

## Program C

# Right Relations

### February 28 Charlie Angus, MP

Charlie Angus has long been a champion for social justice issues. As part of the launch of the Shannen's Dream Campaign on November 17th, 2010, a campaign to end the underfunding of First Nations Schools, Charlie Angus introduced a parliamentary motion called Shannen's Dream in the House of Commons. The motion calls on the federal Government to close the funding gap for First Nations students and was made in honour of Shannen Koostachin. Charlie will incorporate this campaign into his presentation as a reminder of hope brought by the youth working towards a better future for themselves and their siblings. He will also speak to the housing issues in Attawapiskat and First Nations Communities and will update us on the broader picture and outcomes and possibilities from the January meetings of First Nations chiefs and with the Prime Minister.

### March 13 Cindy Blackstock

Cindy is a member of the Gitksan nation of British Columbia, and brings a focus on changing discriminatory practices towards First Nation children. Cindy believes that service workers need to actively engage with First Nations to courageously confront the gross inequities in resources and opportunities that deny First Nations families the same range of possibilities afforded as other Canadians to safely care for their children". The powerful initiatives/programs of: *Shannen's Dream* (education); *Jordon's Principle* (health); *I am a Witness* (advocacy); the *Touchstones of Hope* are the outcomes of her passion for the work.

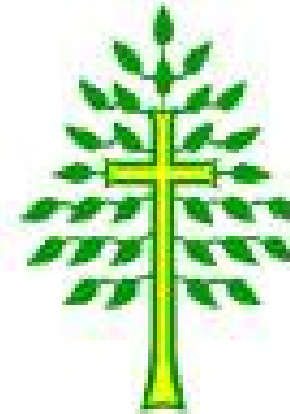
### Wednesday March 28 Peter Larson & Brian Cornelius

Peter Larson will present a slide show with a particular focus on the Occupied Territories based on a 10 day visit in the Occupied Territories and two days in Israel where he met with 29 Israeli and Palestinian NGOs, hospital and school directors, student groups, university administrators and political organizations. The presentation will be interesting and informative.

Brian Cornelius will be sharing the latest directions adopted by the United Church of Canada based on discussions occurring the previous weekend at the General Council Executive

# GROWING IN FAITH: JOURNEYS FOR LENT

**February 28 to March 28, 2012**



# Program Brochure

## Introduction

A program of experiential activities, presentations, and interactive discussions designed to nurture your spirit – creatively, intellectually, interpersonally.

There are three programs that will run simultaneously with facilitators from our congregations and beyond. So join us on five Tuesday evenings in Lent to be stimulated, challenged and nourished.

Come for supper at 6:00 p.m. if you wish (freewill donation), followed by the programs at 7:00 p.m. (no fee). These programs are open to everyone.

Registration: While prior registration is not required, it is helpful. For your convenience we have placed sign-up sheets at the back of the church, on the Learning Opportunities bulletin board in the main hallway, and will also collect names in the office. Those wishing to participate in the supper will need to indicate their desire to attend, by noon on *each* Sunday preceding the Tuesday program.

For further information or to register, please phone or write:

All Saints' Westboro 613-725-9487  
[office@allsaintswestboro.com](mailto:office@allsaintswestboro.com)

or

First United 613-232-1016  
[office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

## Program A

### Christian Yoga

**Facilitator: Devaprasad “Dev” Swami** a renowned and published yoga master and instructor who has taught in yoga in many institutions in India, Germany and Canada and has studied Theology.

Description: Christian Yoga: To Be with Jesus. Christian yoga is centered on Christian spirituality and discipline. It is a physical and psychological preparation for meditation, it is a period of training for an integrated and holistic life. This course will help you to know more about Jesus and it will help you to respond to Jesus' call through meditation in deep silence with the help of complete relaxation.

The objectives of Christian Yoga are attained through a thorough training in the physical, psychological and spiritual aspects of Yoga through lectures, and by practicing breathing exercises, postures, relaxation methods, concentration techniques, stress management and meditation under the efficient supervision of Yoga Master Dev.

## Program B

### Living Justice and the Psalms

**Facilitator: Karri Munn-Venn** a parishioner of All Saints' Westboro and she is the co-editor of the CPJ publication, *Living Justice: A Gospel Response to Poverty*. As a staff member of Citizen's for Public Justice Karri is well-known in the field of justice work.

Are you interested in how a biblical understanding of poverty and justice issues in Canada can inform efforts for change? Do you wonder what the Psalms have to say about emotional, spiritual, community, or material poverty? This series is based on a study prepared by Citizens for Public Justice (CPJ), and is a Bible study based on the Psalms and CPJ's ecumenical prayer and action guide, *Living Justice: A Gospel Response to Poverty*