



*The White-breasted Nuthatch as seen along the Mud Lake Trail, Ottawa
Photo by Christopher Dunn*

Saints Alive!

Weekly News from All Saints' Westboro

Eleventh Sunday after Pentecost

August 25th, 2019

This Week

Today	10:45 am 11:30 am 1:00 pm	Picnic Nature Walk Pride Parade	Courtyard Mud Lake Bank&Argyle
Monday	10:00 am to 1:00 pm 12:00 to 1:30 pm	Food Bank Chapel Open	Chapel
Wednesday	10:00 am 9:30 am to 2:30 pm 12:00 to 1:30 pm 7:00 pm	Eucharist New-To-You Shop Chapel Open Movies with Meaning	Chapel Chapel
Thursday	12:00 to 1:30 pm 5:00 to 7:00 pm	Chapel Open Food Bank	Chapel
Friday	12:00 to 1:30 pm	Chapel Open	Chapel
Saturday	9:30 am to 2:30 pm	New-To-You Shop	

Today

Mud Lake, Here we Come !

Today, picnic: 10:45 a.m. in the courtyard; nature walk: leaving at 11:30 a.m. to drive to Mud Lake

Today immediately after the service, we will gather on the grassy areas of the courtyard for a light picnic lunch, each family providing their own food and utensils. Larry Chop will then lead us on a walk around Mud Lake so that we can do some "forest bathing." Where possible, we will share rides to cut down on the carbon footprint. After a summer of looking at trees from the biblical, scientific, literary, and artistic viewpoints, we will have a chance to look at them in person! Remember to wear protective clothing including hat, shoes, socks, and long pants and to bring sunblock.

Pride Parade

Today, at 1:30 pm, meeting at 1:00 pm on Argyle just east of Bank

After walking in the woods, you can join the Anglican parishes in demonstrating their welcome to members of the LGBTQ communities, by walking together under the banner of the Anglican Diocese of Ottawa. For greater identification, participating parishes are encouraged to carry their own banners or signs.

Growing Saints

Summer Sunday School: The Tree of Life

Today and September 1st

Our children will be with Rev. Linda today as they explore the ancient symbol of the Tree of Life. There will be art!

Upcoming Events

Movies with Meaning

Wednesday, August 28th: Movie at 7:00 p.m., in the Chapel

Please mark your calendar for August's movie night, Wednesday, August 28th. **This night will be a movie only.** Cost of the movie is \$3.00. A suggestion might be to have dinner in one of the many Westboro restaurants before the movie. You may also wish to bring a drink and a snack to enjoy while watching the movie.

The movie will be *Fences*. "Some people build fences to keep people out - and other people build fences to keep people in." Troy Maxson (Denzel Washington) makes his living as a sanitation worker in 1950s Pittsburgh. Maxson once dreamed of becoming a professional baseball player but was deemed too old when the major leagues began admitting black athletes. Bitter over his missed opportunity, Troy creates further tension in his family when he squashes his son's chance to meet a college football recruiter. Viola Davies won an Oscar for best actress in a supporting role in this movie.

Bible on Tap

Wednesday, September 4th, at 7:00 p.m., at the Carleton Tavern

Join Simone Hurkmans at the next Bible Study at the Carleton Tavern in Hintonburg. This will be an opportunity to look at the week's lectionary readings, share a pint, talk theology and enjoy some fellowship together.

Craft Guild

Wednesday, September 4th, at 7:00 p.m., in Room 5/6.

Everyone is welcome to join us. As the bazaar gets closer, we will be wrapping up a project that is underway and working on a new project as well! Please save your avocado small mesh bags for the ASW Craft Guild (carefully cutting the tops, so they can be used as small bags).

Bottles for the Westboro Region Food Bank

Empty, clean Ensure and Boost bottles are required for dish soap.