

## **Sunday Update from All Saints'** **Email to the Parish from The Venerable Christopher Dunn**

**29 March 2020**

It was a rainy Sunday—very much an early spring day. Our snow is certainly disappearing quickly though.

I was at the Church for a while this morning, during what would have been our normal Service time. I must say it was way too quiet—but it was a good time to pray for each of you and to reflect on where we are at this point. Thank you to everyone who let me know that they followed the Service video this morning.

I will be at the **Westboro Food Bank** in the morning. We are continuing to see lower numbers; and this, of course, is the end of a month, so we will probably not see a big number of households tomorrow. We are preparing for the start of a new month and a new round of requests. Lori Crawford has asked for certain specific items that we need.

### **We are looking for:**

- Canned fruit (packed in water preferable)
- Healthy, peanut free children's snacks
- Large jars of Peanut Butter
- We currently have a short supply of cereal, and what we have is super sugary; so we need decent Cereal like Cheerios, Shreddies, Rice Krispies, Raisin Bran, or better
- Onions, potatoes, and sweet potato
- Egg cartons to repack eggs

If you are able to pick up any of those items, we will be there tomorrow between 9:00 am and 1:00 pm and you can drop them off to me at the door.

Bishop John sent along the following prayer for today:

*Blessed are you Lord our God creator of the universe. You give us courage and strength to trust that you walk with us during these uncertain times. You give us the desire to do your will which fills us with a longing for the ministry of the Church. You fill our hearts with hope so that we may trust in your abiding presence during these days that follow. You give us one another so that we never walk alone. Blessed are you, Lord our God, in the name of the Father and the Son and the Holy Spirit. **Amen***

May the courage and love of Jesus guide us all through these challenging times.

Stay well

Chris