

All Saints' Anglican Church, Westboro
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All Saints' Westboro



*Longing for the time when we can sit together again
Photo by Helen Norman*

Fourth Sunday After Epiphany January 31st, 2021

9:30 am

Zoom service that will also be recorded

The Ven. Christopher Dunn
The Rev. Simone Hurkmans
The Rev. Deacon Dr. Jarrett Carty
Music: Edith Troup
Children and Youth: Julie Newlands

Celebrant: Dear friends, we gather today on the traditional unceded territory of the Algonquin Anishnaabeg people.

People: May we dwell on this land with respect and peace.

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: And also with you.

Celebrant: We are in a covenant relationship with God.

People: Praise to God's name.

Celebrant: All creation, including the lives of each one of us, originates in God.

People: Thanks be to God.

Celebrant: The nature of God is kindness and mercy.

People: God calls us to compassion.

Celebrant: God's will includes freedom for all God's people.

People: In time, beyond time, God is for us and with us.

Celebrant: Almighty God,

People: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Celebrant: God of liberation,

People: who comes not to destroy but to set us free, bring wholeness to all that is broken and speak truth to us in our confusion; through Jesus Christ, our Saviour and Lord. Amen.

The First Reading is from Deuteronomy (18:15-20)

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God anymore, or ever again see this great fire, I will die." Then

the Lord replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Reader: Hear what the Spirit is saying to the church.

People: Thanks be to God.

Psalm 111

Celebrant: Hallelujah! I will give thanks to the Lord with my whole heart,

People: in the assembly of the upright, in the congregation.

Celebrant: Great are the deeds of the Lord!

People: They are studied by all who delight in them.

Celebrant: O Lord, your work is full of majesty and splendour,

People: and your righteousness endures for ever.

Celebrant: You make your marvellous works to be remembered;

People: you are gracious and full of compassion.

Celebrant: You give food to those who fear you;

People: you are ever mindful of your covenant.

Celebrant: You have shown your people the power of your works

People: in giving them the lands of the nations.

Celebrant: The works of your hands are faithfulness and justice;

People: all your commandments are sure.

Celebrant: They stand fast for ever and ever,

People: because they are done in truth and equity.

Celebrant: You send redemption to your people; you commanded your covenant for ever;

People: holy and awesome is your name.

Celebrant: The fear of the Lord is the beginning of wisdom;

People: those who act accordingly have a good understanding; the praise of the Lord endures for ever.

The Second Reading is from 1 Corinthians (8:1-13)

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by God. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader: Hear what the Spirit is saying to the church.

People: Thanks be to God.

Gradual Hymn: Praise to the Lord, the Almighty

#384

Praise to the Lord,
the Almighty, the King of creation;
O my soul, praise him,

for he is thy health and salvation:
all ye who hear,
brothers and sisters draw near,
praise him in glad adoration.

Praise to the Lord,
who o'er all things so wondrously reigneth,
shelters thee under his wings,
yea, so gently sustaineth:
hast thou not seen
how thy entreaties have been
granted in what he ordaineth?

Praise to the Lord,
who doth prosper thy work and defend thee;
surely his goodness and mercy
here daily attend thee:
ponder anew
what the Almighty can do,
if with his love he befriend thee.

Praise to the Lord,
who, when tempests their warfare are waging,
who, when the elements madly
around thee are raging,
biddeth them cease,
turneth their fury to peace,
whirlwinds and waters assuaging.

Praise to the Lord,
who when darkness of sin is abounding,
who when the godless do triumph,
all virtue confounding,
sheddeth his light,
chaseth the horrors of night,
saints with his mercy surrounding.

Praise to the Lord!
O let all that is in me adore him!
All that hath life and breath
come now with praises before him!
Let the Amen sound from his people again:
gladly for aye we adore him.

Reader: The Lord be with you.

People: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Mark (1:21-28)

People: Glory to you, Lord Jesus Christ.

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Reader: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Homily

Celebrant: Let us make an affirmation of faith, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

(prepared by Eric Bays)

One: “The works of God’s hands are faithfulness and justice, all your commandments are sure. They stand fast for ever and ever, because they are done in truth and equity.” (Psalm 111, v. 7, 8)

Let us pray for good governance among all the nations of the earth. We give thanks for those leaders who govern in truth and equity, and we pray for those who recognize the humanity of all those for whom they make decisions.

All: Thank you for leaders who govern wisely and with compassion for all.

One: We thank God for all those who are working to overcome the COVID-19 pandemic and to limit its destructiveness through all the world. We pray for doctors, nurses, and all those who care for the afflicted, and for scientists who develop vaccines and restorative medicines. Good Lord hear us,

All: and let our cry come to you.

One: We pray also for wisdom and courage in our own country to find truth and reconciliation with the Indigenous peoples of Canada. We pray that God will raise up prophets to lead us to lasting peace and prosperity for all our citizens. Good Lord hear us,

All: and let our cry come to you.

One: Let us pray for the world-wide church, that it may live in peace and equity, and by its life it may be a prophetic word to all the nations. Good Lord hear us,

All: and let our cry come to you.

One: Let us pray for our own Anglican communion, that we may do our part in the quest for Christian unity and live with respect and understanding with all the followers of Jesus. We pray for Linda, our Primate; Anne, our Metropolitan; and Shane, our bishop. We pray also for our clergy, Chris, Simone, and Jarrett,

and for Brian, the Pastor of First United. Strengthen your servants with your Good Spirit,

All: and keep them in your truth.

One: We pray for those who are afflicted in a variety of ways, and who need our prayers at this time:

All: Betty-Joan (Hagerman); **Cheryl** (McTeer); **Brayden** (Turtle); **Michele** (Pollesel); **Carran** (Taylor); **Nancy** (Irvine); **Randy** (Brown); **Charlie** (Cuffari); **Barbara** (Hill); **Ernest** (Betancourt); **David** (Nador); **Janet** (Whillans); **Bart** (Beglo); **Sue** (Wise) **Harlow** (Parry)

One: and for those whom we name silently or aloud. . . . Good Lord,

All: keep them in your Love.

One: Let us remember that we on earth are but a small part of the great company of saints who have gone before us. Let us thank God especially for those who have been expressions of God's light to us while they were here and pray that they may now rest in peace. Especially we remember those we name silently and aloud. . . . And this week the church commemorates the life of Anskar, Missionary Bishop in Sweden, who died in 865. Give rest O Lord to all your saints, let light perpetual shine upon them.

All: Amen.

Celebrant: Dear friends in Christ, let us confess our sins against God and our neighbour, confident in God's forgiveness.

Silence is kept

Celebrant: Most merciful God,

People: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive

us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People: Amen.

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Hymn: Sister, Let Me Be Your Servant

#500

Sister, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

We are pilgrims on a journey,
fellow travellers on the road;
we are here to help each other
walk the mile and bear the load.

I will hold the Christ-light for you
in the nighttime of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

I will weep when you are weeping;
when you laugh I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.

When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

Brother, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

Celebrant: And now, as our Saviour Christ has taught us, we say,

People: **Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power and the glory are yours now and for ever. Amen.**

Celebrant: Glory to God,

People: **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Celebrant: Grow in your calling to Christ's service. Grow as you hear the words of Jesus and put them into practice

People: **We will grow as we support the weakest and youngest in our midst.**

Celebrant: Grow as you study what God has in mind for how our faith community might serve the neighbourhood, and the disadvantaged in the church.

People: **We will grow as we try out new talents; and we will learn from successes and failures and from our desire to serve where Christ calls us to serve.**

Celebrant: God will bless your calling.

People: **We will start our week rejoicing.**

Celebrant: And the blessing

Announcements

Celebrant: Go in peace to love and serve the Lord.

All: **Thanks be to God.**

Readings for Next Sunday, February 7th, 2021

Isaiah 40:21-31; Psalm 147:1-11, 20c;

1 Corinthians 9:16-23; Mark 1:29-39

Sharing in our liturgical ministry today:

Reader: Helen Norman

Intercessor: Eric Bays

Please pray this week for

- those worshipping and ministering at
 - Christ Church Cathedral, Ottawa; and
 - St. Peter's Lutheran Church, Ottawa;
- the Archdeacons of our Diocese;
- those in our Pastoral Care: Evelyn Heeney, Kay Findlay, and Dorothy Adams; and
- our sister parishes in the area, our ecumenical fellowship, our Muslim friends at the Scott St. Mosque, and other interfaith friends.

Credits:

Opening and closing Prayers from Responsive Prayers: For Every Week of the Church Year, David Sparks, Year B

Collect from Propers Working Group (2015)

Readings from the New Revised Standard Version of the Bible.

Psalms reprinted from A Liturgical Psalter, General Synod 2016 edition, the psalter of the Book of Alternative Services emended for contemporary liturgical use

Liturgical texts from The Book of Alternative Services

All Saints Anglican Church Westboro's Church CCLI License Number is 11196799

All Saints Anglican Church Westboro's Church One License Number is A-728801

Cornerstone's Coldest Night of the Year Virtual Winter Walk

If you are looking for a way to get outside and support Cornerstone, please join us for Coldest Night of the Year! On February 20th, Cornerstone Housing for Women is hosting the Coldest Night of the Year, a virtual winter walk (2 and 5 kms) in support of our work in Ottawa with women experiencing homelessness.

With your help, we can provide essential programs and services to over 200 women every single day in our city. Our goal is to raise \$25,000 by **February 20th, 2021!** We can't do it without you. To accomplish our goal, we are looking for Team Captains and Walkers. Please sign up your team today (<https://cnoy.org/location/ottawawestboro?bblinkid=247879203&bbemailid=28365861&bbejrid=1837806768>), ask your family and friends to join, or you can join the Cornerstone Housing for Women team. Your donations go towards providing essential supports to women experiencing homelessness.

Saints Alive!

Weekly News from All Saints' Westboro

Fourth Sunday after Epiphany

January 31st, 2021

This Week

Monday	10:00 am to 1:00 pm		Food Bank
Tuesday	4:00 pm	Hymn Sing	Zoom
Wednesday	7:00 pm	Bible on Tap	Zoom
Thursday	5:00 to 7:00 pm		Food Bank
	7:00 pm	Diocesan Book Study	Zoom

Upcoming Events

Hymn Sing on Candlemas

Tuesday, February 2nd, at 4:00 pm, on Zoom

We hope that you will join Edith, Simone, and Chris for this Hymn Sing on the Feast of the Presentation of Jesus at the Temple, often called, Candlemas. We will sing a variety of hymns and encourage you to sing along from home.

Bible on Tap

Wednesday, February 3rd, at 7:00 pm, on Zoom

Please email office@allsaintswestboro.com for the Zoom invitation and a copy of the readings. Hope to “see” you then! BYOB

Diocesan-wide Book Study

Thursdays, February 4th, 11th, 18th, 25th, March 4th and 11th from 7:00 to 8:30 pm, via Zoom

The book is *The Universal Christ*, by Richard Rohr, published in 2019. The study will be facilitated by clergy colleagues from across our Diocese, including Simone. Please email the office or Simone if you would like to borrow a copy of the book; we will be purchasing a number of copies so that they are available.

Reading Circle

Wednesday, February 10th, at 7:30 pm, via Zoom

If you wish to join the discussion, please contact the office: office@allsaintswestboro.com to be added to the list of participants.

The book this month is *Bootstraps Need Boots: One Tory's Lonely Fight to End Poverty in Canada* by Hugh Segal