

**Update from All Saints'  
Email to the Parish from The Reverend Simone Hurkmans  
28 August 2020**

Happy Friday everyone,

Our thirteenth installment of our **Summer Sunday School** is now up on the parish's Facebook page. A huge congratulations to Barbara for putting together these videos this summer. They have been a huge success and a wonderful calming presence each week.

This week, Barbara talks to us about **Hands**. She tells us about Teresa of Avila and a story about a statue of Christ as a symbol for our work here on earth, and shows us how to make a card using our hands to show someone we care. Watch the video here: <https://www.facebook.com/allsaintswestboro/posts/3552075351492626>

Lastly, I'm including below a note from Allan and Gail McGregor about the Parkinson's SuperWalk. Scroll down to read more and find out how you can support them.

Take care,

Simone+

*Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours. Teresa of Avila, 1515-1582*

## **Support Allan & Gail McGregor in Parkinson's SuperWalk on Saturday, September 12<sup>th</sup>**

Last year parishioners of All Saints' were generous in supporting us in the annual walk for PD and we are asking for your support again this year. Because of COVID-19 restrictions, the walk will be modified but it will be observed. For those who were not here for last year's walk let me explain the purpose for it. Parkinson's Disease affects more families than mentioned in general conversation and is carried into our senior years often unrecognized for ten years or more. The funds raised will go to research and support for programs for those of us who have this disease (that includes Allan who was diagnosed with it years ago). We have benefited from our support group fellowship, exercise group and other communications through the PD Association.

As we are unable to be together on Sundays, we are asking supporters in the past and, hopefully, new supporters to sponsor us as we observe the program on Saturday, September 12<sup>th</sup>. The link to our page on the PD Donation is listed below. Click on Team McGregor which will enable you to sponsor Gail or Allan. We have been honoured to walk with Ken "RIP" and Susan Stewart, who have been our personal counsellors over the past six years and made us a part of their family.

[http://donate.parkinson.ca/site/TR/SuperWalk2017/PSC\\_SuperWalk?px=1102476&pg=personal&fr\\_id=2460](http://donate.parkinson.ca/site/TR/SuperWalk2017/PSC_SuperWalk?px=1102476&pg=personal&fr_id=2460)