

# BREAD FOR THE SAINTS

All Saints' Westboro

March 29, 2020

## ALL SERVICES CANCELLED

The Bishop issued a statement on March 24<sup>th</sup> in conjunction with the Ontario House of Bishops. **All Services of worship and activities are suspended until further notice. This includes all the services scheduled through Holy Week and Easter Sunday.** His statement goes on to say,

*"One of the realities for the Church living through this pandemic is our inability to physically gather as community for worship and mutual support. The Eucharistic Feast which we are used to celebrating week after week has been interrupted. On-line celebrations, prayers, bible studies, and devotions offered by parishes have been keeping us connected in a virtual way and we are grateful for these inspired links. This temporary absence from one another tests our very nature as a living body and reminds us of our deep longing to be together. We find ourselves in a time of Eucharistic Fast rather than Feast.*

*Therefore, the bishops of our province have agreed together that our virtual worship through Holy Week and the season of Easter, or until such time that we can gather in community together, will not include the liturgy of the Eucharist. Sacramental celebrations are the work of the whole People of God and require a gathering of people who can be physically present to one another. That is impossible for most of us at this time. The Great Three Days of Easter, and through the fifty days of the season, we will be fasting from the Eucharist but feasting on the Word. We believe that the Risen One, the Word, by the power of the Holy Spirit, is present and active with us as we hear and receive him in the word of the scriptures, in that word interpreted*

*and proclaimed in preaching, and in the word inwardly digested, by faith, in each person."*

## SERVICES AVAILABLE ON-LINE

During this period when our Church building is closed, we will continue to upload services to the Internet through our Facebook page. You do not have to be a "member" of Facebook to see the Videos. You can find a link to them on our Website: [www.allsaintswestboro.com](http://www.allsaintswestboro.com) If you are not receiving Father Chris' evening updates then please let him know your email address. Send it to [office@allsaintswestboro.com](mailto:office@allsaintswestboro.com) and we will get you connected.

We realize that there are many people who do not have access to the Internet. If you know a parish member who is not, then I ask that you keep them informed as to what is happening.



## GIVING TO THE CHURCH

I have had a few requests for information about how to continue your **financial offerings** in this time while the Church building is shut down:

If you are on Direct Withdrawal, then it will come out as normal; but let us know if you need to adjust this plan if things get tight for you.

If you are using envelopes, then you can drop off an envelope at the Church secure mailbox at the Richmond Road door (to the left of the Chapel) when you are out walking. You can also mail in the envelope because Chris is checking the mail regularly and we are making regular deposits at the bank. We can also use post-dated cheques if that works for you.

There is also the alternative of using the Website [www.allsaintswestboro.com](http://www.allsaintswestboro.com) connection to Canada Helps using PayPal or a Credit Card.

In some cases, people will wait until this is over and we are back together and then they will hopefully catch up.

We certainly understand the impact that these new arrangements are placing on all of us. The Parish is going along financially and covering things as they come up.

## SPECIAL EASTER ENVELOPE

This edition of Bread for the Saints includes a special Easter Offering envelope. If you received this issue by email, please pick up your envelope at the back of the church when we return to having services together.



## CHURCH SCHOOL NEWS

*While the Church School is closed at the moment, we thought that you would enjoy seeing some of the work that our Young People did in their recent Grade 5/6 classes. Fiona Hill prepared this summary of the children's Biblical Characters project:*

In October 2019, the Grade 5/6 class started a research project that was to span the month and allowed the students to get to know a biblical character of their choice. The teacher, Fiona Hill, found a wealth of appropriate resources at the various city libraries and from that, each student picked a character and started their research.

The research projects covered both the Old and New Testaments and included Esther (Annie), Joseph (Catherine), Moses (Wyatt), Mary (Ayla), Zachariah (Makayla), Peter (Rowyn), John the Baptist (John), Hannah (Lucy), Daniel (Nathan) and Jonah (Grayson).

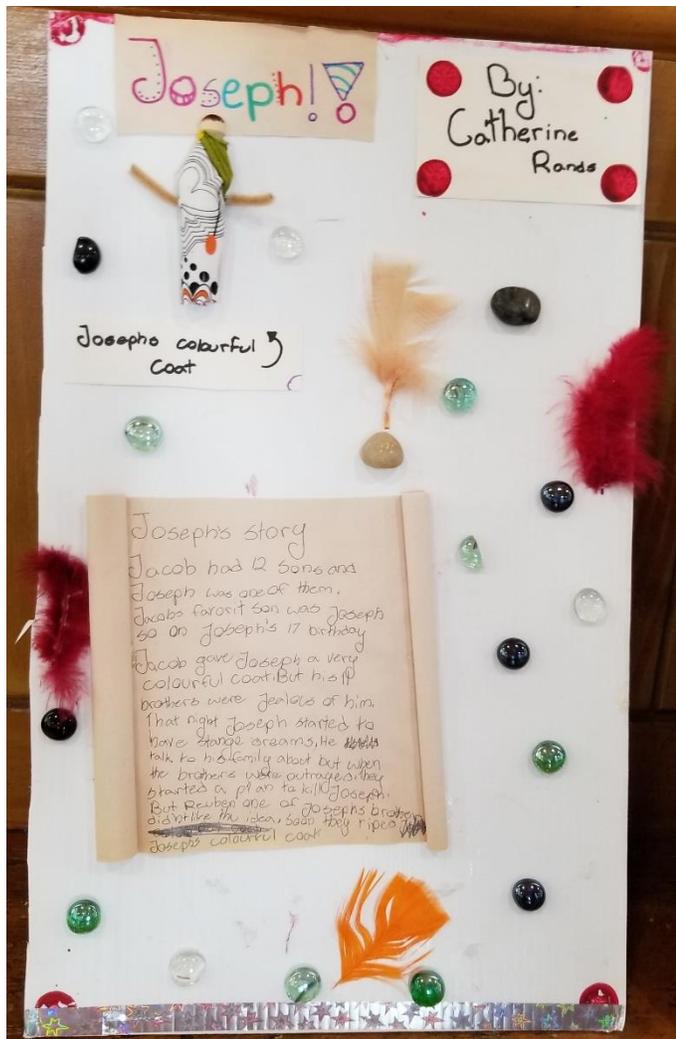


It was up to the students to design the research project and to make it theirs. They spent October doing the research and it quickly became apparent that the amount of time available was not going to be enough to complete the project. The project was extended to February, giving the students the opportunity to develop and produce something concrete that represented their ideas and work in their own unique and creative way. They had the option of presenting their project to the

congregation, presenting it to the class, displaying it at coffee hour or sharing it in the *Bread for Saints* newsletter. Fiona showed them some examples and from that, the students' imagination took off and their projects quickly took shape.

Catherine prepared a beautifully crafted poster board that featured **Joseph** and his multi-coloured coat, complete with a doll of Joseph in his coat and a scroll to display his story.

This was presented to the congregation and then displayed at coffee hour, where Catherine responded to questions and received lots of positive feedback.



Annie presented **Esther's story** to the congregation to great interest and applause. Both her presentation and poster board displayed a wonderful and informative account of Esther's life, complete with interesting facts, and her lovely board featured a pull-out tab with questions and answers and a doll of Esther in her finery as Queen. More than one congregant commented on how much they enjoyed the presentation and how much they appreciated learning more about Esther!





Makayla chose to display her project as a movie screen, where you could scroll through the scenes of **Zachariah's** life told through pictures with captions. A very creative approach!



Ayla's PowerPoint presentation on the life of **Mary** was professional, well detailed and ready for any boardroom! She presented it to the congregation, also receiving applause and great interest, and she answered more questions at coffee hour. Her presentation told Mary's story through pictures, maps, humour and fun facts ... did you know that Mary shares a birthday with Bernie Saunders?!

What is the first thing you think of when you think of Mary ?

Jesus !! Of course ! He was the son of Mary .If you have ever seen a Nativity scene you will see Mary looking down at her son , Jesus .



### Mary's childhood

She was born around 20 B.C. She lived in Nazareth, Galilee. Mary and her family celebrated 7 of the Jewish holidays , Passover was one of them .



### Her family

Her Mother is Anne (Saint Anne ) and her Father is Joachim (Saint Joachim ). Mary's cousin Elizabeth gave birth to John the Baptist. So that means John is Jesus's cousin. When Mary heard Elizabeth was pregnant she went to visit her. Elizabeth knew that Mary was pregnant with the Messiah because the Holy Spirit told her. According to Luke's gospel, Mary's response was the prayer we call The Magnificat .

### Her unknown Birthday .

Her birthday is unknown but it is celebrated on September 8 th, which is the same birthday as Bernie Sanders .



### The chosen one

When Mary was engaged to Joseph ,the angel Gabriel came to Mary and told her she was pregnant with the Messiah . Mary was a little worried and surprised , but she still accepted god's will .



### Why is Mary a good role model ?

Well even though she was a little worried about being the mother of Jesus she still accepted god's will .And she stayed by Jesus's side even when he was on the cross .

### Conclusion

So did you learn anything new about Mary ? I hope you enjoyed my presentation.

THE END

Wyatt wrote a story that starts with the birth of **Moses** and spans his journey through exile, the encounter with God at the burning bush and his miracles that finally resulted in freedom for the Hebrews. Wyatt did most of his research at home so used the class time to draft a well-researched and engaging story on the life of Moses. This story is well worth a read!

## **The Story of Moses**

*By Wyatt*

Moses was one of God's most beloved prophets. He led the Jewish into the promised lands and out of the horrible slavery in Egypt.

The story of Moses starts just after the Jewish Pharaoh dies but the Pharaoh who replaced him wasn't as nice. Moses' birth date wasn't exactly the best time to be born because it was when the Egyptians were slaughtering Jewish babies because of overpopulation so the Moses family voted to hide Moses.

But when Moses was too big to keep, Moses' mother put him in a basket and floated him down the Nile where he was picked up by the princess of Egypt where he was raised in royalty.

Around 20 years later, Moses saw an Egyptian beating the Hebrew slaves and Moses couldn't stand it so Moses killed the guard and went into exile. A little after Moses was exiled from Egypt, he found a well where there was a shepherd and a group of women having an argument with a shepherd about who should be the first to drink out of the well so Moses says to the shepherd, "Let the women drink after all the kind things they do." So the women drank first. One of the women told her father about Moses and the father offered Moses a job shepherding their sheep in exchange for shelter and food.

One day Moses was leading the flock of sheep up to Mount Sinai and Moses walked up to a dead bush and it suddenly lit on fire and God said, "Take your shoes off, this is holy ground you are standing on!" So Moses took off his shoes and knelt in prayer, "Oh God, what should you have me do?" And God said, "Go toward Egypt, you will meet up with your

brother Aaron and you will free the Hebrews from Egypt."

The day after God told Moses what to do, Moses left for Egypt. When Moses had covered half the distance, he found his brother Aaron. Aaron had been told the same thing Moses had been told. And Aaron and Moses continued toward Egypt. When they finally got to Egypt, Moses and Aaron went to the palace to negotiate with the Pharaoh. When Moses and Aaron got to the palace, they told the Pharaoh to free the Hebrews. When the Pharaoh said no, Moses showed him God's first miracle. Moses dropped his staff on the floor and it turned into a giant snake and the Pharaoh said, "Well, my magicians can do that!" But when the Pharaoh's magicians turned their staffs into snakes, Moses' snake ate the two other snakes and still he did not let the Hebrews free.

The next day, Moses and Aaron returned to the palace with the same request. When the Pharaoh denied it, Moses showed God's second miracle. Moses dipped his staff into the Nile and it turned to blood and the Pharaoh said, "My magicians can do that too but the Nile will stay like that for seven days!" But still the Pharaoh did not free the Hebrews. Then Moses unleashed thousands of locusts to eat all the crops. After that Moses unleashed the Angel of Death to kill every Egyptian newborn including the Pharaoh's son.

After that, the Pharaoh finally let the Hebrews free.



## SUMMER SUNDAY SCHOOL

We trust that our lives will have returned to normal by June and we are planning a wonderful program for this year's summer Sundays. Called *The Bible in 14 Objects*, this program will look at such objects as a rock, a needle, a tambourine, and a shofar and learn more about the stories which feature these items. Lots of art, music, games and a closing celebration and exhibition on September 6<sup>th</sup>. All are welcome.

## ST MATTHIAS COMMUNITY MEALS

Until close social contact with non-family members is safe to undertake, we are suspending our monthly community meals. The Parkdale Food Centre is also protecting their staff and volunteers by closing their doors to the public. To ensure that our neighbours have some tasty healthy meals, the Parkdale Food Centre kitchen will still produce food in their community kitchen for take-out or delivery. Our care and concern for each other can still be communicated through food.

To that end, St Matthias Community Meals will donate our monthly budget to the Parkdale Food Centre so that a prepared meal can be offered even if we, ourselves, cannot be there to make it. When you are remitting your All Saints' Westboro tithe, we would welcome any additional financial assistance you can provide to our St Matthias Community Meals ministry during these difficult times.

## FOOD SECURITY

During this time of uncertainty, the need to provide food to those who are the most vulnerable in our society does not take a rest. You can support both the Westboro Region Food Bank and the Parkdale Food Centre through your regular Parish giving.

For more information on the Westboro Food Bank and what they are doing, go to <https://westborofoodbank.wixsite.com/westborofoodbank>

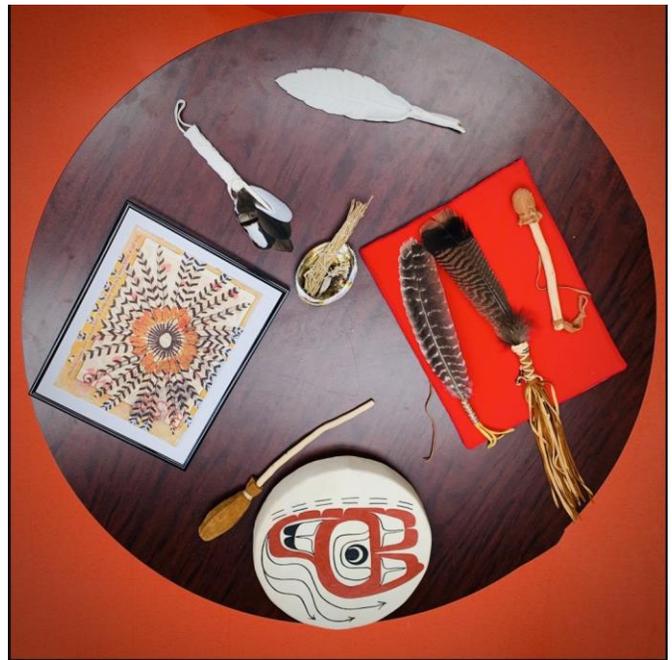
For more information on the Parkdale Food Centre go to [www.parkdalefoodcentre.ca](http://www.parkdalefoodcentre.ca)

## PORTAL ON INDIGENOUS HISTORY

On Saturday, January 25<sup>th</sup>, we unrolled the very first edition of the *Portal* workshop. Our goal was to give twenty-eight people a starting point for their exploration of indigenous issues.

The workshop was designed to foster adult learning of indigenous history that was absent from our formal education; to allow participants to place themselves, and their ancestors or descendants, in to significant periods of Indigenous history in Canada and North America using a personal lens; and to leave participants with additional resources to guide their continued exploration of indigenous history, rights and aims.

We gathered in small groups for cross-learning and discussion. We used on-line resources developed in keeping with the recommendations of the Truth and Reconciliation Commission. We had a massive floor map of what is now known as Canada, designed by the Royal Canadian Geographical Society, showing the traditional territories of the Indigenous Peoples of this land, just prior to European contact.



Prior to attending the workshop, people were asked to identify five areas within the country that had personal relevance for them. For example: where did you or your ancestors first settle in this land? Where did you attend

school? Where is your family cottage or what is the farthest point you have traveled to within Canada?

Participants were then introduced to five different historical subjects by using their personal locations: who were the pre-European contact Indigenous Peoples inhabiting the area identified by you? What languages were spoken by these people (at time of contact)? What proclamation, treaty or purchase governs the nation-to-nation relationship between a given First Nations, Inuit or Métis community and the “Crown” or Government of Canada? What and where were the reserves nearest to your ‘place’? Can you place those reserves on the floor map within that First Nations’, Inuit or Métis traditional territory? What was the residential school closest to where you (or your grand/children) attended school? Find the school on the map and notice where the reserves are from which children would have attended that school.

Each of the five table groups was ‘staffed’ with a volunteer Table Guide who could navigate through the identified on-line resources. This Guide then communicated the relevant information back to each participant. So not only did each participant learn about their own locations, they were hearing the responses given to every other participant at their table.

At the end of the five sessions, participants provided feedback such as:

- *I Learned I have so much to learn.*
- *The extent of the overlap of the multiple indigenous traditional territories.*
- *The number of indigenous languages and how many of them are endangered.*
- *The reservations and schools that were close to where I grew up (that I didn’t know even existed).*
- *Indigenous peoples exist on this land going back to 12000 BCE!*
- *How the European view/use of land is/was so different from that of Native People!*
- *Huge number of different Nations across Canada!*
- *The long distance to some residential*

*schools (from the children’s homes)!*

- *I had never considered that our family cottage lies on land previously occupied by and ‘belonged’ to a First Nation!*

Each participant took home an extensive resource list to aid with their continuing education. The websites used during the workshop were provided. In many cases, participants could go back to those sites and delve deeper into the material learning, for example, how the Haudenauanee people lived at the time before European contact. Knowing that people learn in different ways, the resource list included some suggestions for books — fiction and nonfiction, as well as documentaries, TV series, news sources and movies.

Our lunch was catered by Wawatay Catering, an Algonquin company based in Maniwaki. They served us bannock, a venison soup and green salad. A lentil-corn-sweet potato ‘pie’ was the tasty vegetarian option. And dessert was a moist apple cake.

The Anglican Church of Canada has been working faithfully on repairing its relationship with the Indigenous Peoples within our beloved Church and of this land. Our Diocese and our Bishop have also taken up these concerns by offering resources to parishes. If you missed out on this educational opportunity and are interested in participating at some future date, please contact us via e-mail — [t&r@allsaintswestboro.com](mailto:t&r@allsaintswestboro.com) or, when services return, leave your name with one of the committee members staffing our coffee hour resource table. We’ll keep a wait list until another workshop can be presented.



*Burning the palms on Shrove Tuesday*

## POP-UP INDIGENOUS ART EVENING

You will be invited to submit a photo of an artwork you own, along with a short description of what the piece means to you. The Chapel will be used for a one-time-only exhibit and the owners of the chosen pieces will need to be present to share their story about the work.

It will be an early evening get together on a Saturday night. Refreshments will be served, and we can enjoy the art, the stories and each other's company. This event will be scheduled once public health concerns have abated. For now, consider whether you have indigenous art you might like to share and prepare a photo and your story for future submission.

Undoubtedly everyone could use a pleasant and enlightening event to look forward to when we can, once again, meet together as a physical community. In the meantime, the Truth and Reconciliation team is hoping to send out information about free, on-line documentaries on Indigenous subjects that will help you keep your minds lively, your hearts open and help pass the time while we are socially isolating. Be well.



*Pancakes and Ashes to Go*



*The Wednesday Quilters at work*

## THE REV. ADAM BROWN



We are pleased to announce that the Rev. Adam Brown will be continuing on as the Assistant Curate at All Saints' Westboro until Chris returns from his Sabbath/Sabbatical Leave at the end of September.