



*Amish Farming practices in Intercourse, Pennsylvania
Photo by Christopher Dunn*



*Sometimes you just have to scratch that itch.
Black-crowned Night Heron at Mud Lake, Ottawa
Photo by Christopher Dunn*

Saints Alive!

Weekly News from All Saints' Westboro

Thanksgiving, Pentecost 18

October 13th, 2019

This Week

Today	10:45 am	Healing Forest Blessing	Courtyard Church
	4:30 pm	Taste and See	
MONDAY	BUILDING CLOSED		
Tuesday	7:00 pm	What Day is It?	Chapel
Wednesday	10:00 am	Eucharist	Chapel
	9:30 am to 2:30 pm	New-To-You Shop	
	10:00 am	Quilters	Rm 7/8
	12:00 to 1:30 pm	Chapel Open	Chapel
	1:30 pm	Worship Committee	Chapel
	3:00 pm	Pastoral Care Team	Chapel
	5:00 to 8:00 pm	StMCM	Parkdale FC
Thursday	12:00 to 1:30 pm	Chapel Open	Chapel
	5:00 to 7:00 pm	Food Bank	
	5:30 pm	Centering Prayer	Chapel
	7:00 pm	Choir Practice	Rm 7/8
	7:00	Parish Council	Rm 5/6
Friday	12:00 to 1:30 pm	Chapel Open	Chapel
Saturday	9:30 am to 2:30 pm	New-To-You Shop	

Today

Healing Forest Blessing

Today, at 10:45 a.m. in the Courtyard

Please join us on the east side of the courtyard as we inaugurate our small Healing Forest. This is an initiative of the Summer Sunday School program, and we ask the children especially to be present as they will have a part in the blessing ceremony. Our hope is that this small spot will become a space for rest and meditation as we continue our journey of reconciliation.

Taste and See

Today, at 4:30 p.m. in the Church

Join Linda and Edith for our Taste and See Eucharist: silence, singing, movement, and a contemplative emphasis. All of us gathered around the table to make the Eucharist happen. All are welcome.

Growing Saints

Church School

Today, Kindergarten children are with Helen Norman in the Common Room; Grade 1-2 are with Sharon Chop in Room 7/8; Grade 3-4 are with Catrina Tapley in Room 7/8; Grade 5-6 are with Fiona Hill in Room 5/6; and Grade 7-12 are with Barbara Robertson in Room 5/6.

Seeking Baptism

If you are thinking of baptism for yourself or your child, please talk to Barbara or one of the clergy. Our next scheduled baptism is on Sunday, November 3rd, during the 9:30 a.m. service.

Upcoming Events

What day is it?

A look at times and seasons in the Christian life.

Tuesday, October 15th, at 7:00 p.m. in Room 7/8

In common with Jews and Muslims, Christians shape life by following a calendar of days and seasons - some of celebration, some of solemn preparation and remembrance. Learn more about how the calendar and the lectionary help us live our Christian lives more fully. Led by Patricia Bays.

St. Matthias Community Meals (StMCM)

Wednesday, October 16th, at 5:00 p.m.

St. Matthias Community Meals (StMCM) happen on the third Wednesday of each month. ASW volunteers work alongside Parkdale Food Centre neighbours to prepare and enjoy a healthy meal. Although we are blessed with plentiful volunteers, we are in need of monetary donations to help fund our meals. Our savvy shoppers keep the costs to approximately \$5/meal, and we aim to serve between 40 and 50 people each month. Your financial contributions to this important ministry are very much appreciated – please mark on your giving envelope that you'd like to direct funds to "StMCM".

Young Professionals Bowling
Sunday, October 20th, at 5:00 p.m.

Join Chris and the Young Professionals at the West Park Lanes in Hintonburg.

The Art of Spiritual Practice Workshop
Saturday, October 19th, 9:00 a.m. to 3:00 p.m., St. Barnabas Anglican Church, 70 James St, Ottawa

The workshop will be led by Linda Privitera, who has extensive experience in the field of art and has been animating The Art of Spiritual Practice workshops for many years. It is open to anyone willing to engage in a creative practice that mirrors *lectio divina*, a contemplative process. No artistic experience required. Bring your own supplies (crayons, pastels, watercolours or acrylics—oil paint not suitable). And don't forget your lunch! Coffee, tea and dessert will be available. There is no fee.

Cornerstone Housing for Women:
First Anniversary Celebration
Wednesday, October 23rd, from 3:00 to 5:00 pm at 373 Princeton Avenue

You are invited to a celebration of homecoming and of giving thanks. Speeches will begin at 3:30 p.m. and light refreshments will be provided. If you would like to attend, RSVP to Jessie-Lee Wallace—by Tuesday, October 15th—at jessie-lee.wallace@cornerstonewomen.ca or 613-254-6584 (503)

Movies with Meaning
Wednesday, October 23rd, dinner at 6:00 p.m. in Steacy Hall; movie at 7:00 p.m. in the Chapel

The movie will be the *Biggest Little Farm*. Documentarian, John Chester, and his wife Molly work to develop a sustainable farm on 200 acres outside of Los Angeles. The film chronicles eight years of daunting work and outsize idealism as they attempt to create the utopia they seek, planting 10,000 orchard trees and over 200 different crops, and bringing in animals of every kind. As always, dinner will be served promptly at 6:00 p.m., allowing time for conversation before the movie begins. If you plan to come for dinner, please register by contacting the ASW office (office@allsaintswestboro.com) **by noon on Friday October 18th**. If you are not able to attend at the last minute, please also inform the office. There is no requirement to pre-register if you are just coming for the movie. The cost of dinner and movie is \$10.00 and the cost for just the movie is \$3.00.