



*A Black-Skimmer at Cape Hatteras, North Carolina
Photo by Christopher Dunn*



*A young Wood Duck spotted during our
"Forest Bathing" hike around Mud Lake last week
Photo by Christopher Dunn*

Saints Alive!

Weekly News from All Saints' Westboro

Twelfth Sunday after Pentecost

September 1st, 2019

This Week

MONDAY	BUILDING CLOSED		
Wednesday	10:00 am	Eucharist	Chapel
	9:30 am to 2:30 pm	New-To-You Shop	
	10:00 am	Quilters	Rm 7/8
	12:00 to 1:30 pm	Chapel Open	Chapel
	7:00 pm	Bible on Tap	Carleton Tav.
	7:00 pm	Craft Guild	Rm 5/6
Thursday	12:00 to 1:30 pm	Chapel Open	Chapel
	5:00 to 7:00 pm	Food Bank	
Friday	12:00 to 1:30 pm	Chapel Open	Chapel
Saturday	9:30 am to 2:30 pm	New-To-You Shop	

Today

Today, 10:45 a.m., in the Courtyard

Support Allan and Gail in Parkinsons SuperWalk next Saturday, September 7th. They, and Susan Stewart, will be receiving donations this Sunday, September 1st, in the courtyard after the 9:30 am service. Donations may also be made online at https://donate.parkinson.ca/site/SPageNavigator/SuperWalk/Donate_now.html. Select "Donate to a Walker, and then choose Allan or Gail McGregor or Susan Stewart. All donations are welcome; donations of \$20 or more will result in a tax receipt.

Growing Saints

Summer Sunday School Celebration

Our children will meet with Rev. Linda today to finish an art installation on The Tree of Life. This image is mounted in the Chapel and is an attempt to sum up our thinking and learning about the trees in our lives. Come to the chapel for a look at what we've done. Next Sunday, September 8th, we resume regular Church School. Every class will begin using the *Whole People of God* curriculum, and we predict a great year! All are welcome.

Upcoming Events

Bible on Tap

Wednesday, September 4th, at 7:00 p.m., at the Carleton Tavern
Join Simone Hurkmans at the next Bible Study at the Carleton Tavern in Hintonburg. This will be an opportunity to look at the week's lectionary readings, share a pint, talk theology and enjoy some fellowship together.

Craft Guild

Wednesday, September 4th, at 7:00 p.m., in Room 5/6.

Everyone is welcome to join us. As the bazaar gets closer, we will be wrapping up a project that is underway and working on a new project as well! Please save your avocado small mesh bags for the ASW Craft Guild (carefully cutting the tops, so they can be used as small bags).

Taste and See

Sunday, September 8th, at 4:30 p.m.

Join Linda and Edith for our Taste and See Eucharist. Real bread and real wine, silence, singing, movement, and a contemplative emphasis. All of us gathered around the table to make the Eucharist happen. All are welcome.

Newcomers' Welcome Lunch

Sunday, October 6th, at 10:45 a.m., in the Chapel

If you have joined us any time during the past 18 months or so, please plan to attend a welcome lunch on Sunday, October 6th. We will meet in the Chapel immediately after the service, for a light lunch and a chance to get to know one another. Please contact the office (office@allsaintswestboro.com; 613-725-9487) or sign up on the poster which will be at the back of the church. All are welcome!

August at the Parkdale Food Centre

On Wednesday, August 21st, we held the St. Matthias Community Meal (StMCM) at the Parkdale Food Centre. StMCM happens on the third Wednesday of each month. This month, we fired up the BBQ and served 58 people a delicious summery meal of Asian-style dinner salad with sautéed chicken breast fillets, corn on the cob, ice cream cones and fruit. We had 10

volunteers serving 48 neighbours. Although we are blessed with plentiful volunteers, we are in need of monetary donations to help fund our meals. Our savvy shoppers keep the costs to approximately \$5/meal, and we aim to serve around 50 people each month. Your financial contributions to this important ministry are very much appreciated. Please mark on your giving envelope that you'd like to direct funds to "StMCM."

Bottles for the Westboro Region Food Bank

Empty, clean Ensure and Boost bottles are required for dish soap.

Website

We've been working hard to update our website and the events calendar, so you'll be able find out more about what's happening at All Saints' Westboro. Please check it out at allsaintswestboro.com, and if you have any questions about or suggestions for the website, please send them to weballsaintswestboro@gmail.com.



*An American Goldfinch plays with the thistle seeds during our "Forest Bathing" hike at Mud Lake.
Photo by Christopher Dunn*