

Officiant: The peace of the Lord be always with you.

All: And also with you.

Share a sign of peace with others around you by bowing or waving.

Offertory Hymn: **Tree of Life and Awesome Mystery**
(v. 1-5, 6b) #179

**Tree of Life and awesome mystery,
in your death we are reborn;
though you die in all of history,
still you rise with every morn,
still you rise with every morn.**

**Seed that dies to rise in glory,
may we see ourselves in you;
if we learn to live your story
we may die to rise anew,
we may die to rise anew.**

**We remember truth once spoken,
love passed on through act and word;
every person lost and broken
wears the body of our Lord,
wears the body of our Lord.**

**Gentle Jesus, mighty Spirit,
come inflame our hearts anew.
We may all your joy inherit
if we bear the cross with you,
if we bear the cross with you.**

**Christ, you lead and we shall follow,
stumbling though our steps may be;
one with you in joy and sorrow,
we the river, you the sea,
we the river, you the sea.**

**From the dawning of creation
you have loved us as your own;
Stay with us through all temptation,
make us turn to you alone,
make us turn to you alone.**

Officiant: God our refuge and our strength,

**All: receive all we offer you this day, and through
the death and resurrection of your Son
transform us to his likeness. We ask this in his
name. Amen**

Officiant: The Lord be with you.

All: And also with you.

Officiant: Lift up your hearts.

All: We lift them to the Lord.

Officiant: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Officiant: Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the Eucharistic mystery, we may be more fervent in prayer and more generous in the works of love. Therefore we raise our voices to you in praise to proclaim the glory of your name.

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

#732 Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Officiant: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink

this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Therefore, according to his command,

All: we remember his death, we proclaim his resurrection, we await his coming in glory;

Officiant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty God, now and for ever.

All: Amen.

Officiant: And now, as our Saviour Christ has taught us, we sing,

All: Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power and the glory are yours now and for ever. Amen.

Officiant: Let your Church be the wheat which bears its fruit in dying.

All: If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

Officiant: The gifts of God for the people of God.

All: Thanks be to God.

*If you are unable to receive the wheat wafer, a rice wafer is available. While it is fully sufficient to receive in one kind, just the bread, the Common Cup is available for those who wish to receive. **Please Note: Intinction is not allowed.***

Choral Interlude

Officiant: Faithful God,

All: in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. Amen.

Officiant: All your works praise you, O Lord.

All: And your faithful servants bless you. Gracious God we thank you for feeding us with the body and blood of your Son, Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Officiant: Worship the Lord.

All: We serve only God.

Officiant: And the blessing

Announcements

Blessing Song:

**May the Lord rejoice with you, may the Lord
bless you, and make His face to shine upon
you, the God of Heaven loves you.**

Closing Hymn: **Where are the voices for the earth?**

(Words by Shirley Erena Murray; Tune #70)

**Where are the voices for the earth?
Where are the eyes to see her pain,
wasted by our consuming path,
weeping the tears of poisoned rain?**

**Sacred the soil that hugs the seed,
sacred the silent fall of snow,
sacred the world that God decreed,
water and sun and river flow.**

**Where shall we run who break this code,
where shall tomorrow's children be,
left with the ruined gifts of God,
death for the creature, land, and sea?**

**We are the voices for the earth,
we who will care enough to cry,
cherish her beauty, clear her breath,
live that our planet may not die.**

DM: Go in peace to love and serve the Lord.

All: Thanks be to God.

Readings for Next Sunday, March 5th, 2023

Genesis 12:1-4a; Psalm 121;

Romans 4:1-5, 13-17; John 3:1-17

Sharing in our liturgical ministry today at 8:00 am:

Greeter: Ken McMillan
Reader: Sylvia Shortliffe and Michael Norman
Server: John Merritt

Sharing in our liturgical ministry today at 9:30 am:

Greeters: Chris Kirch and Peter Newlands
Readers: Joanne Rowlinson and Brian Morton
Intercessor: Mary Van Leeuwen
Diac. Minister: Susan Garnham
Euch. Ministers: Stephen Rouble and Chris Kirch
Servers: Hannah, Sera, and Jamie
Hospitality: Judy Schlieman, John Hunter, and Sarah and Lance Levesque

Credits:

Opening Prayer from A Wee Worship Book, fifth edition, p. 51.

Closing sentences from Feasting on the Word Worship Companion, Liturgies from Year A, Volume 1, © 2012 Westminster John Knox Press

Collect from Prayers for an Inclusive Church (2009) alt.

Readings from the New Revised Standard Version of the Bible

Psalm reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use.

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All Saints Anglican Church Westboro's Church One License Number is A-728801



*The Golden Helicon, Niagara Butterfly Conservatory,
Photo by Christopher Dunn*

Saints Alive!

Weekly News from All Saints' Westboro
First Sunday of Lent February 26th, 2023

This Week

Monday	9:30 am	Women's Breakfast	
	10:00 am to 1:00 pm		Food Bank
Tuesday	8:30 am	Morning Prayer	Zoom
	1:00 to 4:00 pm		Food Bank
Wednesday	10:00 am to 2:00 pm		New-to-You Shop
	9:00 am	Quilters	Rm 7/8
	10:30 am	Eucharist	Church
	1:30 pm	Lenten Bible Study	Chapel
	7:00 pm	Bible on Tap	Zoom
Thursday	1:00 to 3:00 pm	Choir practice	Church
	4:00 to 7:00 pm		Food Bank
	4:30 to 5:30 pm	Centering Prayer	Chapel
Friday	8:30 am	Morning Prayer	Zoom
Saturday	10:00 am to 2:00 pm		New-to-You Shop

Upcoming Events

Morning Prayer for Lent

Tues., February 28th, and Fri., March 3rd, at 8:30 am, Zoom
Throughout Lent on Tuesday and Friday mornings, we will be offering Morning Prayer sessions on Zoom—Start your day with a unique prayer session from the comfort of your own home and stay for a chat. For more information and for the Zoom link, please contact Helen in the office (office@allsaintswestboro.com).

Lenten Bible Study

Wednesday, March 1st, at 1:30 pm, in the Chapel

Join Chris for this study, which will take you on a journey through Lent and the issues of our day from a biblical perspective.

Bible on Tap

Wednesday, March 1st at 7:00 pm on Zoom

If you would like to join Chris in the discussion of the Readings for this month's Bible on Tap, please email Chris for the Zoom link and resource sheet.

Postponed: Annual Vestry Meeting

Sunday, March 5th, at 11:15 am, in the Chapel

Our Annual vestry meeting, originally scheduled for today, has been postponed to next Sunday so that Chris will be here. Please join us to find out what's happening around the Parish. You should by now have received the Annual Vestry Reports by email. For those didn't and those without email, there will be hard copies at the back of the Chapel.

Jazz Vespers

Sunday, March 5th, 2023, at 4:30 pm in the Church

Join us at Jazz Vespers and experience the transformative power of jazz in a sacred space. This month's musicians: Peter Woods and friends

Tea and Conversation

Tuesday, March 7th, 2023, at 2:00 pm in Rm 5/6

To avoid conflicts with other programs, our Tea and Conversation group—a place of quiet and support for those experiencing loss—will now meet on the **first Tuesday of the month**. All are welcome. Contact Helen in the office (office@allsaintswestboro.com) for more information.