

All Saints' Anglican Church, Westboro
347 Richmond Road
Ottawa, ON, K2A 0E7
613-725-9487
office@allsaintswestboro.com



All Saints' Westboro



*Snowy Owl, Ottawa
Photo by Christopher Dunn*

First Sunday of Lent March 6th, 2022

8:00 am—Said Eucharist

**9:30 am—In-person service that will also
be broadcast (on Zoom) and recorded**

The Ven. Christopher Dunn
The Rev. Deacon Jarrett Carty
Music: Edith Troup
Children and Youth: Julie Newlands

Please Note: The 9:30 service is being broadcast on Zoom and recorded; if you attend in-person you may appear on camera and the recording.

Officiant: Dear friends, we gather on the ancestral territory of the Algonquin Anishnaabeg people, the traditional stewards of the lands and waters on which we meet.

All: May we walk gently together on this land, seeking renewed relationship based on honour, respect, and peace.

Opening Hymn: **Forty Days and Forty Nights**

#175

Congregational singing is allowed, but masks must be worn.

**Forty days and forty nights
you were fasting in the wild,
forty days and forty nights
tempted, and yet undefiled:**

**burning heat throughout the day,
bitter cold when light has fled,
prowling beasts around your way,
stones your pillow, earth your bed.**

**Shall not we your trials share,
learn your discipline of will,
and with you by fast and prayer
wrestle with the powers of hell?**

**So if Satan, pressing hard,
soul and body would destroy,
Christ who conquered, be our guard;
give to us the victor's joy.**

**Saviour, may we hear your voice—
keep us constant at your side;
and with you we shall rejoice
at the eternal Eastertide.**

Children's Talk

(Please send the children forward during the last verse of the Opening Hymn. The children are invited to join the Church School following the talk.)

Trisagion

(x3)

Ho - ly God, ho - ly and migh - ty,
5
ho - ly im - mor - tal one, have mer - cy up - on us.

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: And also with you.

Officiant: Each thing we have received,

All: from God it came.

Officiant: Each thing we enjoy,

All: from God it comes

Officiant: Each thing we pray for,

All: from God it will be given.

Officiant: God of life, you are the source of all goodness and the satisfaction of all our desires. Our understanding of you is small; increase it. Our desire to do your will is weak; enliven it. The seed you have planted has yet to bear fruit; ripen it. But first, create in us clean hearts as, in your sight, we unburden ourselves of guilt, of anger, of fear, of pride, of hardness of heart, of weakness of intention. Jesus, Son of Mary,

All: have mercy upon us.

Officiant: Jesus, Saviour of the World,

All: make peace within us.

Officiant: Christ, King of Glory,

All: be with us and for us wherever life takes us.

Officiant: In the common path of our calling whether it be easy or uneasy to tread, whether it be bright or dark to follow, let your perfect guidance protect us.

All: Be a shield against all that might deceive us, be a healer for all that might harm us, be a witness of all that might trouble us, be a friend to all who are dear to us, this day and until we meet in glory. Amen.

Trisagion

(x3)

Ho - ly God, ho - ly and migh - ty,
5 ho - ly im - mor - tal one, have mer - cy up - on us.

Officiant: God of the wilderness,

All: your Spirit leads us to face the truth, unprotected and exposed: in our times of trial help us to resist the worship of empty power, so that we may find our true food in Jesus Christ, the broken bread. Amen.

The First Reading is from Deuteronomy (26:1-11)

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our

affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.” You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader: Hear what the Spirit is saying to the church.

All: Thanks be to God.

Psalm 91:1-2, 9-16

One: Those who dwell in the shelter of the Most High,

All: abide under the shadow of the Almighty.

One: They shall say to the Lord, “You are our refuge and our stronghold,

All: our God in whom we put our trust.”

One: Because you have made the Lord your refuge,

All: and the Most High your habitation,

One: there shall no evil happen to you,

All: neither shall any plague come near your dwelling.

One: For the angels of God shall have charge over you,

All: to keep you in all your ways.

One: They shall bear you in their hands,

All: lest you dash your foot against a stone.

One: You shall tread upon the lion and adder;

All: you shall trample the young lion and the serpent under your feet.

One: “Because they are bound to me in love,

All: therefore will I deliver them;

One: I will protect them,

All: because they know my name.

One: They shall call upon me,

All: and I will answer them;

One: I am with them in trouble;

All: I will rescue them and bring them to honour.

One: With long life will I satisfy them,

All: and show them my salvation.”

The Second Reading is from Romans (10:8b-13)

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader: Hear what the Spirit is saying to the church.

All: Thanks be to God.

Gradual Hymn: **Jesus, Tempted in the Desert** **VU#115**
(tune: CP #369)

**Jesus, tempted in the desert,
lonely, hungry, filled with dread:
“Use your power,” the tempter tells him;
“turn these barren rocks to bread!”
“Not alone by bread,” he answers,
“can the human heart be filled.
Only by the Word that calls us
is our deepest hunger stilled!”**

**Jesus, tempted, at the temple,
high above its ancient wall:
“Throw yourself from lofty turret;
angels wait to break you fall!”
Jesus shuns such empty marvels,
feats that fickle crowds request:
“God, whose grace protects, preserves us,
we must never vainly test.”**

**Jesus, tempted on the mountain
by the lure of vast domain:
“Fall before me! Be my servant!
Glory, fame, you're sure to gain!”
Jesus sees the dazzling vision,
turns his eyes another way:
“God alone deserves our homage!
God alone will I obey!”**

**When we face temptation's power,
lonely, struggling, filled with dread,
Christ, who knew the tempter's hour,
come and be our living bread.
By your grace, protect, preserve us
lest we fall, your trust betray.
Yours, above all other voices,
be the Word we hear, obey.**

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ
according to Luke (4:1-13)

All: Glory to you, Lord Jesus Christ.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’” Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to Jesus, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’” Then the devil took Jesus to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written, ‘He will command his angels concerning you, to protect you,’ and ‘On

their hands they will bear you up, so that you will not dash your foot against a stone.” Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, Jesus departed from him until an opportune time.

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Homily

Officiant: Let us make an affirmation of faith, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

One: As we begin our Lenten journey, and reflect upon the account of Jesus in the wilderness, let us pray together for the needs of our world, trusting in God, who is our refuge and stronghold,

All: hear our prayers.

One: Almighty God, we pray for all who live in places of threat and danger, especially the peoples of Ukraine and the surrounding nations. We pray for all in positions of leadership and power, and for all whose lives are directly affected by conflict and warfare. Help us to put our trust in you, and to find

ways to further the cause of peace in our divided world. O God, our refuge and stronghold,

All: hear our prayers.

One: We pray for all who are chronically homeless, especially those here in our own city, and for those who are homeless for a season, because of natural disaster, economic trouble, or conflict. We pray for all those who work with those in need of a safe place to live, and we ask that you make each one of us more determined to play our part in supporting their endeavours. O God, our refuge and stronghold,

All: hear our prayers.

One: Giving you thanks for the abundance of good things which we enjoy, we pray for those who do not have enough—enough to eat, enough to wear, or enough justice. Help us to find new ways to share the many gifts which you have given us, and to work for the freedom and dignity of all your children. O God, our refuge and stronghold,

All: hear our prayers.

One: We pray for the church, your body in and for the world, that it may witness faithfully to the truths of the gospel. In our Anglican communion, we pray for Linda, our Primate; Anne, our Metropolitan; Mark, our Indigenous Archbishop; Shane, our Bishop; and Chris and Jarrett, our clergy. We also pray for Brian, pastor of First United Church, and for all those involved in the ministries of our communities. Help us to joyfully trust that the Spirit will lead us into new opportunities of faith and service. O God, our refuge and stronghold,

All: hear our prayers.

One: We pray for those who suffer in body, mind, or heart, remembering especially those who have asked for our prayers:

All: **Betty-Joan** (Hagerman); **Cheryl** (McTeer); **Michele** (Pollesel); **Randy** (Brown); **Charlie** (Cuffari); **Barbara** (Hill); **Helen** (Miller); **Irene** (Lowry); **Pat** (Broome); **Laura** (DesClouds); **Lois** (Frazier-Nagel); **Sue** (Wise); **Sarah** (Vedell); **Aneesa** (Yonan); **Andrea** (Smith); **Shari** (Rathwell); **Viola** (Martin); **Erica** (Prescesky); **Sheila** (Carr); **Bob** (Crosier); **Doug** (Fisher); **Anji** (Carter); **Valerie** (Corbin)

One: and those whom we name now, silently or aloud. . . . We pray for your healing touch upon all those in need, and for compassion and strength for all caregivers, that your healing power may work in them and through them. O God, our refuge and stronghold,

All: **hear our prayers.**

One: We pray for all those who are mourning the loss of loved ones at this time, especially those whom we name silently or aloud . . . and all the victims of the conflict in Ukraine. Bless those who mourn and enable and uphold all those who seek to support them in their time of loss. O God, our refuge and stronghold,

All: **hear our prayers.**

One: O God, our refuge and stronghold, our shelter and shade, we pray all these things in the name of Jesus Christ, who is generous to all who call upon him.

All: **Amen.**

Officiant: Dear friends in Christ, God is steadfast in love and infinite in mercy. God welcomes sinners and invites us to the table. Let us confess our sins, confident in God's forgiveness.

Silence is kept

Officiant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Officiant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Christ our Lord.

All: Amen.

Officiant: The peace of the Lord be always with you.

All: And also with you.

When exchanging the Peace with fellow parishioners, please remember that physical contact with those outside your bubble group is not permitted. Share a sign of peace with others around you by other means such as bowing or waving.

Offertory Hymn: **You Who Dwell in the Shelter** #531

**You who dwell in the shelter of the Lord,
who abide in his shadow for life,
say to the Lord: "My refuge,
my rock in whom I trust!"**

Refrain:

*And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.*

**Snares of the fowler will never capture you,
and famine will bring you no fear:
under his wings your refuge,
his faithfulness your shield.**

Refrain

**You need not fear the terror of the night,
nor the arrow that flies by day;
though thousands fall about you,
near you it shall not come.**

Refrain

**For to his angels he's given a command
to guard you in all of your ways;
upon their hands they will bear you up,
lest you dash your foot against a stone.** *Refrain*

Officiant: God our refuge and our strength,

**All: receive all we offer you this day, and through
the death and resurrection of your Son
transform us to his likeness. We ask this in his
name. Amen**

Officiant: The Lord be with you.

All: And also with you.

Officiant: Lift up your hearts.

All: We lift them to the Lord.

Officiant: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Officiant: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God of all. In fulfillment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your

presence. Now with all creation we raise our voices to proclaim the glory of your name.

**All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
#722 Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Officiant: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me." Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

All: Amen.

Officiant: And now, as our Saviour Christ has taught us, we sing,

All: Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom,

the power and the glory are yours now and for ever. Amen.

Officiant: We break this bread,

All: Communion in Christ's body once broken.

Officiant: Let your Church be the wheat which bears its fruit in dying.

All: If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

Officiant: The gifts of God for the people of God.

All: Thanks be to God.

*During Communion, please proceed forward in your family group to the altar but leave a social distance between yourself and the person ahead of you. A sidesperson will direct you when to come forward to receive the host. If you are unable to receive the wheat wafer, a rice wafer is available. While it is fully sufficient to receive in one kind, just the bread, the Common Cup is available for those who wish to receive. **Please Note: Intinction is not allowed.** You will use hand sanitizer again in the side aisles after you have put you mask back on.*

Musical Interlude

Officiant: Faithful God,

All: in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. Amen.

Officiant: All your works praise you, O Lord.

All: And your faithful servants bless you. Gracious God we thank you for feeding us with the body and blood of your Son, Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Officiant: These Lenten days will take us to the cross of Christ. Go forward, knowing that you do not go this way alone.

All: Nor do we have to be afraid, for the Word of God strengthens us and the Holy Spirit sustains us.

Officiant: And the blessing

Announcements

Officiant: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

Readings for Next Sunday, March 13th, 2022

Genesis 15:1-12, 17-18; Psalm 27;
Philippians 3:17-4:1; Luke 13:31-35

Sharing in our liturgical ministry today at 8:00:

Greeter: Ken McMillan
Reader: Sylvia Shortliffe
Server: John Merritt

Sharing in our liturgical ministry today at 9:30:

Greeters: Susan Stewart and Peter Newlands
Readers: Diane Bays and Helen Norman
Intercessor: Patricia Fox
Diaconal Minister: Chris Kirch
Servers: Joseph and Drew Pygas

Please pray this week for

- those ministering and worshipping at
 - the Parish of Huntley; and
 - Holy Trinity Metcalfe;
- those in our pastoral care: Mary Hoth, Hazel Jack, Ed Swettenham, and Sheila Carr; and
- St. Matthias Community Meals.

Credits:

Opening Prayer from A Wee Worship Book, fifth edition, p. 51.

Closing Prayer from Feasting on the Word Worship Companion, Liturgies from Year C, Volume 1, © 2012 Westminster John Knox Press

Collect from Prayers for an Inclusive Church (2009), alt.

Readings from the New Revised Standard Version of the Bible.

Liturgical texts from The Book of Alternative Services

All Saints Anglican Church Westboro's Church CCLI License Number is 11196799

All Saints Anglican Church Westboro's Church One License Number is A-728801

Saints Alive!

Weekly News from All Saints' Westboro
First Sunday of Lent March 6th, 2022

This Week

Today	4:30 pm	Jazz Vespers	Church
Monday	9:00 am	Morning Prayer	Zoom
	10:00 a.m. to 1:00 p.m.		Food Bank
Tuesday	7:00 pm	Corporation Meeting	Zoom
Wednesday	10:30 am	Eucharist	Church
	1:00 pm	Bible Study	Chapel
	7:30 pm	Reading Circle	Zoom
Thursday	3:00 to 7:00 pm		Food Bank
	7:00 pm	Parish Council Meeting	Zoom
Friday	9:00 am	Morning Prayer	Zoom

Today

Jazz Vespers

Today, at 4:30 pm, in the Church

Join us today, when our musicians will be Peter Woods on Saxophone, Kyle Jordan on Guitar and Jacob Clarke on Bass. Peter will provide the reflection. COVID protocols will be in place.

Upcoming Events

Morning Prayer

Monday, March 7th, and Friday, March 11th, at 9:00 am

Julie and Helen continue with Morning Prayer throughout Lent. Please contact Helen (office@allsaintswestboro.com) in the office for the Zoom link if you would like to join.

Reading Circle

Wednesday, March 9th, 7:30 pm, via Zoom

Please contact office@allsaintswestboro.com for information or the Zoom link. This month we will be reading *Inspired: Slaying Giants Walking on Water and Loving the Bible Again* by Rachel Held Evans

Bible Study

Wednesdays, March 9th to April 6th, at 1:00 pm, in the Chapel

Please join Chris for the next five Wednesdays for in-person Bible Study during the season of Lent. We will gather in the chapel (while maintaining social distancing) as we look at the coming Sunday's readings.