

# BREAD FOR THE SAINTS

All Saints' Westboro

February 9, 2020

## ANNUAL VESTRY MEETING

Our Annual Vestry Meeting will be held on Sunday, February 23<sup>rd</sup> at 11:15 a.m. in the Chapel. If you would like to receive a copy of the reports please ask Chris for a PDF copy or contact the church office and we will get a hard copy to you.



Photo by Larry Chop

## SHROVE TUESDAY PANCAKES

The whole family is invited to join us for the Shrove Tuesday pancake supper and an evening of fun on **Tuesday, February 25<sup>th</sup> from 5:00 to 7:00 pm.** This year we will be cooking and First United will be doing a children's program that begins about 5:30. There will be a freewill offering. If you would like to help with the preparation of the meal, please speak with Susan Garnham or Sharon Chop.

## ASH WEDNESDAY SERVICES

On February 26<sup>th</sup> we will mark the beginning of Lent with the imposition of ashes at our Ash Wednesday services at **10:00 a.m.** in the Chapel and at **7:00 p.m.** in the Church. Again this year we will also be offering "**Ashes on the Go**" out in the Courtyard of the Church, weather permitting, starting at about 11:00 a.m. and running through the Lunch hour.

## TRUTH AND RECONCILIATION LENTEN STUDIES

All Saints' Westboro and First United will once again jointly offer a Lenten Program in March 2020. It will consist of viewing a film called the "*Doctrine of Discovery: Stolen lands; Strong Hearts*" followed by facilitated discussions in small groups.

A poster for the film 'Doctrine of Discovery: Stolen Lands, Strong Hearts'. The text on the poster includes: 'Doctrine of Discovery', 'Stolen Lands, Strong Hearts', 'A challenging, truthful documentary prepared by many indigenous leaders for the Anglican Church of Canada; to educate people on the Doctrine of Discovery and create an awareness of its legacy.', 'Documentary Video with Reflection and Discussion', 'Tuesdays, March 3, 10, 17, 24, 31 From 7 pm - 9 pm', 'All Saints Anglican/First United Churches 347 Richmond Rd., Westboro, Room 7/8', and 'Sponsored by the Right Relations Committees of All Saints Anglican and First United Churches'. The bottom of the poster features a photograph of two birds on a rocky shore with a boat in the background.

This film is a product of the work of the Anglican Church of Canada, and another valuable tool for parishes concerned with repairing and renewing relationships with Indigenous People. These studies will take place on 5 consecutive Tuesdays, beginning

March 3<sup>rd</sup> at 7:00 p.m. in rooms 7/8. All are welcome to attend this free program.

## SUNDAYS IN LENT WITH ADAM

One of the most ancient ways of both expressing and learning from our faith is through liturgy. After church, at 11:15 a.m. in the Chapel, from Sunday, March 1<sup>st</sup> to Sunday, March 29<sup>th</sup>, you're invited to join Adam in exploring the different parts of the liturgy we celebrate week after week! We will see how our words, songs, actions, and even our buildings are expressions of our common faith, and how they connect us to our ancient roots and our future.



*The Fisherman, Peter, is called to "Fish for people" (and the children got caught up in the net)*

## LENTEN BIBLE STUDY

This year's Lenten Bible Study will take place on Wednesdays at 1:30 pm from March 4<sup>th</sup> to April 1<sup>st</sup> in the Chapel. Led by Adam Brown, this study will take you on a journey through Lent and the issues of our day from a biblical perspective. All are welcome!

## CELTIC VESPERS

We will hold the annual Celtic Vespers service on Sunday, March 15<sup>th</sup> at 4:30 p.m. in the Chapel. The music for this special service will be led by Rare Blend and Duly Noted. The music begins at 4:15 p.m.

## SPECIAL LENTEN ENVELOPE

This edition of Bread for the Saints includes a special Lenten Offering envelope. If you received this issue by email please pick up your envelope at the back of the church.

## EASTER BAPTISMS

At the Great Vigil of Easter on Saturday, April 11<sup>th</sup> at 7:00 p.m. and on Sunday, April 19<sup>th</sup> at 9:30 a.m. we will celebrate baptisms. If you are looking for baptism for yourself or your children, please contact Barbara Robertson through the ASW office (725-9487). We will hold Baptism preparation classes during Lent.

## COLDEST NIGHT OF THE YEAR

Cornerstone Housing for Women will be having their first annual advocacy and fundraising walk. It takes place on February 22, 2020 in Westboro. It's called the Coldest Night Of The Year (CNOY). Registration starts at 4:00 p.m. at All Saints' Westboro.

Cornerstone runs the only emergency shelter in Ottawa specific to homeless women, plus four supportive housing communities and an outreach program. One thousand women become homeless in Ottawa each year. Cornerstone is able to help almost half; 200 women each day. There is still much work to be done in order to help our most vulnerable women. You can learn more about the event, sponsor a walker, or agree to walk and raise money, by signing up at [www.CNOY.org](http://www.CNOY.org). Enter the location as "Ottawa Westboro".

## CHURCH SCHOOL NEWS

Have a look at the bulletin board in the lower hall. You will see the most recent activities of our church school children.

During February, Fiona Hill's Grade 5/6 class are continuing their research project which they began in September. The students have each chosen a character from the Bible and are digging through resources to find details which will bring that character to life. Watch for their presentation at the end of the month.

March is Servers' training month. We invite all students who are in their eleventh year or older to join Barbara in the chapel during the service on the Sundays of March. This is also a time when the senior servers have continued in-service training and a chance to get to know the younger members of the guild.



Please speak to Barbara if you feel a call to work with our church school. We are in need of Learning Leaders for eight class units between March and May.

## ST MATTHIAS COMMUNITY MEALS

At the end of 2019, we were surprised by a most welcome gift.

For years, Doug Fisher in his capacity as volunteer manager of facility rentals at All Saints' Westboro has provided the sanctuary rent-free to The Statistics Canada Choir for their annual Christmas Concerts. In exchange, the Choir donates the net proceeds of their concert ticket sales to local community groups.

St. Matthias Community Meals was one of this year's lucky recipients. Helen Norman sold tickets for the concert through the office, while Julie Newlands, Peter Newlands and Susan Gates helped with ticket sales the afternoon of the concert on December 8, 2019.

The 2019 concert, *Angel's Christmas*, presented beautiful versions of Ave Maria as well as Christmas hymns from the Renaissance to modern times. The choir was accompanied by a string ensemble. Our special thanks to those musicians, to the choir director, Frédéric Bédard, and the soloists Joanne Proulx, Sylvie Bernier and Sarah-Anne Savard; all of whom performed for free.



An appreciative audience of 80 at the All Saints' Westboro concert left with Christmas in their hearts. Combined with ticket sales from two other Stats Can choir holiday concerts, St. Matthias Community Meals' share of the proceeds amounted to \$1,600.00.

This generous gift will go a long way to cover both the increasing cost of food and the much larger numbers we are serving. For example, at our last meal on January 15th, 48 neighbours attended the community supper. Compare that figure to January 2019 when 17 neighbours attended.

Equally important to the sustainability of this ministry are the financial donations of All Saints' Westboro parishioners and the physical presence and work of our volunteers. Feel free to speak to Linda Phillips, Georgeanne Baker or Susan Gates about the St. Matthias Community Meals program. We'd be happy to explain what we're up to!

## PORTAL ON INDIGENOUS HISTORY

January 2020 saw the Truth and Reconciliation Team putting the last touches to the workshop entitled "Your Portal to Indigenous History". This was held on January 25<sup>th</sup> and involved help from so many people outside of the team.

First there was Ottawa resident, Margaret Lemaire, a Cree woman from the West Coast of James Bay, who told her story. Then there was a group of "techies" whose computer skills made the day possible; Sally Baycroft, Heather Ries, Heather Holmes, Paul Young, Barb Gillie.

A colleague of Wendy Wilker-Blakely loaned us an enormous map of Canada showing our country before provinces and territories were established. We were literally able to walk on history.

There was also Helen Norman, who used her creativity to produce numerous engaging worksheets. Last, but definitely not least was Susan Gates' nephew Paul Young, who lugged heavy items without a complaint, and rearranged the whole set up, while calming and supporting the entire team!

Look for a full workshop report in the next issue of *Bread for the Saints*. Please check our Resource Table in Steacy Hall after Sunday services for more information.

## VILLAGE FAIR DISPLAYS FINE LINENS

*Eleanor Conn, The Linen Lady*

Each autumn for the last 17 years I have received fine linens donated by members of the congregation and the community. They entrust me with their much-loved linens which have been treasured over the years. I take them home and prepare them for the Linen Table at the annual Village Fair.

I have met numerous donors either picking up the linens at their home, or meeting them at the Fair when they discover their donation has been sold to a visitor who will continue to treasure their linen. Being a donor gives the individual a way to participate in the Village Fair at All Saints' Westboro.

It is a wonderful experience to receive one-of-a-kind donations. I examine these unique items, either handmade or purchased, and learn some of the history of fine linen textiles.

Among items I have received are collections of lady's handkerchiefs, which provide a trail of the various styles of handkerchiefs used years ago. I examine each handmade doily, typically tatted or crocheted, which was carefully made and loved by someone. Many of these items would have been created in the 1950's, 1940's or even earlier. The doilies were created to enhance the furnishing in the home, such as

on a dresser or table. Today, most people leave their furnishings bare, so we offer other suggestions. This past year we have promoted the use of napkins, both damask or coloured, as an environmentally friendly option, which visitors willingly responded to.



I examine each item which comes in, choosing the care required. I hope you have visited the Linen table to see these beautiful treasures waiting to be discovered. Our visitors range in age from older people dropping by to reminisce or purchase, to a younger generation beginning their collection of fine linens.

Do you have a collection of linens, stored in a drawer, possibly handed down through your family, which you do not know how to care for or use? I am offering a workshop to share my knowledge in the care and usage of fine linens so you can enjoy them for years to come. Please contact Eleanor Conn for further information.

