



*Cliff Swallow in the nest, Fortress of Louisbourg, Nova Scotia
Photo by Christopher Dunn*

Plastic to Paper

If you would prefer to use paper bags for household wastebaskets, groceries, roasting turkeys etc. I have good news! Recycled paper bags, 12"x7"x17" are available to order. Bags will cost \$3.00 for 12 bags. We will only order prepaid bags. Since the cost of shipping is high relative to the cost of the bags, we will place our order with the Westboro Regional Food Bank, which is done only once a year. So when considering, think about a year's supply. The order will be placed in early July, so if you are interested, contact the office (613-725-9487).

Saints Alive!

Weekly News from All Saints' Westboro

Fourth Sunday after Pentecost

July 7th, 2019

This Week

Monday	10:00 am to 1:00 pm	Food Bank	
	12:00 to 1:30 pm	Chapel Open	Chapel
Wednesday	10:00 am	Eucharist	Chapel
	9:30 am to 2:30 pm	New-To-You Shop	
	10:00 am	Quilters	Rm 7/8
	12:00 to 1:30 pm	Chapel Open	Chapel
Thursday	12:00 to 1:30 pm	Chapel Open	Chapel
	5:00 to 7:00 pm	Food Bank	
Friday	12:00 to 1:30 pm	Chapel Open	Chapel
Saturday	9:30 am to 2:30 pm	New-To-You Shop	

Growing Saints

Summer Sunday School

Today, our children are with Julie Buyver in Rm 7/8, as they hear the story of King David's strained relationship with his son, Absalom. All are welcome!

Upcoming Events

Taste and See

Sunday, July 14th, at 4:30 p.m.

Join Linda and Edith for our Taste and See Eucharist. Real bread and real wine, silence, singing, movement, and a contemplative emphasis. All of us gathered around the table to make the Eucharist happen. All are welcome.

Renovations have begun in Steacy Hall

Work has begun in Steacy Hall. Workers will be demolishing spaces and then putting them back together. The main washrooms will be out of service for probably three weeks, beginning around July 29th, (there are other washrooms available) and Steacy Hall will be a construction zone for most of this time. We ask for your patience throughout the process, as we make these spaces more efficient and attractive.