

BREAD FOR THE SAINTS

All Saints' Westboro Anglican Church

September 1, 2019



TREES and SUMMER SUNDAY

After a wonderful summer program focused on trees from the biblical, environmental, and symbolic points of view, we have one last event which will be a lasting benefit to our parish and the wider community. We have been learning about The National Healing Forest program. Started by two people almost three years ago, this project is to establish small park-like areas across Canada where Canadians can gather informally to be bathed by nature and to consider the relationships between indigenous and settler communities.

In co-operation with our indigenous partners, members of the community at large, and our First United partners, the children have planned a very small spot on the east side of the church property as a haven for natural beauty and conversation. Watch this spot as it develops; we plan an opening and blessing in October.

CHURCH SCHOOL RESUMES

On Sunday, September 8th, we are back to regular church school classes. Returning and new students will gather in their various classrooms after the puppet conversation with

Father Chris. We offer age-appropriate classes for Kindergarten to High School with a variety of skilled and dedicated teachers and loads of delightful children and youth.

So far, ten people have offered to teach a total of 17 units. This means that we have 13 units still looking for teachers, so we are over halfway to a full teaching staff for the 2019-20 year. If you feel the Spirit's urging, don't ignore it! See where you can fit in to one of the most rewarding ministries in our parish and contact Barbara.



TASTE & SEE

Please join Linda Privitera and Edith Troup on Sunday, September 8th at 4:30 p.m. for **Taste & See**, an alternative Eucharist with real bread, real wine, lots of silence, lots of singing and an emphasis on contemplative worship and communal reflection. Taste & See is generally on the 2nd Sundays at 4:30 p.m.

BLESSING OF THE ANIMALS

We invite everyone to bring their special family pets to the services on Sunday, October 6th. People are invited to bring their special friends to either of the morning services that day. Following the 9:30 service we will gather in the Courtyard and meet with First United for an opportunity to celebrate all our special pets.

NEWCOMERS' WELCOME LUNCH

If you have joined us any time during the past 18 months or so, please plan to attend a welcome lunch on Sunday, October 6th. We will meet in the chapel immediately after the service for a light lunch and a chance to get to know one another. Please contact the office at office@allsaintswestboro.com, 613-725-9487, or sign up on the poster which will be at the back of the church. All are welcome!



The Westboro Fuse Barbecue raised \$1,045 for our Youth programing like CLAY

CLAY GATHERING

The Canadian Lutheran and Anglican Youth (CLAY) event is a national youth gathering that happens every two years. The next one will be one year from now, August 20-23, 2020 in Calgary Alberta. All teens who will be aged 14-19 by December 2020 are eligible to come. We fundraise most or all the money we need to fly from Ottawa to Calgary and pay the registration fees.

All Saints' Westboro has been sending teens to CLAY since 2016, and it is a wonderful experience. CLAY is a unique growing for our teens on so many levels:

1. Youth Ministry well done. At the national level, we can do things that are impossible at the parish or even diocesan level.
2. Large Group Gatherings. The energy of 800 kids all rocking together and hearing world-class speakers is inspirational, in the fullest sense of the word.
3. Rooted in our theology. This is our faith presented by our clergy.
4. Education sessions. Small groups where kids can open up about doubts and with

5. questions. Like Church School on steroids.
5. Discovering Canada. CLAY is a growing-up exercise: planning, fundraising, flying without parents, and seeing remote corners of Canada.
6. Inclusion and Social Justice. CLAY is a safe place, and we take a hard look at current church issues such as Truth and Reconciliation.
7. Youth love it. In 2016, five of our boys went to PEI, and they were pumped up afterwards. Last year, one of our girls went (we teamed with Bell's Corners) and she is still excited. How often do we see kids excited about church?

If you have questions, contact Steve Sibbald or Barb Robertson. We'll be meeting with teens during church school on Sunday, September 22nd, and with parents at coffee following worship the same day.

ADULT EDUCATION EVENTS

What day is it? A look at times and seasons in the Christian life. In common with Jews and Muslims, Christians shape life by following a calendar of days and seasons - some of celebration, some of solemn preparation and remembrance. Learn more about how the calendar and the lectionary help us live our Christian lives more fully. Led by Patricia Bays, Tuesday evening October 15, at 7 p.m. in room 7/8.

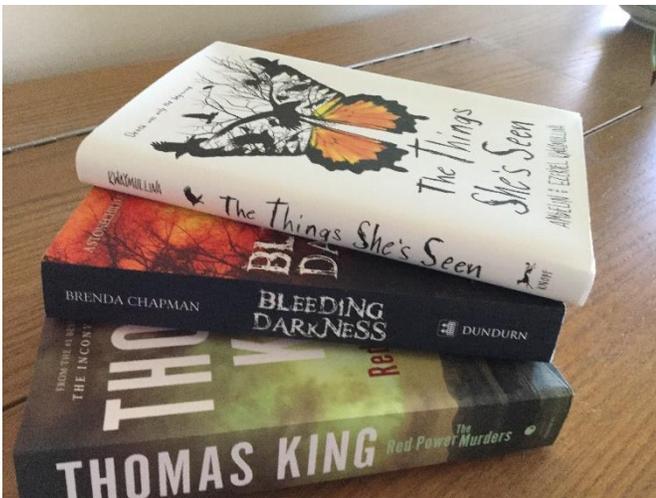
Science and Christianity II: "Darwin and Evolution." A short course led by Jarrett Carty in the ideas and discoveries of Charles Darwin, and his theory of natural selection, and an overview of the controversies over his work, particularly Christian ones. We will learn a little about the history of modern biology and geology, Christian theology and science, and Darwin and his influences. All are welcome—no previous knowledge of these topics is necessary or expected. These classes will occur at 11:15 in the PAL hour slot on Sundays in November. Watch for dates in the bulletin.

EXPLORING THE WORLDS OF INDIGENOUS DETECTIVES

(Patricia Bays)

The parish's Truth and Reconciliation group has sponsored a number of events to explore indigenous history and culture, and to begin to build relationships and connections. Here is an opportunity to look at indigenous life in a different light.

Daniel Heath Justice (Cherokee) in *Why Indigenous Literatures Matter* says that colonial literature stresses indigenous deficiency. The indigenous people are shown as poor, uneducated, troubled, addicted, victims. But *indigenous* literature shows indigenous competence. Detective literature is only a very small part of the overall body of that literature, but these are books that show the lives of ordinary people - indigenous people in charge, with customs and values that help them to become good human beings, beings in relationship and kinship with each other and with the natural world. There is something for us to learn here.



I know that there are many avid mystery readers in the parish, and I have found that there are increasing numbers of mysteries with indigenous detectives and settings. (I have found 39 authors so far!) Join me in the chapel on Wednesday, October 2, from 7 to 9 p.m. to explore the list of authors and to talk about questions raised by this literature.



We had a number of wonderful Indigenous Artists, and Birch Bark Coffee, at Westboro Fuse this year.

ALL SAINTS' READING CIRCLE

The Reading Circle will be starting another year of monthly book discussions on September 11th. This year we have chosen to read six novels, and four works of nonfiction about politics, philosophy, theology and aging. Please join us for any session that interests you. We meet in the chapel at 7:30 pm on the second Wednesday of the month.

Our September book is *Eleanor Oliphant is Completely Fine*, the story of a lonely, socially-awkward young woman, who through two unlikely friendships begins to trust others and recover from childhood trauma. The book has proved to be very popular and plans are underway to make it into a film.

In October we will be reading *Happiness* by Aminatta Forna. A chance encounter on Waterloo Bridge links two disparate individuals - a Ghanaian psychologist who treats victims of trauma and an American naturalist studying urban foxes. They join forces to search for a young woman and her son who are missing, possibly swept up in an immigration crackdown. This tale of love, loss, cruelty and kindness examines the interconnectedness of lives, our co-existence with one another and nature, and the true nature of happiness.

Our November selection is *Days of Awe and Wonder: How to Be a Christian in the Twenty-First Century* by the progressive theologian Marcus Borg. This collection addresses themes central to Borg's scholarship and convictions: the importance of the historical Jesus, who he was as well as what he said and

did; faith as a journey instead of a system of belief; and ways to think about Jesus as God, as the model for centering oneself in God, and as a prophet of social concern.

On December 9th, we will be discussing *On Tyranny: Twenty Lessons from the Twentieth Century* by Timothy Snyder, Housum Professor of History at Yale University and an authority on Eastern Europe and the Holocaust. Drawing on his study of Stalin and Hitler, Snyder offers twenty practical strategies citizens can use to resist repression and the drift toward authoritarianism.

All the books are available through the Ottawa Public Library but we have purchased additional copies of *Days of Awe and Wonder*, which may be borrowed from the church office.

JAZZ VESPERS SEASON 2019-2020

“Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.” Romans 12:2

Join us at Jazz Vespers and experience the transformative power of jazz in a sacred space.

October 6 th	Elise Letourneau, voice, piano, and flute, and Tim Bedner, guitar
November 3 rd	Scott Poll and Company
December 1 st	Yves Laroche, piano, Charley Gordon, trumpet, Tom Denison, bass
January 5 th	Peter Brown, piano, Chris Breitner, bass
February 2 nd	Ginny Simonds and Company
March 1 st	Mike Tremblay, saxophone Mark Ferguson, piano
April 5 th	Peter Woods and Company
May 3 rd	London Trio +
June 7 th	Steve Boudreau Trio

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Philippians 4:8



Peter Woods and Company played on June 2nd

LET'S EAT: A WONDERFUL YEAR OF FOOD AND FELLOWSHIP

(Chris Jones and Simone Hurkmans)

If you had popped into the church kitchen on a Saturday morning between September 2018 and May 2019, you would have encountered the friendly faces of the *Let's Eat* pilot program. The program provided a nutritious hot breakfast and a takeaway lunch to individuals and families with children each week. Let's Eat met a demonstrated need in our community by helping to provide healthy meals to the food insecure.

Funded by the Westboro Region Food Bank, the program also provided opportunity for participants to enjoy fellowship and conversation with each other and staff. Over 34 weekends since last September, the program has served meals to over 375 participants with an average attendance of 12 clients per week, with some Saturdays seeing as many as twenty participants. A very merry holiday party was also enjoyed which included a choir and ukulele accompaniment!

Leading the planning and implementation were intrepid volunteers Julie Newlands and Connie Howes-Davidson, while Chris Jones led the program as staff during the winter months. Key to the program were twelve wonderful and generous volunteers, some of whom worship in

the congregations of All Saints' Westboro or First United, who gave selflessly of their time on alternating weekends. The program would not have been possible without their steadfast commitment and the devotion they showed to the well-being of the adults and children who attended.

As all good things must come to an end, after considerable program review, it was decided that Let's Eat won't be continuing this fall. Although the program was excellently delivered and met a real need in our community, it was felt that the program was not sustainable, especially with respect to the huge volunteer effort the program requires.

We are so pleased with what was accomplished over the last year and continue to look for other opportunities to serve our Westboro community.



Lori Crawford, the Coordinator of the Westboro Region Food Bank, greets passersby at the Westboro Fuse.

TWO BAPTISMS AND A WEDDING: AN ALL SAINTS' STORY OF THE KIZITO FAMILY

(Larry Chop and Helen Norman)



There are many stories to be told of the families that are part of our All Saints' family (congregation, that is). Stories of seniors who have been attending All Saints' Westboro since they were babies; stories of parents who grew up in the church bringing their children to All Saints' Westboro for baptisms, and then staying for puppet shows, Sunday School, and the myriad of family events; and people who were alone and looking for a place to belong and be part of a busy, vibrant community.



This is the story of the Kizito family, who felt such a connection to this church that even after moving away they came back to celebrate a



**WESTBORO REGION
FOOD BANK STATS**

We served **110 households** in July.

293 individuals
205 Adults
88 Children
10 second visits
120 TOTAL VISITS

milestone 40th anniversary and the baptism of their granddaughter. On a bright Sunday (May 5th, 2018), at the end of the service when the call was made for birthdays and anniversaries, a couple dressed in their finery came up to the front. They told us that they had made a special trip to celebrate their 40th anniversary in the place where they were married.



Elisha and Catherine had moved to Canada from Uganda and settled in Ottawa—to be more precise, in the All Saints' Westboro neighbourhood. They attended All Saints' Westboro, and on the 6th of May 1978, they were married here by the Rev. J. Barry Curtis. Their daughter, Tiffany, was baptized at All Saints' as well, and even though they have lived in the south of Ottawa for some years, they still consider All Saints' Westboro to their home church. So . . . when it came time for their granddaughter, Keziah, to be baptized, Elisha and Catherine wanted it to happen here as well. And on April 28th, 2019 after travelling from



London, England where she currently lives with her parents, Tiffany and Brian, little Keziah Rose was baptized.



Merri Squares kicked up their heels – let's play, Where's Lamar?



The Mud Lake "Forest Bathing" hike, August 25th



Participating in the Pride Parade, August 25th



The Ottawa Fire Services Band kicked off the Entertainment for us on the Courtyard Stage



On July 7th we read the letter from the Bishop appointing Simone as the new Associate Incumbent of All Saints' Westboro – she's staying!

Village Fair

November 16, 2019 9:00 am to 2:00 pm

With September approaching, our thoughts are turning to the All Saints' Village fair. The team of conveners is in place and much work has already been done. One of the reasons our bazaar is so successful is that the whole parish pitches in either at the event or in the days leading up to it. There are many ways to help—making soup, serving lunch, packing things up at the end of the day, greeting visitors, baking, knitting—whatever works for your schedule.

All Saints' Originals (Crafts) - Enthusiastic crafters have been busy all year producing "All Saints' Originals" for the bazaar. New this year are reusable produce bags and beeswax food wraps to help cut down on single use plastics. To add an item to the table or to join the crafting workshops, contact Kathy Leedom

Baking - Baked goods are hard to resist and this table always sells out. We are encouraging everyone, who is able, to bake so we will have lots to sell. Lemon and fruit breads, scones, cakes, squares, pies, tarts, cookies, and homemade bread or rolls are all popular. Christmas baking--plum puddings, mince tarts, shortbread--always sells well.

Smaller items sell more quickly so please bake and package accordingly. Including a list of ingredients on the labels is helpful for shoppers with food allergies. The coordinator is Sue Garnham.

Books, DVDs, CDs, Puzzles and Games - Our bazaar is known for offering a wide selection of used books, both fiction and nonfiction. Donations can be left at the church the week before the bazaar. To donate books earlier, contact Peter Robertson or Ted Cherrett.

Candles- We have been given a large collection of candles. We welcome your additions of candles and candlesticks to this table.

China, Silver and Collectibles - We welcome donations of crystal, china or silver including Royal Doulton figurines, picture frames and candlesticks. Mid-century items are also proving popular with younger shoppers. Early delivery ensures there is time to polish the silver and do the research needed to price items appropriately. The contact is Elizabeth Harris who can be reached at harrise@algonquincollege.com

Jewellery and Accessories - We sell new and vintage costume jewellery and watches as well as scarves and purses. See what you can add to the collection by sorting through your jewellery box or making earrings, necklaces or eyeglass chains. The contacts are Sue Wise and Sandra Cherrett.

Kids' Zone - The secret children's room is where children can purchase and wrap Christmas presents for their families. Donations of wrapping paper and items to sell are welcome. Please contact Blanche Dunn.

Knitting - It is not too late to join the group of dedicated and talented knitters and crocheters who produce a wonderful array of mittens, hats, woolen socks, dishcloths, tea cozies, afghans, and baby sweaters and blankets for the bazaar. We are also looking for someone to coordinate this table.

Linens and Accessories - All Saints' has gained a reputation among collectors of vintage linens for an excellent selection of high-quality linens. If you have tablecloths, doilies, napkins, place mats, tea towels, aprons, or pillowcases that you no longer need, Eleanor Conn, the coordinator, welcomes donations. Early delivery of these items gives Eleanor and her volunteers time to launder, press, and mend items before the sale.

New-To-You Shop - The New-To-You shop will be open during the bazaar. The shop is always looking for clean, gently used clothes, shoes and household items that are still in good condition.

Preserves (All Saints' Kitchen) - Our well-stocked preserve table features pickles, relishes, chutneys, marmalades, fruit jams and jellies and mincemeat. We are grateful for the many donations of empty jars and fruit that we have already received.

If you have made preserves in 2019, please consider donating them to the sale. Please seal jars with new snap lids and use a hot water bath. Diane Bays is coordinating the preserve table.

Silent Auction - The silent auction is an opportunity for shoppers to bid on donated treasures. Gift certificates from local businesses and restaurants are very popular. The more items we have, the more successful we will be. If you are willing to approach one or more businesses or restaurants that you frequent or have something to donate, please contact Pam Clark. Items can be dropped off at the church anytime before the sale. If you are able, please put a value on the item donated.

Snowflake Café - Coffee and coffee cakes will be served in the morning followed by a soup, sandwich and dessert lunch. Soup and apple crisp makers are needed, as are donations of coffee cakes for the morning coffee. Barbara Robertson has again agreed to organize the lunch and kitchen and Lamar Mason will continue to organize the morning coffee and a team of servers.

Wanted - Help is needed with set-up and takedown and security. Please contact one of the conveners if you can help. This is also an opportunity for high school students who need to fill their quota of volunteer hours.

Donations can be left at the church from Thursday evening November 14th and through the day on November 15th. If you have something you need help transporting or would like to discuss, you can contact the Coordinators, or the church office.

Diane Bays

Sharon Chop

Please keep this flyer for reference

